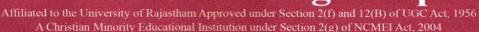


St. Xavier's College Jaipur





STUDENT PERFORMANCE AND LEARNING OUTCOMES

2.6.2

Attainment of POs and COs are Evaluated Mapping in the Syllabus B.A. (Hons.) Psychology

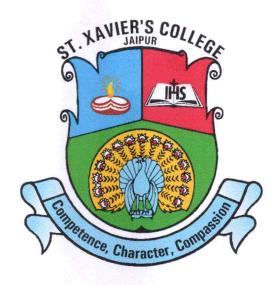






ST. XAVIER'S COLLEGE JAIPUR

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India Affiliated to the University of Rajasthan Approved under Section 2(f) & 12(B) of the UGC Act, 1956



PROGRAMME OUTCOMES

B.A. (Hons.) Psychology

Department of Psychology

	Programme Outcomes (POs)
PO 1.	Explain the concepts, major theories, and mechanisms underlying human cognitions, emotions and behaviours and equip students with the ability to design, conduct, and interpret scientific research
PO 2.	Describe the purpose, construction and standardisation of psychological tools of assessment and perform tests and experiments related to key psychological constructs
PO 3.	Acquaint students with different statistical measures, graphical representation of data, testing of hypothesis and drawing inferences
PO 4.	Elucidate the fundamentals of psychopathological disorders, including diagnosis, prognosis, causal factors, assessment, and therapeutic treatment
PO 5.	Explore the unique aspects of each developmental period, which helps to gain a better understanding of how humans grow, change and develop and then apply this knowledge to maximise potential
PO 6.	Recognise, understand and honour sociocultural diversity at the global level, explain social change from a psychological perspective and how ethical integrity can be preserved
PO 7.	Explain the historical contributions of different schools of thought that led to the emergence of Psychology as an exclusive and independent discipline
PO 8.	Provide an overview of the importance of counselling, historical development, scope and its current status
PO 9.	Helps students to employ critical and creative thinking, sceptical inquiry and scientific approach to solve problems and mental processes
PO 10.	Explain the role of neural and physiological mechanisms in the determination of human behaviour
PO 11.	Helps students to engage in a proactive and thoughtful process of self- examination about personal ideals, goals, virtues and self-concept
PO 12.	The students will gain awareness about the innumerable career opportunities in psychology and hence will be able to provide meaningful professional direction to their life after graduation



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COURSE OUTCOMES

B.A. (Hons.) Psychology

Department of Psychology

Course Outcomes (COs) B.A. (Hons.) Psychology Part-I P-I/S-I: Advanced General Psychology Introduction to the fundamentals, historical and modern perspectives, and chief CO 1. methods used for research and data collection in psychology CO 2. Detailed study of the processes involved in perception and sensation Understanding consciousness and the associated altered states (Sleep, Dreams CO 3. and Hypnosis) CO 4. A detailed study of meaning, nature and types of learning CO 5. Analysis of models of memory and causes of forgetting Describe the theoretical approaches to understanding intelligence and its CO 6. assessment CO 7. Study of basic elements of thinking and problem-solving CO 8. Explain the theories and concepts related to motivation and emotion In-depth examination of type and trait theories to understand personality and its CO 9. assessment CO 10. Knowledge about the structure and functions of the nervous system



Course Outcomes (COs) B.A. (Hons.) Psychology Part-I P-II/S-II: Social Psychology Detailed introduction of Social Psychology as an exclusive and essential branch CO 1. of Psychology CO 2. Analysis of the fundamentals of social cognition CO 3. Knowledge about social motivation and interpersonal attraction CO 4. Study of development, functions, change and measurement of social attitudes CO 5. Explain the functioning of social groups and organisations CO 6. Demonstrate the origin, characteristics, type and theories of leadership Describe the processes and factors involved in the development of prejudices, CO 7. discrimination and stereotypes and the methods for countering them CO 8. Knowledge about public opinion and propaganda In-depth examination of the aggression, social problems, social tension and CO 9. social change Describe the conceptual underpinnings of human communication, person CO 10. perception and social perception



Course Outcomes (COs) B.A. (Hons.) Psychology Part-I P-III: Developmental Psychology CO 1. Introduction to the themes and methods for studying human development Theories of human development: Psychoanalytic, Learning and Cognitive CO 2. Development Describe the characteristics and hazards related to the prenatal and infancy CO 3. period Analysis of the characteristics, developmental tasks and personality CO 4. development during early and late childhood Demonstrate the characteristics and physical and psychological changes of the CO 5. adolescent period CO 6. Knowledge about the key attributes and developmental tasks of adulthood CO 7. Study of old age as a period of major transition CO 8. Explain the role of family in human development Demonstrate the influence of peers, media and schooling on human CO 9. development



Course Outcomes (COs) B.A. (Hons.) Psychology Part-I P-IV/S-IV: Statistical Foundations in Psychology CO 1. Describe the nature, scope and application of statistics in Psychology CO 2. Understanding the graphical representation of data and Normal Distribution CO 3. Measurement of Central Tendency: Mean, Median and Mode Computation of Variability Measures: Range, Quartile Deviation, Average CO 4. Deviation and Standard Deviation Knowledge about the concept and estimation of Correlational methods: CO 5. Pearson's Product Moment Correlation and Spearman's Rank Order Correlation Testing of hypothesis and drawing inferences- Population, Sample, Application CO 6. of 't' test in psychological research Assessment through Non-Parametric Tests: Chi-Square, 2x2 Contingency table CO 7. and Median test CO 8. Processing data with One-way and Two-way ANOVA Analysis of psychological data through computer and applications of SPSS CO 9. software

Course Outcomes (COs) B.A. (Hons.) Psychology Part-I PRACTICAL: PR 1

	PRACTICAL: PR 1										
CO 1.	To analyse the principles of perception										
CO 2.	To understand learning using a human maze apparatus										
CO 3.	To apply principles of memory in the recall of words from a list										
CO 4.	To evaluate the problems faced by youth										
CO 5.	Analysis of transfer of learning										
CO 6.	To gain insight into how learning new information affects prior information										
CO 7.	To apply statistical principles of normal probability curve into practical usage and to apply scoring to obtain the level of social maturity										
CO 8.	To analyse responses to measure attitudes										
CO 9.	To examine the level of emotional maturity										
CO 10.	To understand the level of intelligence										

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

PRACTICAL: S2-PR									
CO 1.	Demonstrate an understanding of spatial cognition and learning processes through the design and execution of maze-learning experiments								
CO 2.	Develop proficiency in administering and interpreting intelligence tests, demonstrating an understanding of cognitive abilities and their measurement through standardised assessment tools								
CO 3.	Investigate memory processes by designing and conducting experiments using meaningful and nonsense syllables, analysing the effects of semantic encoding and rehearsal on memory retention and recall								
CO 4.	Explore visual perception and cognitive processes through experiments on figure and ground reversal, demonstrating an understanding of perceptual organisation and Gestalt principles								
CO 5.	Develop skills in recognising and interpreting emotions through facial expressions, demonstrating proficiency in assessing emotional states and understanding the role of nonverbal communication in social interactions								
CO 6.	Measure attitudes towards various stimuli, issues, or individuals, demonstrating competence in designing and administering attitude surveys and analysing attitude formation and change								
CO 7.	Assess leadership qualities and behaviours through case studies and leadership assessment tools, demonstrating an understanding of effective leadership strategies and their impact on group dynamics and performance								
CO 8.	Explore the nature and determinants of aggression, gaining skills in measuring and assessing aggressive behaviours through observational studies and experimental paradigms, and understanding factors influencing aggression								
CO 9.	Investigate altruistic behaviours and motivations, demonstrating competence in measuring and assessing altruism								
CO 10.	Evaluate social support systems and their impact on mental health and well- being, demonstrating proficiency in assessing perceived and received social support through surveys, interviews, and psychometric tools								



Course Outcomes (COs) B.A. (Hons.) Psychology Part-II P-V: Systems and Theories of Psychology CO 1. Introduction to the Psychological Foundations: Helmholtz, Weber and Fechner CO 2. Describe Structuralism: Wundt and Titchner Study of Functionalism: William James, Galton and Cattell CO 3. CO 4. Explain Behaviourism: Thorndike, Pavlov, Watson and Tolman Knowledge about Gestalt Psychology: Wertheimer, Koffka and Kohler CO 5. CO 6. Knowledge about Dynamic Psychology: McDougall and Woodworth CO 7. Detailed Study of Psychoanalysis: Freud, Jung and Adler Analysis of Neo Freudians: Horney, Fromm, Sullivan and Erikson CO 8. CO 9. Learn about the concepts of Humanistic Psychology: Rogers and Maslow



	Course Outcomes (COs)									
	B.A. (Hons.) Psychology Part-II									
	P-VI/S-III: Abnormal Psychology									
CO 1.	Introduction to the basics of Abnormality, Mental Health Professionals and Classification of mental disorders: ICD-10 and DSM-5									
CO 2.	Describe the causal factors and theoretical perspectives to understand mental disorders									
CO 3.	Study of Clinical Assessment and Diagnostic Methods									
CO 4.	Knowledge about Anxiety, Obsessive-Compulsive and Trauma Stressor related disorders									
CO 5.	Explain Mood and Eating disorders									
CO 6.	Learning about Somatic Symptoms and Dissociative disorders									
CO 7.	Theoretical knowledge about Personality disorders									
CO 8.	Knowledge about Schizophrenia and other psychotic disorders									
CO 9.	Detailed analysis of Psychological Therapies to treat disorders									



Course Outcomes (COs) B.A. (Hons.) Psychology Part-II P-VII: Counselling Psychology CO 1. Study of meaning, purpose, goals, history and current trends in counselling Explain the process of counselling and the importance of building a therapeutic CO 2. alliance CO 3. Knowledge about the personal, professional and ethical aspects of counselling Study of Psychoanalytic and Psychodynamic Approach: Freudian, Neo Freudian CO 4. and Modern CO 5. Describe the Humanistic approach: Existential and Client-centred Elucidate Cognitive and Behavioural approach: Rational Emotive, Transaction CO 6. Analysis and Behaviour Modification Demonstrate the application of counselling with diverse populations and CO 7. multicultural societies CO 8. Explain the importance and scope of Career Counselling

	ACTERNIC LA MARCO.								
	P-VIII: Biological Basis of Behaviour								
CO 1.	Introduction to the nature, scope and methods of examining the biological basis of behaviour								
CO 2.	Knowledge about basic features, structure and functions of neurons, central servous system, peripheral nervous system and neurotransmitters								
CO 3.	Analysis of functions of left and right brain hemispheres and localisation of language								
CO 4.	Knowledge about the physiological mechanisms controlling ingestive behaviour								
CO 5.	Describe the biological mechanisms managing sleep and wakeful behaviour.								
CO 6.	In a detailed study of neural mechanisms involved in the process of learning and memory								
CO 7.	Explain the biological underpinnings of emotions, stress and health maintenance.								
CO 8.	Gain insights on Developmental disorders: Autism, ADHD and Mental Retardation								

Course Outcomes (COs) B.A. (Hons.) Psychology Part-II PRACTICAL: PR-2 CO 1. To evaluate the link between the brain and cognition CO 2. To gain insight into what facial expressions convey CO 3. To understand about errors in judgment To apply principles of biofeedback for relaxation **CO 4.** CO 5. To recall basic words through the association CO 6. Analysis of autonomic conditioned response CO 7. To examine mental health levels To analyse stories projected onto ambiguous stimuli, and to understand the level CO 8. of aspiration

Course Outcomes (COs) B.A. (Hons.) Psychology Part-II PRACTICAL: S4-PR Acquire comprehensive knowledge and practical skills in assessing mental CO 1. health Develop expertise in the assessment of anxiety and distinguishing between state CO 2. and trait anxiety CO 3. Demonstrate competence in measuring depression Gain the ability to assess coping styles and interpret findings to understand how CO 4. individuals adapt to stressors and challenges CO 5. Develop skills in assessing family pathology Acquire proficiency in administering and interpreting the Word Association CO 6. Test, showcasing an understanding of projective assessment techniques Demonstrate competence in utilising the Eight State Questionnaire to assess CO 7. various emotional states Acquire advanced knowledge and skills in neuropsychological assessment, CO 8. demonstrating the ability to select and administer appropriate tests to assess cognitive functions



Course Outcomes (COs) B.A. (Hons.) Psychology Part-III P-IX: Applied Psychology Demonstrate the utilisation of psychological concepts in personnel selection and CO 1. classification Describe the personal assessment techniques employed in development and CO 2. training CO 3. Knowledge about the fundamentals of Organizational Psychology CO 4. Analysis of important human-related variables in Engineering Psychology CO 5. Explain the causal factors of stress and learn stress management techniques To understand the influence of Information Technology on Human Rights and CO 6. Wellbeing CO 7. Illustrate the importance of psychology in the field of education Elucidate the role of Community Psychology in comprehending social change CO 8. and igniting community consciousness Explain the basic elements of Sports Psychology and the influence of CO 9. psychological factors on performance

Course Outcomes (COs) B.A. (Hons.) Psychology Part-III P-X/S-V: Positive Psychology Introduction to the fundamentals and historical background of Positive CO 1. Psychology Explain the Eastern and Western perspectives to build the knowledge base for CO 2. Positive Psychology CO 3. Analysis and Classification of Virtues and Strengths of Characters CO 4. Describe Happiness and the dimensions of Well Being Detailed study of the basic elements, theoretical framework and practical CO 5. implications of Resilience Comprehensive study of Prosocial Behaviour: Empathy, Altruism, Gratitude and CO 6. Forgiveness Explain the theories of Self-Regulation and examine the associated problems-CO 7. Goal Conflict, Goal Difficulty and Goal Disengagement Knowledge about the Positive Cognitive States and Process: Self Efficacy, CO 8. Optimism, Hope, Mindfulness, Flow and Spirituality Knowledge about the Positive Emotional States and Process: Positive Emotions, CO 9. Emotional Intelligence, Emotion Focussed Coping

Course Outcomes (COs) B.A. (Hons.) Psychology Part-III **P-XI: Theories of Personality** Background knowledge about the history, basic issues and the major CO 1. determinants of personality CO 2. Detailed analysis of Psychoanalytic theories: Freud and modern developments CO 3. Describe Neo Analytic and Ego theories: Jung, Adler, Horney and Erikson Explore the influence of Biological, Evolutionary and Sociobiological factors on CO 4. personality Knowledge about Behaviourist and Learning theories: Watson, Skinner, Dollard CO 5. and Miller Study of Cognitive and Social Cognitive Theories: Kelly, Seligman, Rotter and CO 6. CO 7. Analysis of Trait Theories: Cattell, Allport and Big Five Model Gain insights into Humanistic and Existential Theories: Fromm, Rogers and CO 8. Maslow Explain the Interactional approach to understanding personality: Sullivan, CO 9. Murray and Mischel



	Course Outcomes (COs)										
	B.A. (Hons.) Psychology Part-III										
	P-XII/S-VI: Psychological Testing										
CO 1.	Examine and understand the meaning, nature, historical background and tools of psychological testing and assessment										
CO 2.	Explain the characteristics, types and functions of Psychological Scaling										
CO 3.	Describe the nature, functions and types of psychological tests										
CO 4.	Demonstrate the problems encountered during test administration and elucidathe standard guidelines for testing										
CO 5.	Detailed study of test construction: Item writing, Item analysis, Reliability and Validity										
CO 6.	Understand the theoretical framework and practical utility of test standardisation and norms										
CO 7.	Describe the tools for the assessment of Intelligence										
CO 8.	Study of tests used for evaluating individual's Interest and Aptitude										
CO 9.	Explain the major techniques used by psychologists to assess personality- Self Report Tests, Projective, Situational and Expressive Techniques										
CO 10.	Applications of psychological testing in Educational, Counselling and Guidance, Clinical and Organizational settings										



Course Outcomes (COs) B.A. (Hons.) Psychology Part-III PRACTICAL: PR-3 Develop proficiency in understanding and applying the principles of sensory CO 1. perception to determine and interpret two-point discrimination thresholds accurately Analyse the physiological and psychological factors contributing to work-CO 2. related fatigue and formulate strategies to mitigate its impact on individual performance and well-being Utilise the Holland codes to assess individual career interests and aptitudes and CO 3. provide informed guidance for career planning and decision-making Evaluate and interpret emotional intelligence assessments to enhance self-CO 4. awareness, interpersonal relationships, and overall emotional well-being Develop practical skills in implementing various saving methods and financial CO 5. planning strategies to achieve short-term and long-term financial goals effectively Administer and interpret the results of the Differential Aptitude Test to assess individual aptitudes across different domains and provide tailored CO 6. recommendations for educational and career development Evaluate altruistic tendencies and behaviours through structured assessments, analyse the implications for social relationships, community engagement, and CO 7. personal fulfilment, assess individual need achievement levels using validated measures, and explore the relationship between motivation, goal-setting, and performance outcomes in various contexts Measure and analyse reaction times in response to stimuli to understand CO 8. cognitive processing speed and its implications for performance in different tasks and activities Analyse responses to the Picture Frustration Study to assess individual coping mechanisms, problem-solving strategies, and emotional reactions in challenging CO 9. situations and administer and interpret the NEO Personality Inventory-Revised to assess personality traits and characteristics and explore their implications for behaviour, relationships, and career choices Apply standardised procedures to administer and interpret the Rorschach Test CO 10. and analyse the results to gain insights into personality structure, thought processes, and emotional functioning



Course Outcomes (COs) B.A. (Hons.) Psychology Part-III PRACTICAL: S6-PR Develop expertise in assessing subjective well-being and analysing factors contributing to individuals' overall life satisfaction and happiness Gain proficiency in assessing forgiveness and understanding the psychological dynamics involved in the forgiveness process Demonstrate competence in measuring emotional intelligence, contributing to a comprehensive understanding of emotional intelligence Acquire skills in assessing hope, and understanding the role of hope in resilience and motivation Develop expertise in measuring resilience and evaluate individuals' capacity to bounce back from adversity, adapt to challenges, and maintain mental wellbeing Gain advanced knowledge and skills in intelligence assessment using the Standard Progressive Matrices (SPM)

Demonstrate competence in personality assessment using the High School

Develop practical skills in measuring reaction time and analyse results to

understand cognitive processing speed and its implications for cognitive

demonstrating an understanding of visual perception and the impact of

the psychological factors influencing goal-setting and achievement

Acquire skills in conducting experiments involving the Muller-Lyer illusion,

Demonstrate proficiency in assessing the level of aspiration and understanding

Personality Questionnaire (HSPQ)

contextual cues on perceptual judgment

CO 1.

CO 2.

CO 3.

CO 4.

CO 5.

CO 6.

CO 7.

CO 8.

CO 9.

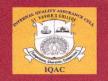
CO 10.

functions





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The course map indicates the linkage between course outcomes and programme outcomes of B.A. (Hons.) Psychology.

Course Map for B.A. (Hons.) Psychology

PO		COURSES																
	PI	P II	P III	P IV	PR-	S2- PR	PV	PVI	PVII	PVIII	PR-	S4- PR	PIX	P X	P XI	P XII	PR-	S6- PR
1	x	x	x	x	x	x	x	x	x	x	x	x	x	X	x	X	x	x
2					x	x					x	x	x	x	x	X	x	x
3				X	x	X					x	x				X	x	x
4						X		x		x	x	X					x	
5	x	x	x					x	x	x	x				X			
6	x	x	x		x	X		x	x		x	x	x	x	X	x	x	x
7							x		x					x	x			
8					x			x	x			x	x			x	x	x
9	x	x		x	x	x	x		x	x	x	x	x	x		x	x	x
10	x					x		x	87	x		x						
11	x	x			x	x			x		x	x	x	x	x	x	x	x
12					x	x		x	x		x	x	x	x		x	x	X



