

# St. Xavier's College Jaipur Affiliated to the University of Rajastham Approved under Section 2(f) and 12(B) of UGC Act, 1956



A Christian Minority Educational Institution under Section 2(g) of NCMEI Act, 2004

### 7.1.3 **AYUSH UDHYAN** (HERBAL GARDEN)



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#### AYUSH UDHYAN

A herbal garden namely AYUSH UDHYAN has been established near gate No. 2, St. Xavier's College Jaipur. Different plants such as Veld grape (Cissus quadrangularis), Gale of the wind (Phyllanthus niuri), Holy basil (Ocimum sanctum), Aloe vera, Madagascar periwinkle (Catharanthus roseus), Cathedral bells (Bryophyllumpinnatum), Giloy (Tinospora cordifolia), Kalmegh (Andrographis paniculata) are planted. Creating a herbal garden for local communities enriches lives by providing access to natural remedies and fostering a deeper connection with the environment. This initiative promotes health, educates on traditional remedies, and encourages sustainable practices, enhancing the well-being of the community.



Criterion 7/ QR Code Installed in Ayush Udhyan to get detail about the plant



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Principal St. Xavier's College, Jaipur Nevta-Mahapura Road, Jaipur



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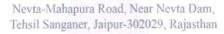




Criterion7/ Ayush Udyan in Campus









+91 9828726366





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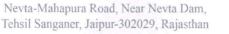
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#### **List of Herbal Plants**

SN	Name Of Plants	Qty
01	Lemon Grass	4
02	Aloe Vera	20
03	Sadabahar/Baramasi/Periwinkle	24
04	Patharchatta	20
05	Tulsi	19
06	Ashwagandha	05
07	Kalmegh	05
08	Sarpagandha	05
09	Harjod	06
10	Bhoomi Amla	05
11	Betel	02
12	Bramhi	05

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+91 9828726366

info@sxcjpr.edu.in