



# ST. XAVIER'S COLLEGE JAIPUR

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India

*Affiliated to the University of Rajasthan*

*Approved under Section 2(f) & 12(B) of the UGC Act, 1956*

*A Christian Minority Jesuit Institution*

Ref: SXCJ/ACAD/VAC/2023-24/1870

02-01- 2024

## **Submission of Project Reports and Daily Diaries NSS and NCC Value Added Course**

As part of the National Service Scheme (NSS) and National Cadet Corps (NCC) value-added courses, it is mandatory for all registered and participating **first semester's students (NEP Batch)** to submit their project reports and daily diaries.

**Submission Deadline:** 05 January, 2024

Please adhere to the following guidelines for submission:

### **Project Report:**

The project report should provide a comprehensive overview of your activities and experiences during the NSS and NCC programs. Include details about the projects undertaken, events attended, skills acquired, and any challenges faced. The report should be handwritten and well-organized.

### **Daily Diary:**

Maintain a daily diary documenting your activities throughout the NSS and NCC programs. Include reflections, observations, and lessons learned in each class and activity. Emphasize the impact of the programs on your personal and professional development. Submit the daily diary along with the project report.

### **Submission Procedure:**

Submit the hard copy of the project report and daily diary to the NCC office in the last period.

If you have any queries or require further clarification, please feel free to contact Dr Pradeep Soni, Coordinator VAC NSS/NCC.

**Encl.: University Syllabus and Guidelines for VAC-NSS/NCC**

**Principal**

**St. Xavier's College, Jaipur  
Nevta-Mahapura Road, Jaipur**

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### **Copy forwarded to the following for information and necessary action:**

1. Vice-principal, St Xavier's College Jaipur
2. Coordinator, NCC & NSS, St Xavier's College Jaipur
3. Heads of all the Departments, St Xavier's College Jaipur
4. Coordinator, Website Committee, St Xavier's College Jaipur
5. Principal Office, St Xavier's College Jaipur

National Education Policy 2020 based syllabus

For

Value added courses for Semester-I and II in UG Programmes

(2 Credits/ semester for I, II semester)

VAC-8

1.	Title of Courses	National Service Scheme (NSS)-1
2.	Nodal Department of HEI to run course	NSS Coordinator of University
3.	Hours	60 Hours per semester
4.	No. of seats	100 students in each NSS unit
5.	Course Code	
6.	Scheme of Examination	Annexure-3 (Attached)
7.	Maximum marks	50
	Minimum marks	20
8.	In the course is based on outside partners/ Institutions/ Industries/ Govt. organization etc.	Yes / No
9.	If yes, Name of proposed outside partners/ Institutions/ Industries/ Govt. organization etc.	Regional Directorate, National Service Scheme Jaipur, Rajasthan
10.	<p><b>National Service Scheme (NSS)</b> The National Service Scheme (NSS) is an Indian government sector public service program conducted by the Ministry of Youth Affairs [1] and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year in 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community (esp. Villages) linkage.</p> <p><b>Objectives of NSS:</b></p> <p><i>The main objectives of National Service Scheme (NSS) are</i></p> <ul style="list-style-type: none"> <li>• understand the community in which they work</li> <li>• understand themselves in relation to their community</li> <li>• identify the needs and problems of the community and involve them in problem-solving</li> <li>• develop among themselves a sense of social and civic responsibility</li> <li>• utilise their knowledge in finding practical solutions to individual and community problems</li> <li>• develop competence required for group-living and sharing of responsibilities</li> <li>• gain skills in mobilising community participation</li> <li>• acquire leadership qualities and democratic attitudes</li> <li>• develop capacity to meet emergencies and natural disasters and</li> <li>• practise national integration and social harmony</li> </ul>	
11	<p><b>Syllabus Guidelines:</b> <b>Theory Weight -15</b> <b>Practical/Project-work-30hours+ 15 hours (Project-work, Field Visits/Trainings)</b></p> <p><b>Unit-01: Introduction to NSS: Origin and concepts of NSS (3)</b></p> <ol style="list-style-type: none"> <li>a) History, philosophy, aims &amp; objectives of NSS</li> <li>b) Emblem, flag, motto, song, badge etc.</li> <li>c) Organizational structure</li> <li>d) Roles and responsibilities of various NSS functionaries</li> </ol> <p><b>Unit-02: NSS Programmes and Activities (5)</b></p> <ol style="list-style-type: none"> <li>a) Concept of regular activities, One day camps</li> <li>b) Basis of adoption of slum /village, methodology of conducting survey</li> <li>c) Youth development programmes/ schemes of Govt. of India</li> <li>d) Collaboration with different agencies</li> </ol> <p><b>Unit-03: Understanding demography of adopted Slum (4)</b></p> <ol style="list-style-type: none"> <li>a) Survey to understand various problems in the society</li> <li>b) Awareness programmes (Human rights, cleanliness programme etc.)</li> <li>c) Development of slums through various awareness activities</li> <li>d) Shramdaan</li> </ol>	

  
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- ... KNOW YOUR CULTURE (3)
- Heritage and culture of the state
  - Heritage and culture of the country
  - Integration Programmes
  - Youth exchange programmes

### Suggested books/ references/ websites

- NSS Manual
- <https://nss.gov.in>
- yas.nic.in

### Programme Specific Outcomes

- **Volunteership:** to make students understand the role of a volunteer and need of volunteership in Society.
- **Community participation:** Adoption of slum under this scheme is a better way to connect students with the society through which they can understand the society at grass root level
- **Youth development:** Various activities undertaken under scheme support overall development of youth, Participation of youth at various District, state, national and international camp supports that.
- **Leadership skills:** Promoting volunteership skills amongst students develops leadership skills in them.
- **Social awareness:** Activities like blood donation camp, Swachh bhara abhiyan, run for unity, HIV/ AIDS awareness, beti bachao beti padhao, voter awareness etc. builds social awareness among students.
- **Social harmony and community development:** Participation of students in community awareness activities promotes better connect with the society and developing understanding and builds harmony.
- **Integration:** Various camps like National Integration Camp and Youth Exchange Programmes integrate youth and understand culture.
- **Know your culture:** Activities that promote better understanding of heritage and culture is also a major concern of the syllabus.

Annexure-3

### Examinations Scheme (Programme Evaluation Methods)

Sr. No.	Parameters	Max Marks
1.	Attendance	5
2.	Entries in Daily diaries	10
3.	Awareness Camps	10
4.	Participation in Social Service and Community Development (SSCD)	*25
	Total	50

#### \* Participation in Social Service and Community Development (SSCD)

Sr. No.	Parameters	Max Marks
1.	Presentation/ Video/ Photographs submitted with Diary	5
2.	Significance of various days	10
3.	Participation in Blood donation, Swachh bhara abhiyan, quiz, social awareness and jagrukta railies, run for unity, yoga day, voter awareness and similar kind of activities.	10
	Total	25

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For  
Value Added Courses for Semester I and II in UG Programmes  
( 2 credits/ semester for Semester I, II. )

VAC-6

1.	Title of course-	NCC -1 (Semester-I)	
2	Nodal Department of HEI to run course	NCC Incharge of University	
3	Broad Area/Sector-	Participation in NCC	
4	Sub Sector-	College NCC Units	
5	Nature of course-Independent/Progressive	Progressive	
6	Number of Seats-	As per Vacancies allotted by DG NCC	
7	Course Code- 04	Credits-02(1Theory & 2 Practical Hours per week)	
8	Scheme of Examination Max Marks... Minimum Marks:	As per SNCCO Sept 2022 (Annexure-2) 50 20	
9	Is this course is based on Outside Partners/Institutions/Industry/ Govt. Org. etc. ?	Yes	No
10	If Yes, Name of proposed Outside Partners/Institutions/Industry/ Govt. Org. etc.	NCC office, Jaipur	
11	<p><b>Objective of NCC</b></p> <p>The National Cadet Corps (NCC) is one of the largest youth organizations in India, with a primary objective of developing character, discipline, and leadership qualities among the youth. Established in 1948, the NCC has played a significant role in shaping the future generations of the country. Its core values, such as unity, discipline, and secularism, contribute to fostering national integration and a sense of pride among the cadets.</p> <ul style="list-style-type: none"> <li>• The NCC operates under the Ministry of Defence and has a presence in various educational institutions, including schools and colleges. It provides young boys and girls with a platform to develop their personality, physical fitness, and social awareness. The NCC motto, "Unity and Discipline," encapsulates its fundamental principles and the goals it strives to achieve.</li> <li>• One of the primary objectives of the NCC is to develop leadership qualities among the cadets. Through various training activities, including drill exercises, obstacle courses, and team-building exercises, the NCC instills in its cadets the ability to lead and inspire others. Cadets are taught to make quick decisions, take responsibility, and work in teams. These leadership skills are not only beneficial during the NCC training but also in all aspects of life, be it academics, career, or personal relationships.</li> <li>• Another crucial objective of the NCC is to foster national integration. India is a diverse nation, with numerous languages, religions, and cultures. The NCC embraces this diversity and promotes a sense of unity among its cadets. Regardless of their background, religion, or region, cadets come together under the common goal of serving the nation. The NCC emphasizes the importance of unity in diversity and encourages cadets to respect and appreciate different cultures and traditions.</li> <li>• The NCC also aims to create responsible and disciplined citizens. Cadets are required to adhere to a strict code of conduct, which includes punctuality, respect for authority, and ethical behavior. These principles help in molding the character of the cadets and preparing them for the challenges of life. The NCC believes that disciplined individuals contribute positively to society and uphold the values of integrity and honesty.</li> <li>• Moreover, the NCC plays a vital role in providing cadets with opportunities to engage in social service activities. The organization encourages cadets to actively participate in community development projects, blood donation drives, and environmental conservation initiatives. These activities not only develop a sense of empathy and social responsibility but also nurture a spirit of selflessness and service towards the nation.</li> <li>• Furthermore, the NCC aims to create a pool of talented and responsible youth who can contribute to the defense services of the country. Many NCC cadets choose to pursue a career in the armed forces or other uniformed services, where they can utilize their skills and training to serve the nation. The NCC provides a strong foundation for such individuals, preparing them physically, mentally, and emotionally for the challenges of these professions.</li> </ul>		

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12	Syllabus Semester -I Total Hours- 15 (Credits-01) Practical- 30 Hours (Credits-01)
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**Unit wise Details of the Value Added Course (Semester-I)**

Unit	Title of Unit	Course Content	Theory Hours	Practical Hours
I	NCC General	Aims, Objectives and Org of NCC, Incentives, Duties of NCC Cadets, NCC Camps: Types and Conduct	1 2 1	30
II	National Integration and Awareness	National Integration: Importance and Necessity, Factors affecting National Integration, Unity in Diversity, Threats to National Security	2 1 1 1	
III	Personality Development	Factors, Self-Awareness, Empathy, Critical and Creative Thinking, Decision Making and Problem Solving	1 2	
IV	Social Service and Community Development	Basics of Social Service, Rural Development Programmes, NGO'S, Rural Development Programmes, Contribution of Youth	3	
Total Hours			15	30

**Suggested Books/References/Web-links(if available)**

**Books:**

1. NCC Hand Book
2. Pamela Martinez, Critical Thinking: Decision Making, Problem Solving and Self
3. Development (Effective Strategies That Will Make You Improve Critical Thinking) Carl Patterson, Critical Thinking Skills: Practical Tools for Rational Thinking and Deep Analysis to Boost Your Brainpower. Adopt Logic Strategies to Find Intelligent and Effective Solutions to Challenges
4. P. Gopinadhan Pillai, Rural Development in India

**Web-Links:**

1. <https://indiancc.nic.in>
2. <https://www.researchgate.net/publication/357839324> NATIONAL INTEGRATION OF INDIA AND THE OBSTACLES IN ITS WAY STATE RESPONSE AND ITS REMEDIES
3. <https://www.vedantu.com/english/importance-of-national-integration-essay>

**Programme Specific Outcome( As per the directions of UGC Framework for UG Programmes)**

Programme Specific Outcomes (PSOs) are statements that describe what students are expected to know and be able to do by the time they complete a specific program or course of study. In the case of the National Cadet Corps (NCC), the PSOs focus on the unique learning outcomes that cadets should achieve through their participation in the NCC program.

The NCC is a youth organization in many countries, including India, designed to develop character, discipline, and leadership skills among young people. It aims to create a pool of disciplined and motivated youth who can serve as future leaders in various fields. The PSOs of NCC encompass a wide range of skills and qualities that cadets are expected to acquire during their NCC journey.

1. **Leadership Skills:** One of the primary PSOs of NCC is to develop leadership skills among cadets. Through various training activities, including leadership camps, command tasks, and practical exercises, cadets learn to lead and motivate their peers. They develop qualities like decision-making, effective communication, teamwork, and problem-solving skills, which are essential for effective

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2. **Discipline and Time Management:** NCC instills a sense of discipline and time management in cadets. They learn to follow rules and regulations, maintain punctuality, and develop a strong work ethic. Cadets are taught to manage their time effectively to balance their academic commitments and NCC activities, which helps them become more organized and efficient individuals.
3. **Physical Fitness:** Physical fitness is an important aspect of NCC training. Cadets engage in regular physical activities, including drill exercises, sports, and adventure activities, to enhance their fitness levels. The PSO focuses on improving their endurance, strength, agility, and overall physical well-being.
4. **Social Awareness and Responsibility:** NCC promotes social awareness and a sense of responsibility towards the community and the nation. Cadets are exposed to various social issues and are encouraged to actively participate in social service activities such as cleanliness drives, blood donation camps, and awareness campaigns. They develop empathy, compassion, and a sense of civic duty.
5. **National Integration and Cultural Understanding:** NCC fosters national integration and cultural understanding among cadets. It brings together young people from diverse backgrounds and provides a platform for them to interact and appreciate different cultures, languages, and traditions. Cadets learn to respect and value the rich cultural heritage of their country and develop a sense of unity and brotherhood.
6. **Self-Confidence and Self-Development:** NCC aims to boost the self-confidence and overall personality development of cadets. Through various activities like public speaking, personality development sessions, and exposure to challenging situations, cadets learn to overcome their fears and develop a positive self-image. They gain confidence in their abilities and become more self-assured individuals.
7. **Crisis Management and Disaster Preparedness:** NCC equips cadets with the skills and knowledge necessary to respond effectively in crisis situations and natural disasters. They receive training in first aid, disaster management, and rescue operations. Cadets learn to remain calm under pressure, make quick decisions, and provide assistance to those in need.
8. **Ethics and Values:** NCC emphasizes the importance of ethics, values, and integrity. Cadets are encouraged to uphold moral and ethical principles in all aspects of life. They learn to distinguish between right and wrong, and develop a strong sense of integrity, honesty, and accountability.
9. **Teamwork and Interpersonal Skills:** NCC focuses on developing teamwork and interpersonal skills among cadets. They learn to work collaboratively in a team, respect diversity, and effectively communicate with others. Cadets understand the significance of cooperation and coordination in achieving common goals.
10. **Environmental Awareness and Conservation:** NCC promotes environmental awareness and conservation among cadets. They learn about environmental issues, sustainable


**Annexure-2**

**Examination Scheme (Programme Evaluation Methods)**

Sr. No.	Parameters	Max Marks
1.	Entries in Daily Diary	05
2.	Synopsis Project - NCC General	10
3.	Participation in NCC training	10
4.	Participation in Social Service and Community Development (SSCD)	25*
Total		50

**\*Evaluation of SSCD:**

Sr. No.	Parameters	Max Marks
1.	Presentation/Video/Photographs submitted with report	05
2.	Day Significance	10
3.	Participation in Puneet Sagar, Swachh Bharat, quiz, Social Awareness and Jagrukata Rally etc.	10
Total		25

  
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