



3.4.1

Outcome of Extension Activities in the Neighborhood Community & Sensitizing the students through Gender Studies Women Cell (GSWC)

ACADEMIC YEAR 2018-2023

Principal

St. Xavier's College Jaipur
Nevta-Mahapura Road, Jaipur





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Descriptive Note

Extension Activities in the Neighborhood Community through Gender Studies & Women Cell (GSWC)

The Gender Studies Women's Cell at St. Xavier's College, Jaipur, plays a pivotal role in promoting gender equality, addressing gender-based discrimination and violence, and fostering an inclusive environment for all students.

The goals of a Gender Studies Women's Cell in an educational setting typically center on advancing gender equality, combating gender-based discrimination and violence, and nurturing a supportive and inclusive atmosphere for every student. This cell actively advocates for gender equality and women's rights both within the institution and in broader contexts, fostering awareness about gender-based discrimination and championing policies and programs that promote gender equity. Additionally, it educates students on sensitive topics such as gender, sexuality, identity, and menstruation, fostering a deeper understanding and empathy within the college community.

One of the primary objectives of the Women's Cell is to advocate for gender equality within the college and beyond. Through workshops, seminars, and awareness campaigns, the cell raises awareness about gender-related issues and advocates for policies and initiatives that promote equality and inclusivity.

Additionally, the Women's Cell at St. Xavier's College creates a platform for dialogue and education on sensitive topics such as gender, sexuality, identity, and menstruation. By providing resources and education on these subjects, the cell empowers students to navigate complex societal dynamics and promotes a culture of empathy and respect.

Overall, the Gender Studies Women's Cell at St. Xavier's College, Jaipur, is instrumental in creating awareness, advocating for gender equality, and fostering a supportive and inclusive environment for all students.

Details of these outcome of Gender Studies Women Cell (GSWC) of St. Xavier's College, Jaipur on the neighborhood community is enlisted below:


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List of Gender Studies & Women Cell Activities Related to Extension and its Outcome

S. No	Name of the Activity	Date	No. of Beneficiaries	Outcome
1	Promoting Inclusivity of Transgenders- Poster Making Competition	26 January 2023	29 College Students	Awareness and advocacy for transgender rights and inclusivity within the college community.
2	<i>Nidaan</i> Outreach Program	24 September 2022	20 Village Women of Govt. School Chatarpura	The outcome of empowering community members with knowledge and support is improved health literacy, proactive health-seeking behaviors, and reduced health disparities within the community.
3	International Women's Day "Her Story: The First Female Porter of India"	8 March 2022	53 College Students	Sensitized students about the imperative of gender equity and empowerment in contemporary society.
4	Whisper No More: Sanitary Napkin Donation Drive	01 February 2021 to 04 March 2021	50 School Girls of Government Senior Secondary School, Banipark, Jaipur	The initiative fostered awareness and dialogue around menstrual health and hygiene, empowering young women to manage their menstrual cycles with dignity and confidence.
5	Society Family and Gender Sensitization	18 December 2019	30 College Students	Awareness of societal dynamics and a renewed commitment to promoting gender equality and sensitivity in their respective spheres.


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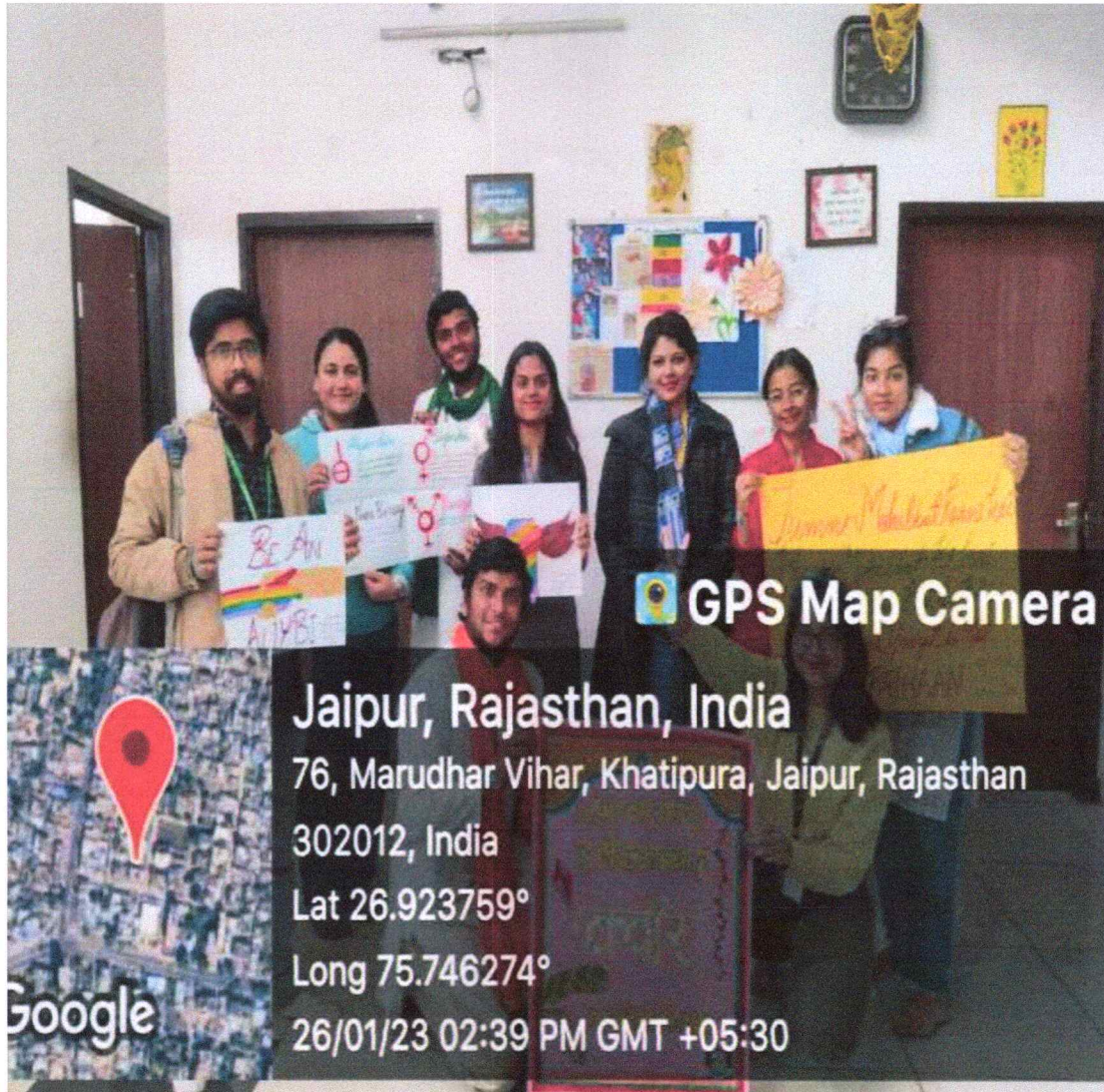
Activity 1

Title:	Promoting Inclusivity of Transgenders- Poster Making Competition
Date:	26 January 2023
Venue:	<i>Nai Bhor Sanstha</i> (NGO)
Organised by	Gender Study and Women Cell (GSWC) and Mental Health and Counselling Cell (MHCC)
Number of beneficiaries:	29 college students
Objectives	To create awareness among the students regarding sensitive issues related to gender, sexuality, and identity.
Report:	The poster-making competition organized by the Gender Study and Women's Cell of St. Xavier's College - Jaipur, in collaboration with the Mental Health and Counselling Cell, proved to be a significant step towards promoting awareness and acceptance of LGBTQ+ individuals in mainstream society. Through creative illustrations and thoughtful slogans, students demonstrated their support and solidarity with the LGBTQ+ community, fostering a culture of inclusivity and understanding
Outcome:	<ul style="list-style-type: none"> • The enthusiastic participation of students showcased their commitment to addressing sensitive issues related to gender, sexuality, and identity. A panel of judges evaluated the submissions based on their artistic appeal and the effectiveness of the messages conveyed. The donation of the posters to Nai Bhor Sanstha for use in their "Queer Gulabi Pride 2023" celebrations exemplifies the impact of the event beyond the campus walls. • By donating the posters, the event not only contributed to the visibility and recognition of LGBTQ+ issues but also fostered a sense of solidarity and support for these communities. The posters served as powerful visual representations of the students' advocacy and allyship, amplifying the voices of marginalized groups and contributing to broader conversations on social justice and equality. • Moreover, the event provided a valuable platform for students to express their creativity while engaging meaningfully with LGBTQ+ issues. It encouraged dialogue, empathy, and understanding, creating an inclusive environment where diverse perspectives were celebrated and respected. Overall, the event not only facilitated important conversations but also empowered students to be agents of positive change and advocates for a more inclusive and equitable society.


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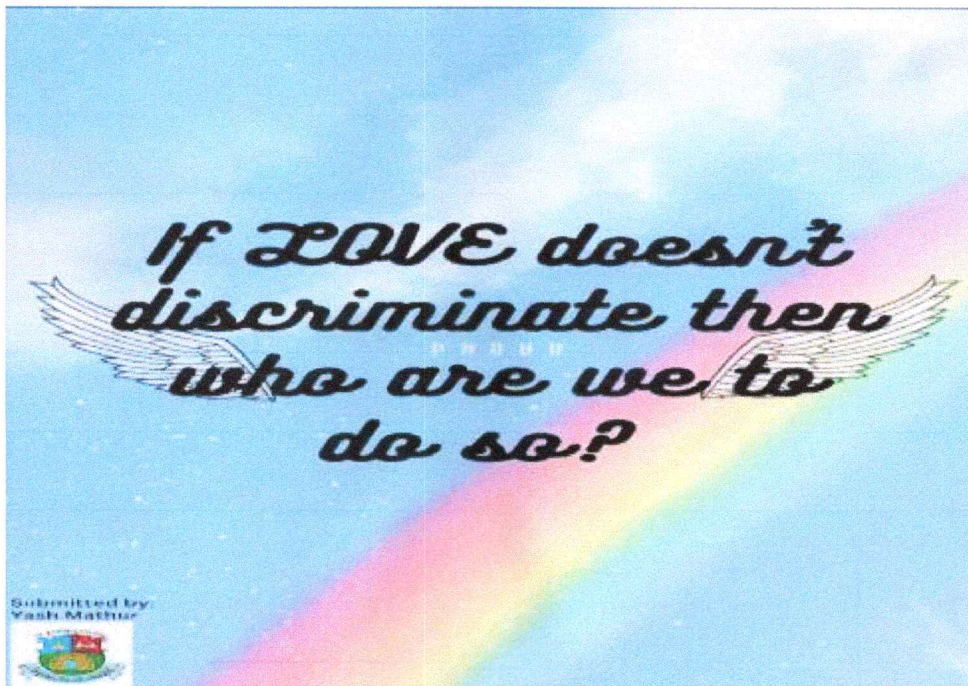
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Criteria 3/GSWC, MHCC / Promoting Inclusivity of Transgenders- Poster Making Competition/ Donation of Poster to Nayi Bhor *Sanstha*/ 26 January 2023

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Criterion 3/Gender Study Women Cell, Mental Health and Counselling Cell / Promoting Inclusivity of Transgenders- Poster Making Competition/ Posters to Nayi Bhor *Sanstha*/ 26 January 2023

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Activity 2

Title:	Nidaan Outreach Program
Date:	24 th September 2022
Venue:	Govt. School Chatarpura
Organised by	Gender Study and Women Cell (GSWC)
Number of beneficiaries:	20 village women
Objectives	To provide basic health counseling sessions to the women of marginalized section of society
Report:	The Nidaan Outreach Program conducted health counseling on a basic level as part of its efforts to address health-related issues within the community. Health counseling at a basic level likely involved providing education on fundamental health topics such as personal hygiene, nutrition, preventive measures against common illnesses, and the importance of regular exercise.
Outcome:	<ul style="list-style-type: none"> • The enthusiastic participation of students showcased their commitment. The health counseling offered through the Nidaan outreach program was foundational yet impactful, catering to the specific needs of community members and equipping them with essential knowledge and support. By engaging in these counseling sessions, individuals gained insights into various health-related topics, including preventive measures, healthy lifestyle choices, and disease management. • This initiative empowered community members to take charge of their health by making informed decisions, seeking appropriate healthcare when needed, and adopting proactive health behaviors. Through personalized guidance and education, participants were better equipped to address their health concerns, manage chronic conditions, and navigate healthcare systems effectively. • Furthermore, the <i>Nidaan</i> outreach program contributed to improving the overall well-being of the community by fostering a culture of health awareness and empowerment. By reducing health disparities and promoting equitable access to healthcare information and resources, the program played a vital role in enhancing health outcomes and quality of life for community members. • Overall, the health counseling component of the Nidaan outreach program had a significant impact in empowering individuals, promoting informed decision-making, and fostering a healthier and more resilient community, ultimately contributing to the goal of reducing health disparities and promoting well-being.

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St. Xavier's College Jaipur

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A Christian Minority Educational Institution under Section 2(g) of NCMEI Act, 2004



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Criterion 3/ GSWC/ Nidaan/ 24/09/2022

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An outreach program titled NIDAAN was organised by the Gender Study & Women's Cell (GSWC) at St. Xavier's College, Jaipur, along with the All India Catholic University Federation (AICUF) under the aegis of Unnat Bharat Abhiyan (UBA) cell, a flagship program of the Ministry of Human Resource Development, Government of India on Sunday

Criterion 3/ GSWC/ Nidaan/ Media report / 24/09/2022


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Activity 3

Title:	International Women's Day Her Story: The First Female Porter of India"
Date:	8 th March, 2022
Venue:	St. Xavier's College Jaipur
Organised by	Gender Study and Women Cell (GSWC)
Resource person	Smt. Manju Devi, First Female Porter
Number of beneficiaries:	53 college students
Objectives	The aim of the event was to provide a platform for women who have courageously pursued unconventional paths, commended their remarkable achievements, and sensitized students about the imperative of gender equity and empowerment in contemporary society.
Report:	The felicitation of Smt. Manju Devi, a trailblazing individual who defied stereotypes by becoming the first woman to acquire the license and badge of a porter in the North-West Railways, served as a beacon of empowerment and resilience for students.
Outcome:	<ul style="list-style-type: none">• The event celebrating Smt. Manju Devi's groundbreaking achievement was more than just a recognition of her individual success; it served as a catalyst for a collective movement towards gender equity and inclusivity. Her remarkable journey and achievements became a beacon of inspiration, igniting a passion among students to advocate for a society where everyone, irrespective of gender, has equal opportunities to pursue their aspirations and excel in their chosen domains.• The event not only celebrated Smt. Manju Devi's individual achievements but also highlighted the broader societal implications of fostering an inclusive and equitable environment. It inspired students to advocate for systemic changes that promote equal opportunities and dismantle barriers based on gender. This collective passion and commitment to gender equity became a driving force for positive social change within the academic community and beyond, shaping attitudes and actions towards building a more inclusive and just society for all.


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St Xavier's College - Jaipur

Gender Study and Women's Cell

celebrates

International Women's Day

HerStory: First Female Porter
of India

Smt Manju Devi

Date: 8 March 2022

Time: 9:30 am - 10:30 am

Venue: Conference Room

Organiser

Rev Fr Dr A Rex Angelo SJ

Principal

Cell Coordinators

Dr Rama Hirawat

Dr Manisha Sharma

Ms Shiromi Chaturvedi



Student Coordinators

Harshita Agarwal

Nihar Vyas


Principal

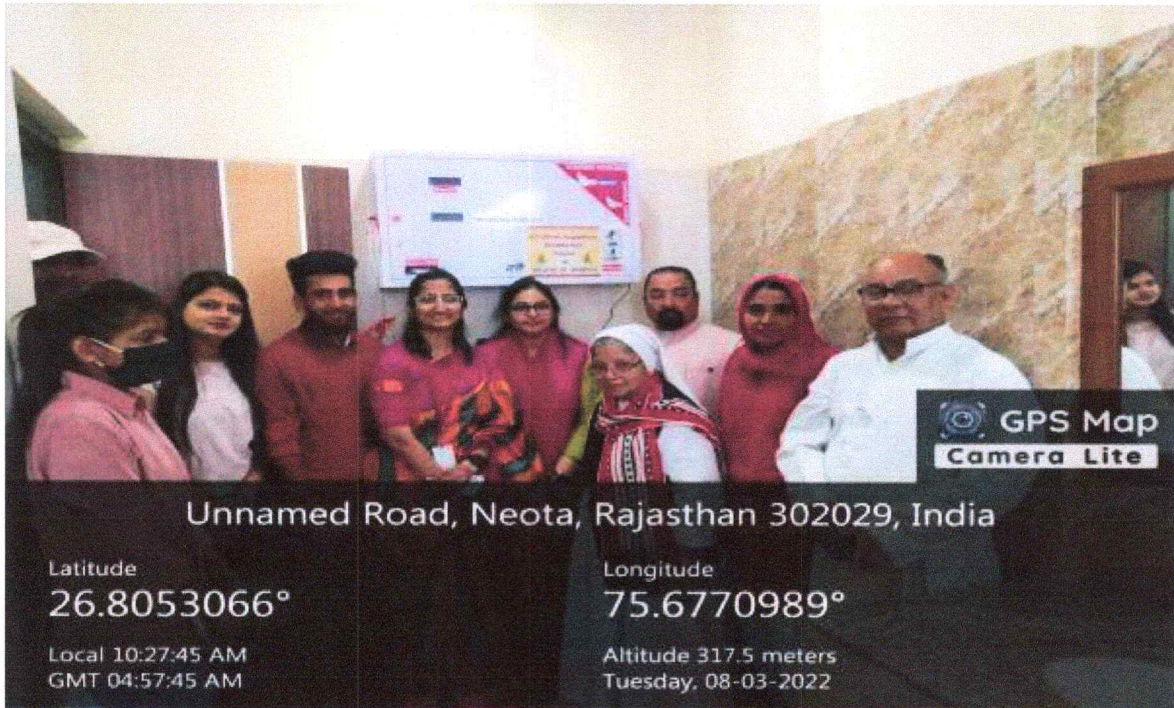
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Criteria 3/GSWC/ International Women's Day "Her Story: The First Female Porter of India"/ Manju Devi first female porter of India/ 8th March, 2022

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Activity 4

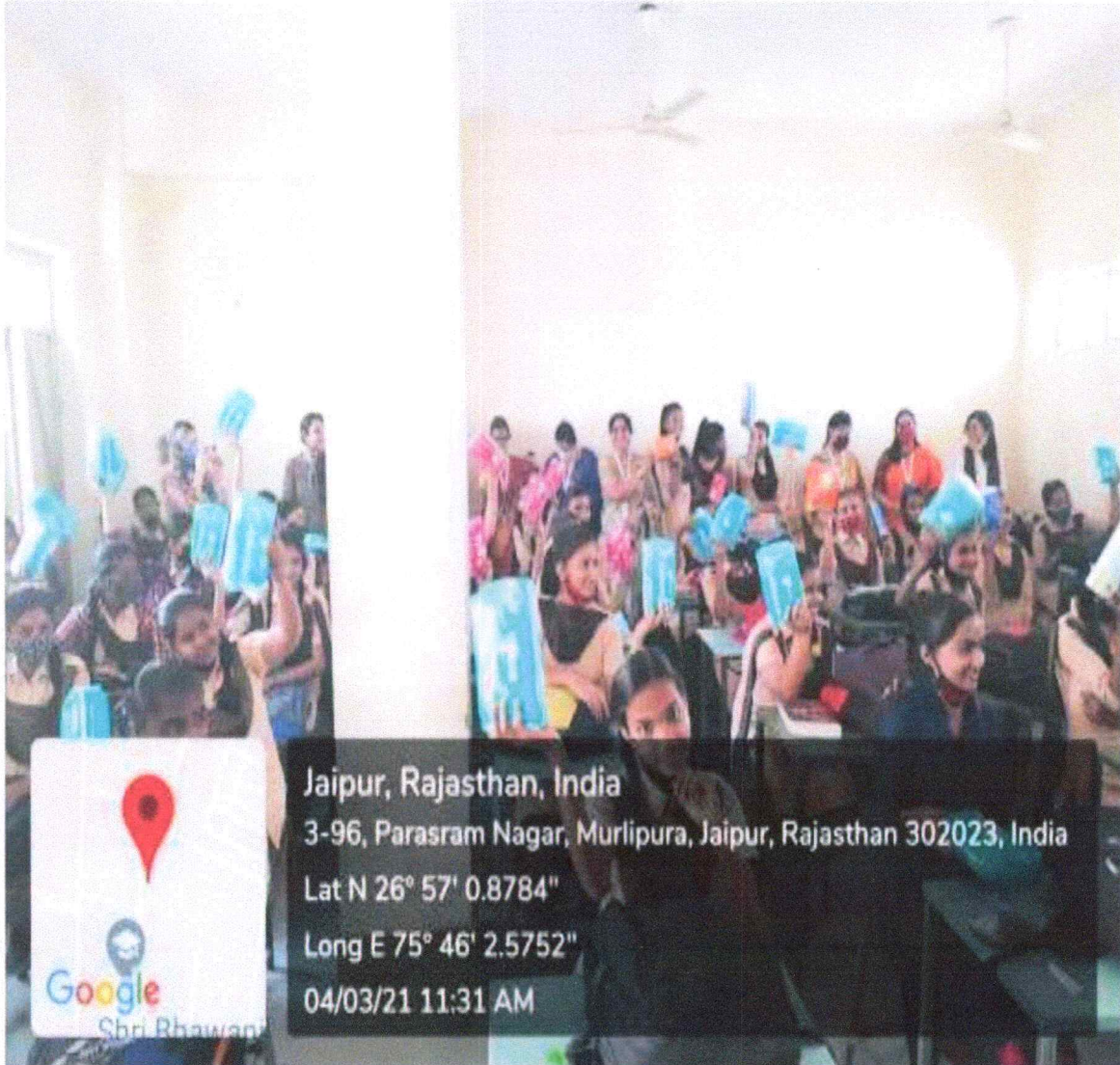
Title:	Whisper No More: Sanitary Napkin Donation Drive
Date:	1 February, 2021 to 04 March 2021
Venue:	Government Senior Secondary School, Banipark, Jaipur
Organised by:	Gender Study and Women Cell (GSWC) and Swachhta action plan
Number of beneficiaries:	50 school girls
Objectives:	To improve menstrual hygiene
Report:	The Whisper No More: Sanitary Napkin Donation Drive, initiated by the Women's Cell, St. Xavier's College, Jaipur, in collaboration with the Swachhta Action Plan team, culminated in a significant contribution towards addressing menstrual hygiene challenges faced by underprivileged young women. Throughout the month-long drive, cartons were strategically placed across the college campus, facilitating generous donations of sanitary napkins from students, faculty, and staff.
Outcome:	<ul style="list-style-type: none"> The outcome of the initiative focused on donating sanitary napkins and ensuring access to essential menstrual hygiene products for young women in need was multifaceted and impactful. Firstly, it provided tangible support to these young women, addressing a crucial aspect of their health and well-being. By ensuring access to sanitary napkins and other hygiene products, the initiative directly contributed to promoting menstrual hygiene practices among these individuals. Additionally, the initiative had broader ripple effects beyond just the provision of products. It fostered awareness and dialogue around menstrual health and hygiene, breaking taboos and stigmas associated with menstruation. Through educational workshops, discussions, and outreach programs, the initiative empowered young women with knowledge about menstrual health, emphasizing the importance of proper hygiene practices and menstrual care. Overall, the outcome of the initiative went beyond mere material support; it contributed to a positive shift in attitudes and behaviors related to menstrual health, ultimately empowering young women to lead healthier and more confident lives.


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Criterion 3/ Gender Study and Women Cell / Whisper No More: Sanitary Napkin
Donation Drive/1 February, 2021

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Activity 5

Title:	Society Family and Gender Sensitization
Date:	December 18, 2019
Venue:	St. Xavier's College Jaipur
Resource person	Dr. Mini Nanda, former Head of the Department of English
Organised by	Gender study and Women Cell
Number of beneficiaries:	30 college students
Objectives	To sensitize students towards gender issues
Report:	The guest lecture on "Society, Family, and Gender Sensitization" organized by the Department of English in affiliation with the Gender Study Cell on December 18, 2019, proved to be an enlightening and interactive session. Dr. Mini Nanda, former Head of the Department of English at the University of Rajasthan, delved into significant historical and contemporary events, providing insights into the discourse of feminist movements and their evolution in India
Outcome:	<ul style="list-style-type: none"> • Dr. Nanda's lecture on Indian feminist writing was a catalyst for meaningful and thought-provoking discussions among the participants. Through her insightful analysis and exploration of key themes in Indian feminist literature, Dr. Nanda illuminated the nuances of gender sensitization issues. This engagement not only deepened the participants' understanding of these complex topics but also inspired critical reflections on societal norms and power structures. • The session served as a platform for attendees to delve into the diverse perspectives and experiences presented in Indian feminist writings. By examining the intersectionality of gender, class, caste, and other identities, Dr. Nanda facilitated a comprehensive dialogue that broadened perspectives and challenged conventional viewpoints. • As a result of the lecture, participants emerged with a heightened awareness of the intricacies involved in promoting gender equality and sensitivity. They gained insights into the ways in which literature can serve as a powerful tool for social change and advocacy. This newfound understanding translated into a renewed commitment among attendees to actively contribute to creating more inclusive and equitable spaces within their respective spheres of influence.

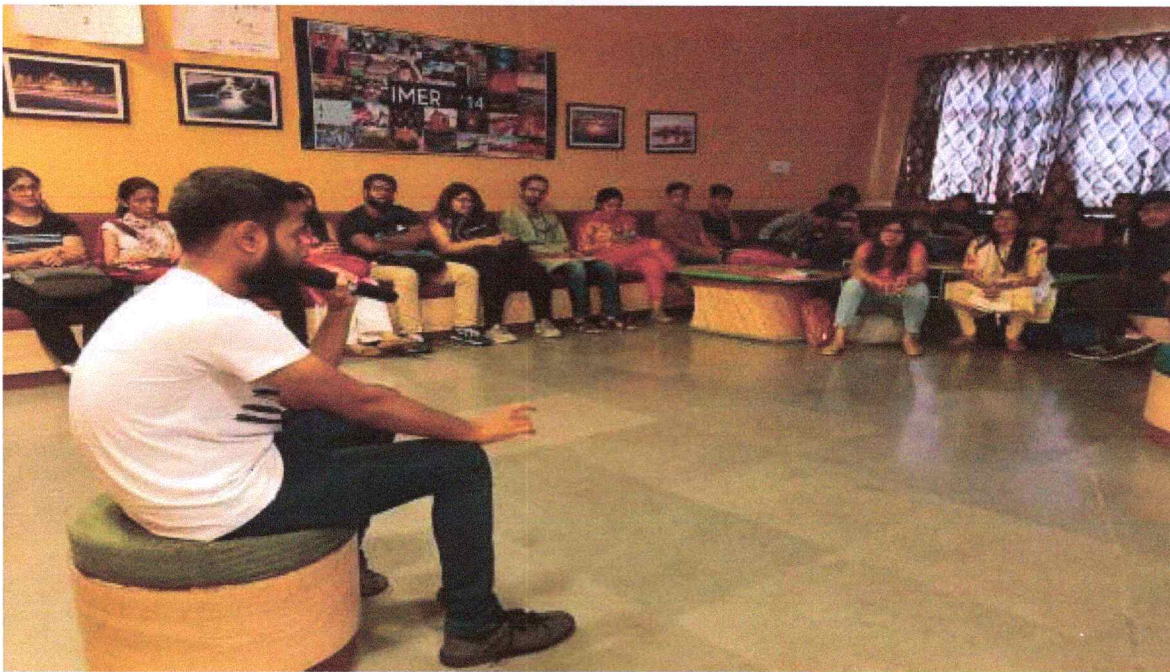

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Criterion 3/ GSWC/Society Family and Gender Sensitization/ 18
December 2019

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