

## **BEST PRACTICE 2**

### **Holistic Development: Student Enrichment Beyond Classrooms**

**1. Title of the Practice:**

**Holistic Development: Student Enrichment Beyond Classrooms**

**2. Objectives of the Practice: (100 words)**

- Infusing students with the essence of **Character, Compassion, and Competence** by harmonizing the college's **vision, mission, and core values**
- To foster comprehensive student development by developing their **Intelligence Quotient (IQ), Emotional Quotient (EQ), Social Quotient (SQ), Adversity Quotient (AQ), Physical Quotient (PQ) and Digital Quotient (DQ)**
- To prepare students for challenges of the **VUCA (Volatile, Uncertain, Complex, and Ambiguous) World** by equipping them with metacognitive skills and a resilient mind-set.
- To equip students with **essential competencies**, knowledge, and values **to succeed** in both **the academic and the real-world**.
- To nurture student advancement beyond conventional classrooms

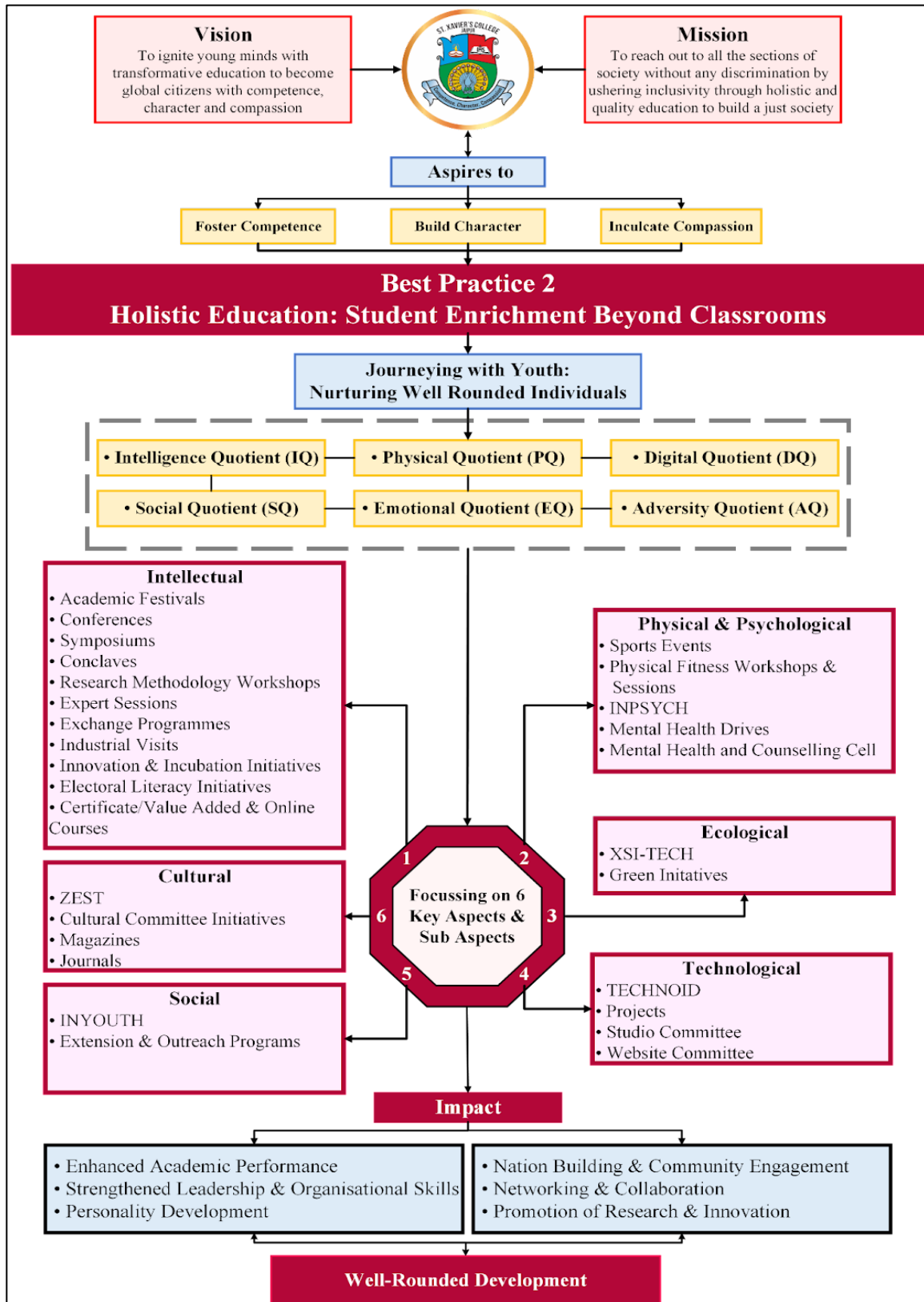
**3. The Context: (150 words)**

The practice encompasses the acknowledgement of the college that education extends beyond conventional academic boundaries. SXCJ prioritises **holistic and multidisciplinary education, aligning** itself with the principles of NEP 2020 and the **International Association of Jesuit Universities (IAJU)** administered by the Society of Jesus, which runs this college. In alignment with its Universal Apostolic Preference of **Journeying with the Youth**, the college emphasizes **holistic education** to accompany and empower youth on their journey towards **self-discovery, personal growth, and purposeful engagement** with the world.

The college facilitates **integration of theory and practice, nurturing students' intellectual, physical, psychological, ecological, technological, social, cultural, creative skills and competencies** by organizing diverse range of activities. This approach boosts their academic success while nurturing their personal growth and resilience, shaping confident individuals. Through **fostering multidimensional competencies, character building, and instilling** in them **compassion for the underprivileged**, college prepares students to tackle various challenges with

integrity and competence.

**4. The Practice: (400 words)**



The college adopts comprehensive strategy to foster **all-round development** of individuals, focusing on multiple dimensions including their **intellectual, physical and psychological, ecological, technological, social, and creative domains**.

- College enriches **students' intellectual domain** through **regular classroom teaching, expert sessions, conclaves, symposiums, conferences, workshops, and academic festivals**. It supports **student exchange programmes**, arranges **industrial visits**, and fosters innovation through **IIC initiatives**. **Specialized Certificate and Add-on courses ICDL Asia, Entrepreneurship & New Venture Creation** stimulate students' intellectual curiosity and broadens their horizon. **Electoral literacy** educates students about electoral process and civic engagement.
- In addressing their **physical and psychological dimensions**, college adopts comprehensive initiatives such as **Udaan** – annual sports event, **workshops** focusing on **healthy habits, Yoga Day celebrations, Mental Health Drives**, emphasizing physical & mental well-being, highlighting the importance of maintaining a **holistic growth and balance** between **the mind and body**. The establishment of **Mental Health and Counselling Cell** provides vital support and resources to students.
- In **Ecological domain**, college hosts **XSI-Tech** (Xavier's Science Eye), an annual **event** by the **Science Department**, emphasizing environmental concerns and **sustainable practices**. The college initiates **green efforts** like tree plantation, cleanliness drives, and energy management awareness sessions.
- **In the technological domain**, college hosts **Technoid**, an annual **event** of the **Computer Science Department**, showcasing technological innovations and advancements. Moreover, **students actively participate in studio & website committees, software & App development projects, manage the college's social media platforms**.
- The college boosts **social dimension** through **INYOUTH**, an **annual youth summit** organized by the **Department of Business Administration**. Students actively participate in **social extension activities** and **AICUF initiatives**, fostering community engagement, **leadership skills**, and social responsibility.
- Within the **creative sphere**, **Zest**, a vibrant **cultural event** organized by the college, provides students with a platform to exhibit their talents across diverse artistic domains and serves as both a **celebration of India's cultural diversity** and an incubator for innovation and creativity. Additionally, **college's cultural committee, comprising dance, fashion, music, and theatre**, plays a pivotal role in nurturing students' artistic talents, fostering teamwork and collaboration. **College magazine (XPRESS)/ department**

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magazines, **journals** (IMPETUS, ILLUMINATUS, INFORMATICA), and **books with ISBN** provide fertile ground for **research/creative expression** through writing, artwork, photography, and other forms of artistic expression and showcase their **intellectual vibrancy**.

- College events, department fests (Envision, Vendesto, Synergy, Inka), cultivate enhanced **managerial and leadership skills** through **organizational responsibilities**, providing students with hands-on experience in **event management, delegation, and decision-making**.

**5. Evidence of Success: (200 words)**

- A significant number of students **have secured University Merit Ranks**
- Testimonials from students regarding these initiatives provide tangible evidence, highlighting the impact and benefits of these **multidimensional** programmes on their personal and **professional development**.
- External and in-house **Awards and Recognitions** won by the students in **co-curricular and extracurricular activities** attest to their **holistic development**.
- **Graduate Attribute Feedback** by the alumni is **yet another** testimony of the success of the students in achieving professional and **personal success**.
- Because of these initiatives, there is an **increase in students' participation** in all the initiatives taken by the College.
- The number of **students qualifying in state/national/ international level examinations** (like CLAT/ GMAT/ CAT/GRE/ TOEFL/ **Civil Services/State government examinations/Bank Exams/Others**) **has gone up**.

**6. Problems Encountered and Resources Required (150 Words)**

- Ensuring the **long-term sustainability of initiatives**
- **Evaluation of tangible impact** on students' personal and professional development
- Ensuring the **participation of final-year students in beyond classroom programmes** owing to their engagement with competitive examinations
- **Sustaining and scaling** the participation of students **in various programmes**
- During the initial years, space limitation presented a **serious** challenge. Following the relocation, the **distance of the college from the city (24 kms)** has emerged as an obstacle.
- The huge resources required for the execution of these **multidisciplinary** events is another challenge.

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- Dedication of **time and effort** by the student community **beyond actual classrooms** to meticulously plan and execute **these** events, ensuring their success and impact.
- Collaborative partnerships with industry professionals, alumni networks is challenging at times.

#### **7. Notes (Optional) (150 Words)**

- Emphasize the importance of **involving students, faculty, administration**, and other **stakeholders** in the design, implementation, and evaluation of **holistic education initiatives**.
- Encourage **partnerships with local communities, business organizations, and others** to provide students with real-world learning experiences and opportunities.
- Foster a **culture of continuous improvement** by regularly reviewing and refining holistic education initiatives.