



7.2.1

BEST PRACTICE 2

Holistic Development: Student Enrichment Beyond Classrooms



Arjun
Principal

St. Xavier's College Jaipur
Nevta-Mahapura Road, Jaipur



BEST PRACTICE 2

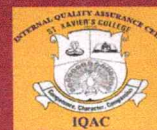
Holistic Development: Student Enrichment Beyond Classrooms

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Nevta-Mahapura Road, Jaipur



1. Title of the Practice:

Holistic Development: Student Enrichment Beyond Classrooms

Holistic Development: Student Enrichment Beyond Classrooms is a comprehensive approach adopted by St. Xavier's College Jaipur to nurture the multifaceted growth of its students beyond traditional academic boundaries. This practice underscores the college's commitment to fostering intellectual, cultural, ecological, technological, social, physical and psychological well-being, alongside academic excellence. Through a diverse range of initiatives, the college endeavors to cultivate a supportive and enriching environment that empowers students to thrive academically, personally, and professionally.

Through a myriad of extracurricular activities, community engagements, and experiential learning opportunities, the college endeavors to provide a well-rounded education that prepares students not only for academic success but also for life beyond academia. By nurturing a supportive and inclusive environment, the college empowers students to become critical thinkers, compassionate leaders, and active contributors to society.

This holistic approach prepares individuals to navigate life's challenges with confidence and integrity, fostering a culture of lifelong learning, personal growth, and social responsibility.

2. Objectives of the Practice:

- Infusing students with the essence of **Character, Compassion, and Competence** by harmonizing the college's **vision, mission, and core values**
- To foster comprehensive student development by developing their **Intelligence Quotient (IQ), Emotional Quotient (EQ), Social Quotient (SQ), Adversity Quotient (AQ), Physical Quotient (PQ) and Digital Quotient (DQ)**
- To prepare students for challenges of the **VUCA (Volatile, Uncertain, Complex, and Ambiguous) World** by equipping them with metacognitive skills and a resilient mind-set.
- To equip students with **essential competencies**, knowledge, and values **to succeed** in both **the academic and the real-world**.
- To nurture student advancement beyond conventional classrooms



3. The Context:

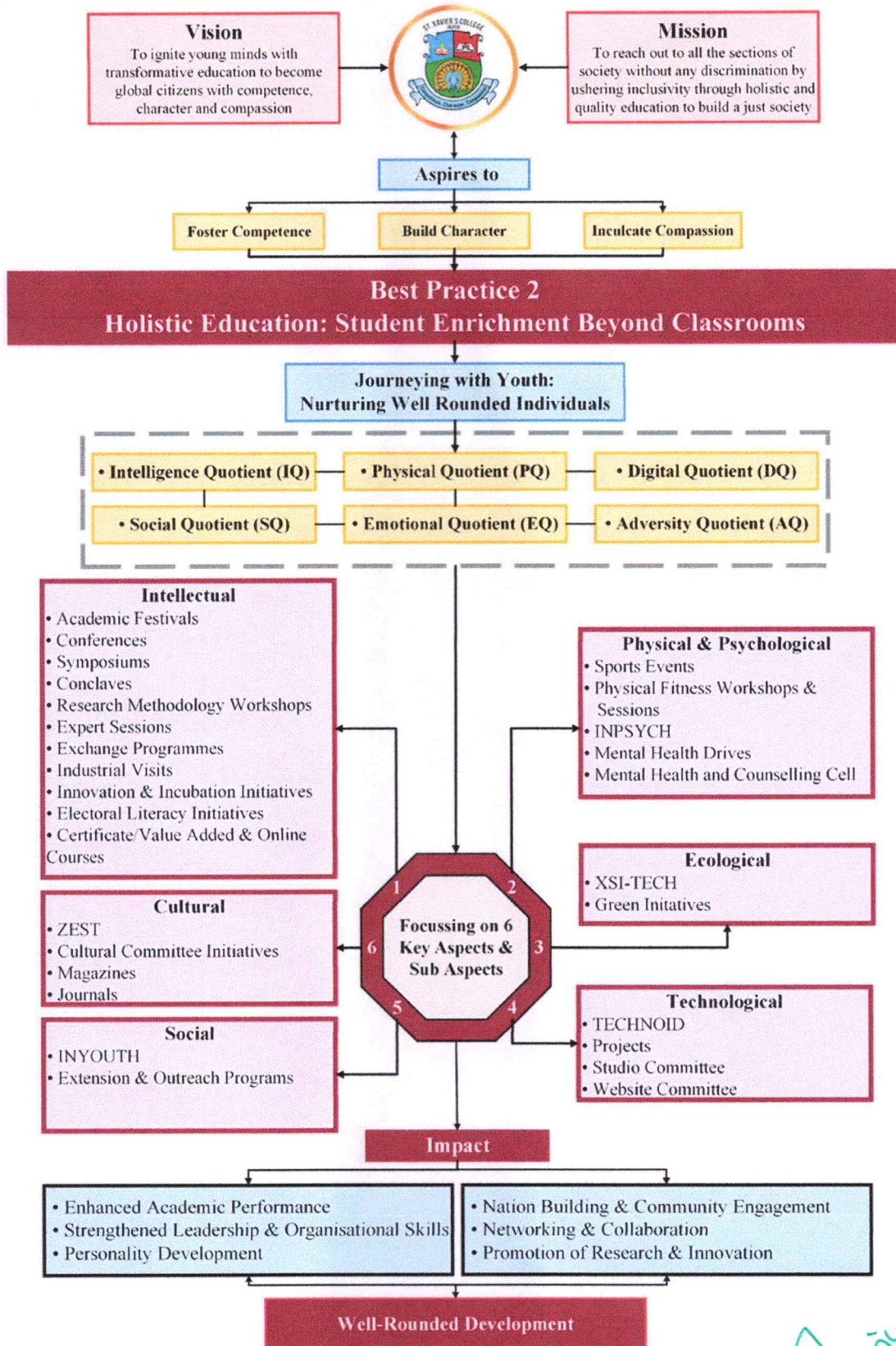


The practice encompasses the acknowledgement of the college that education extends beyond conventional academic boundaries. SXCJ prioritises **holistic and multidisciplinary education, aligning** itself with the principles of NEP 2020 **and the International Association of Jesuit Universities (IAJU)** administered by the Society of Jesus, which runs this college.



In alignment with its Universal Apostolic Preference of **Journeying with the Youth**, the college emphasizes **holistic education** to accompany and empower youth on their journey towards **self-discovery, personal growth, and purposeful engagement with the world.**

The college facilitates **integration of theory and practice, nurturing students' intellectual, physical, psychological, ecological, technological, social, cultural, creative skills and competencies** by organising a diverse range of activities. This approach boosts their academic success while nurturing their personal growth and resilience, shaping confident individuals. Through **fostering multidimensional competencies, character building, and instilling** in them **compassion for the underprivileged**, college prepares students to tackle various challenges with **integrity and competence.**



(Signature)

4. The Practice:

The college adopts a comprehensive strategy to foster **all-round development** of individuals, focusing on multiple dimensions including their **intellectual, physical and psychological, ecological, technological, social, cultural and creative aspects.**

- College enriches **students' intellectual aspects** through **regular classroom teaching, expert sessions, conclaves, symposiums, conferences, workshops, and academic festivals.** It supports **student exchange programmes**, arranges **industrial visits**, and fosters innovation through **IIC initiatives. Specialized Certificate and Add-on courses ICDL Asia, Entrepreneurship & New Venture Creation** stimulate students' intellectual curiosity and broadens their horizon. **Electoral literacy** educates students about the electoral process and civic engagement.



Criterion 7/Classroom teaching using ICT tools/2023-24

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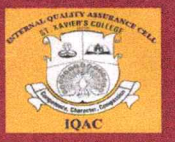
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Criterion 7/Department of Economics/Synergy/28 -29 September 2018



Criterion 7/Conference Committee/International Multidisciplinary Conference International Conference on Evolving Ecological Concerns: Transgressions, Transitions, and Transformation/Technical Session - IV A (English)/24 -25 February 2023



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Criterion 7/Research and Project Committee, IIC, IPR, IQAC/National Symposium on 'The Impact of Socio-economic Policies on Global Development'/13 - 14 March 2023



Criterion 7/ Department of Economics/Synergy Conclave/4 October 2019

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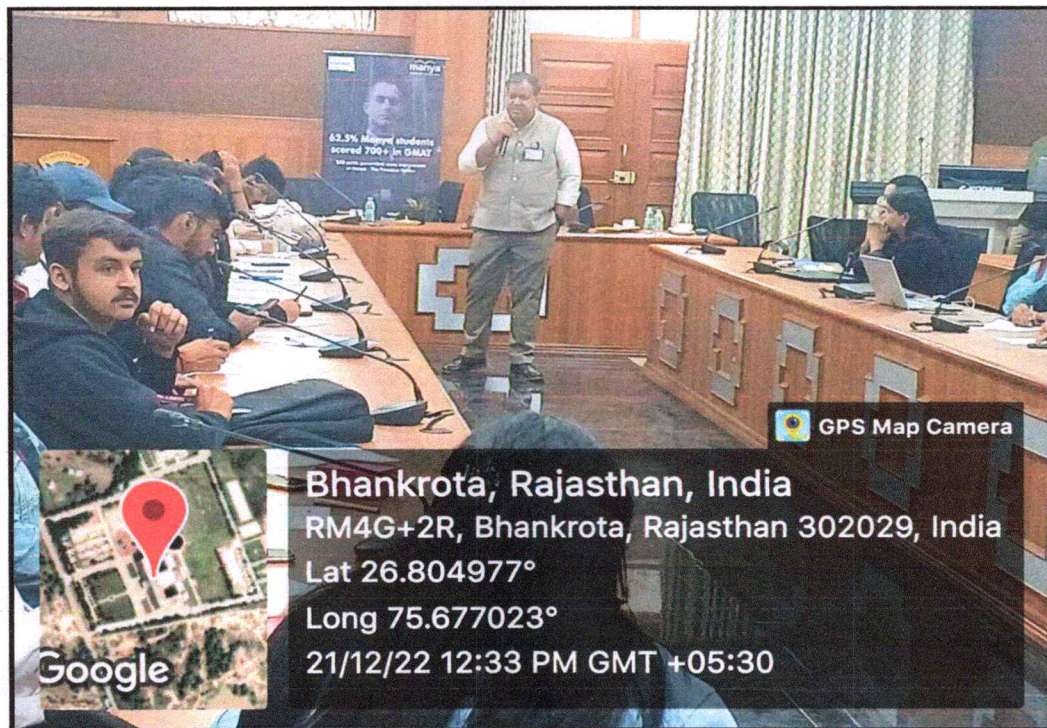


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Criterion 7/Xavier's Research Projects Committee/Research Project Presentations/25
January 2020



Criterion 7/Department of Arts/Orientation program on the preparation of civil services/21
December 2022

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Criterion 7/Student Exchange Programme to St. Xavier's College, Maitighar, Kathmandu, Nepal/27 - 30 November 2018

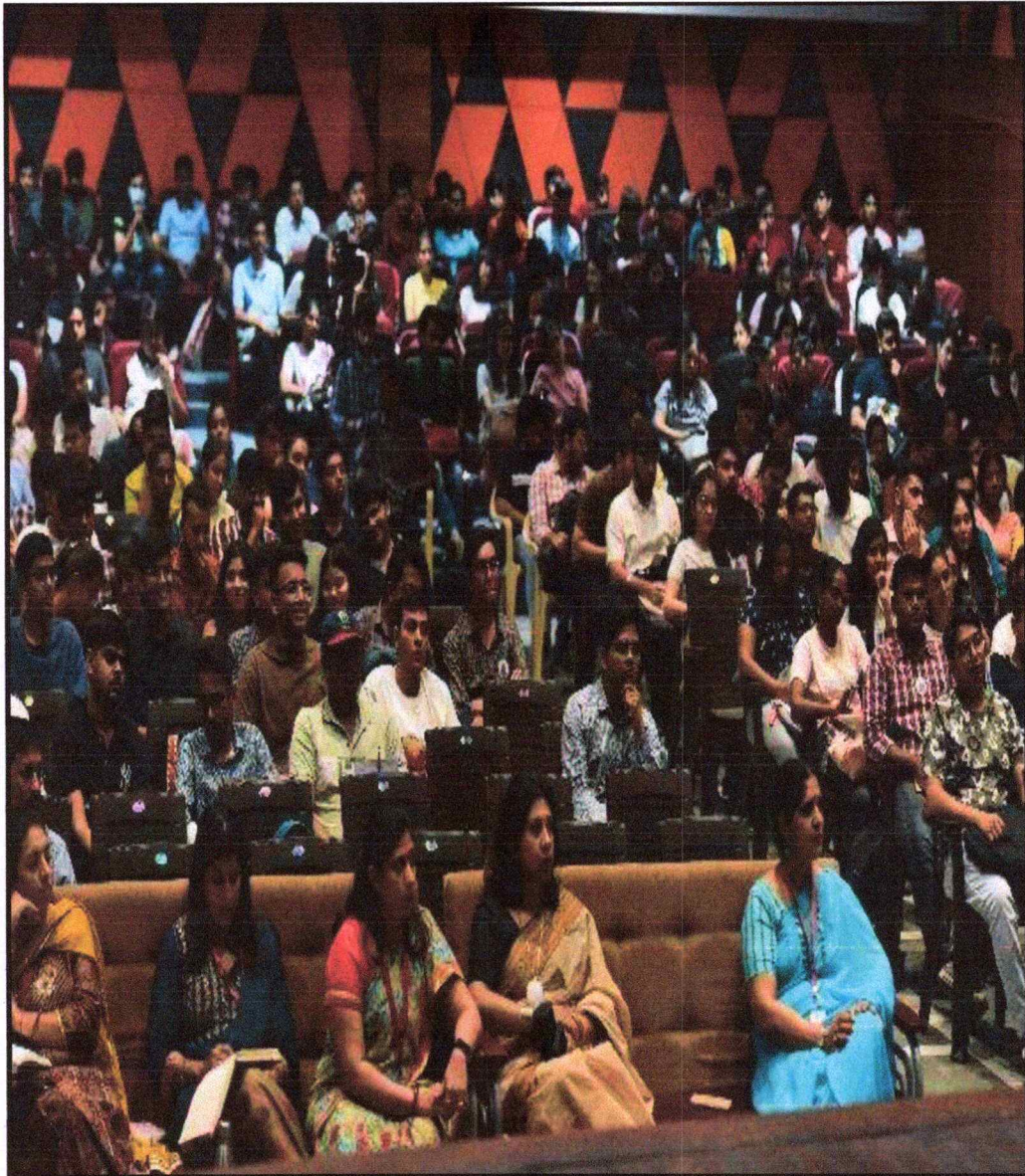


Criterion 7/ Department of Political Science/Visit to Rashtrapati Bhawan/4 December 2021



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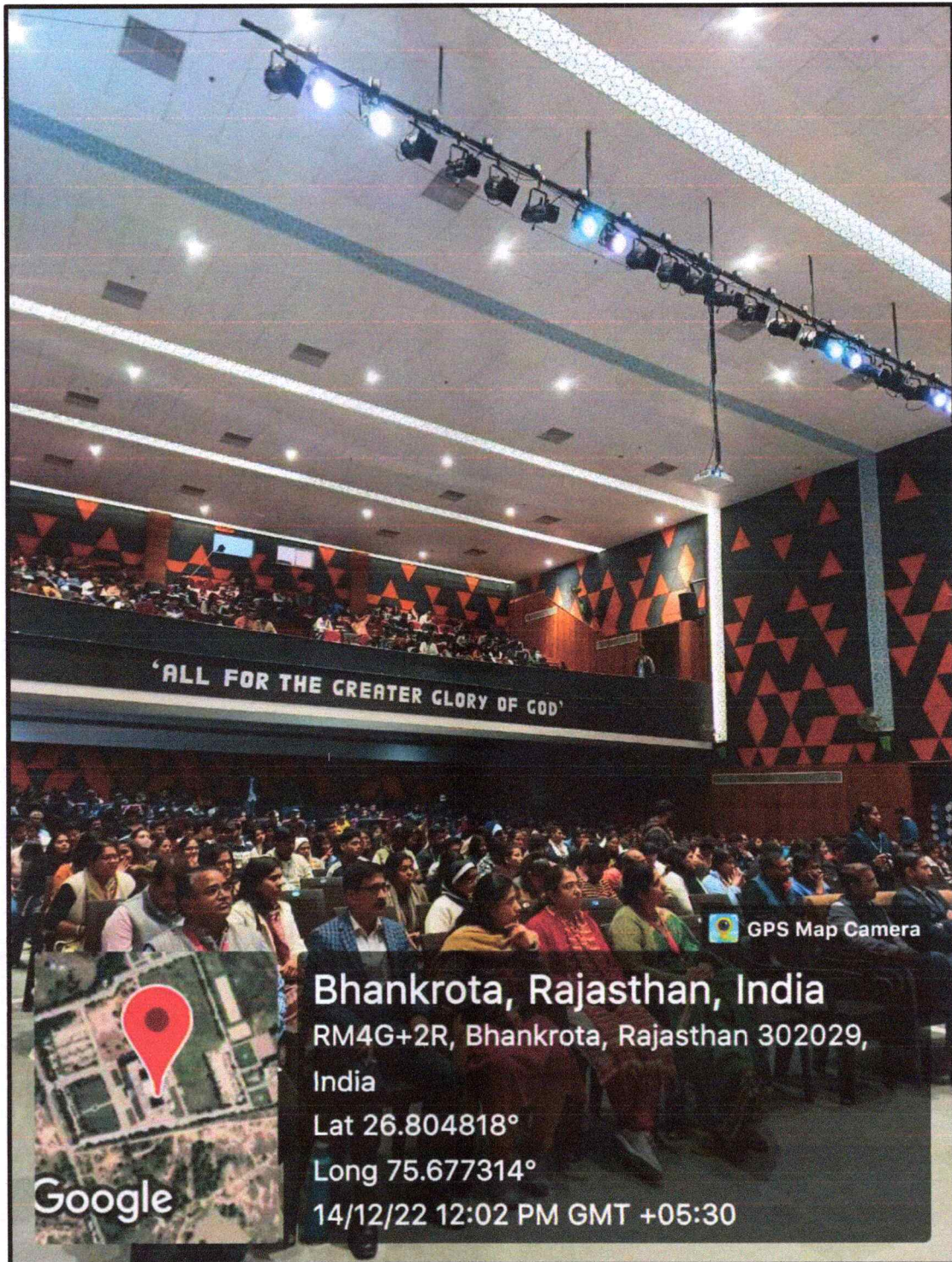
Criteria 7/Innovation & Incubation Cell (IIC), Intellectual Property Rights (IPR) Cell & Research and Project Committee (RPC)/Orientation Program/6 October 2022

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Criterion 7/Department of Arts/Awareness Campaign for future voters- My Vote My Right/14 December 2022






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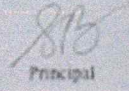
 **St. Xavier's College**
(Affiliated to University of Rajasthan)
Hathroi Fort Road, Jaipur-302001, Rajasthan-India
Tel : 0141-2370296 / 2371290
Website : www.stxaviersjaipur.org Email : stxavierscollegejpr@gmail.com


4 July 2019

Press Note



St. Xavier's College, Jaipur, bags yet another feather in its cap when Chirag Mathur, a student of B.C.A- Part III, hails the honour of representing the college and India at the ICDL Digital Challenge 2019 at Malaysia. ICDL is an Online International Digital Certified Course recognized by UNESCO, with young aspirants and competitors from across the globe eager to participate and win the challenge. Chirag is the only Indian student selected from India, out of 4000 students, and will shortly leave for Malaysia to prove his mettle with the best of the world in the field of computers.


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Criterion 7/Certificate Course on International Computer Driving License (ICDL)- Basic/6
September 2018 - 31 October 2018

- In addressing their **physical** and **psychological aspects**, the college adopts comprehensive initiatives such as **Annual sports events, workshops** focusing on **healthy habits, Yoga Day celebrations, Mental Health Drives**, emphasizing physical & mental well-being, highlighting the importance of maintaining a **holistic growth and balance** between the **mind and body**. The establishment of **Mental Health and Counselling Cell** provides vital support and resources to students.

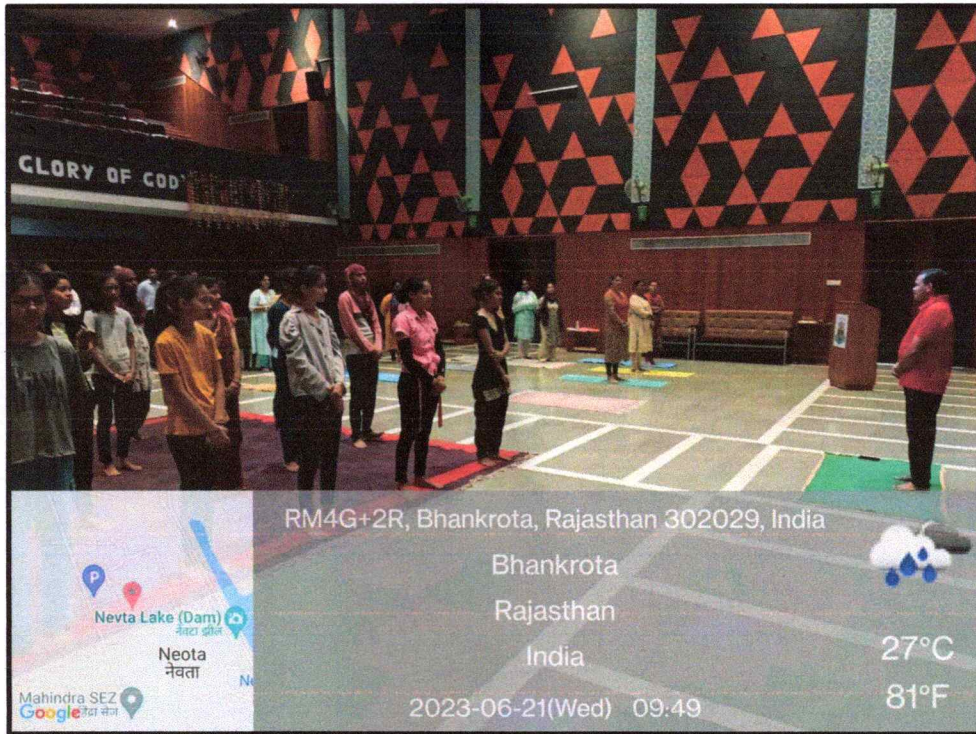


Criterion 7/Inter-College Volleyball Tournament (Men)/7 November 2022

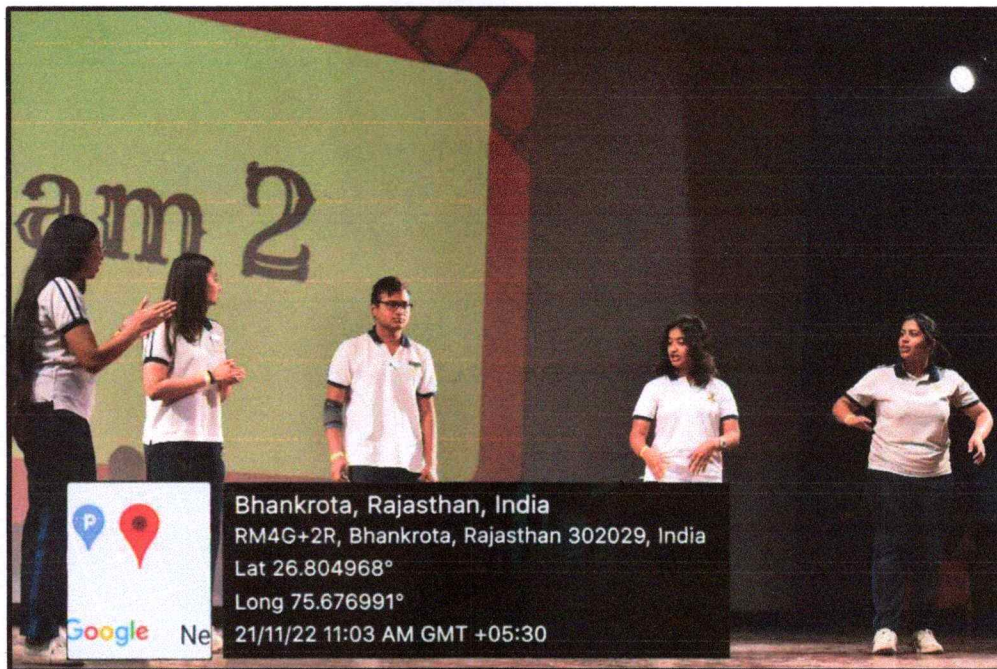


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Criterion 7/Sports and Yoga Club/Yoga Session/21 June 2023



Criterion 7/Department of Psychology/InPsych: Well Being of the Living Being/21 October 2022



Criterion 7/Department of Psychology/Expert Session on Emotional Intelligence/20 September 2022



Criterion 7/Mental Health and Counselling Cell (MHCC)

- In the Ecological **aspect**, the college hosts **XSI-Tech** (Xavier's Science Eye), an annual **event** by the **Science Department**, emphasizing environmental concerns and **sustainable practices**. The college initiates **green efforts** like tree plantation, cleanliness drives, and energy management awareness sessions.



Criterion 7/Department of Science/XSI-TECH/15 November 2022



Criterion 7/Swacchta Action Plan (SAP) Committee/ Design a Bag: Competition and Exhibition celebrating Plastic free Diwali/28 October 2021



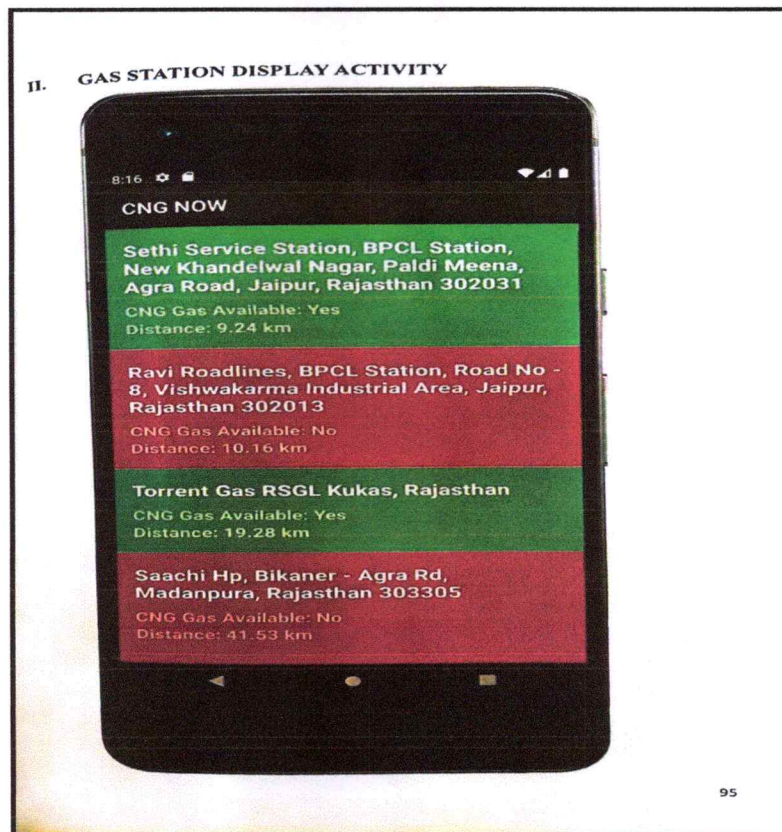
- **In the technological aspect**, college hosts **Technoid**, an annual event of the **Computer Science Department**, showcasing technological innovations and advancements. Moreover, **students actively participate in studio & website committees, software & App development projects, and manage the college's social media platforms.**



Criterion 7/Department of Computer Science/TECHNOID'22 Transcending Horizon: Tech-IT to the future/16 November 2022



Criterion 7/Department of Computer Science/BCA Projects/2022-23

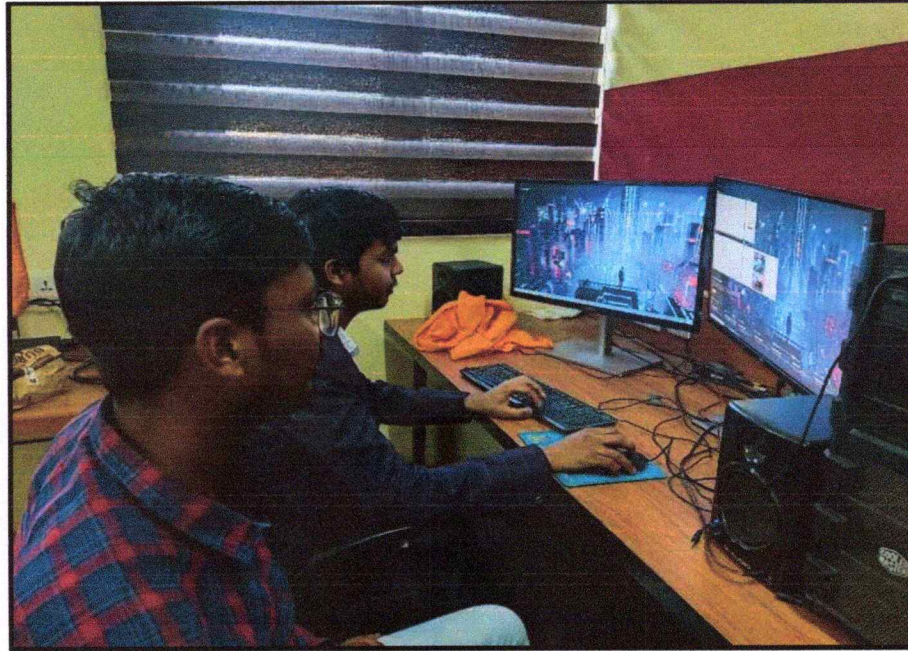


Criterion 7/Department of Computer Science/BCA Project on Android Application Development to track Real Time CNG Availability/2022-23

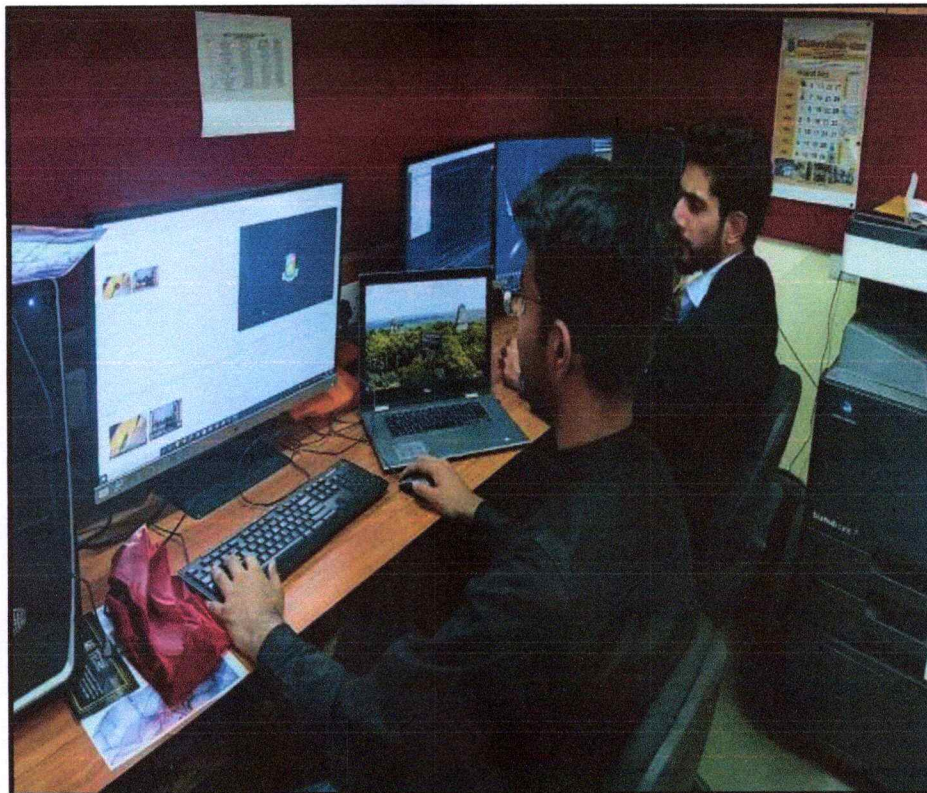


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Criterion 7/ Studio Committee/Students designing webpage for ZEST'22/2021-22



Criterion 7/ Studio Committee/Students designing posters/2021-22



- The college boosts **social aspect** through **INYOUTH**, an **annual youth summit** organized by the **Department of Business Administration**. Students actively participate in **social extension activities** and **AICUF initiatives**, fostering community engagement, **leadership skills**, and social responsibility



Criterion 7/Department of Business Administration and E- Cell/INYOUTH: Break Your Shell/5 January 2019



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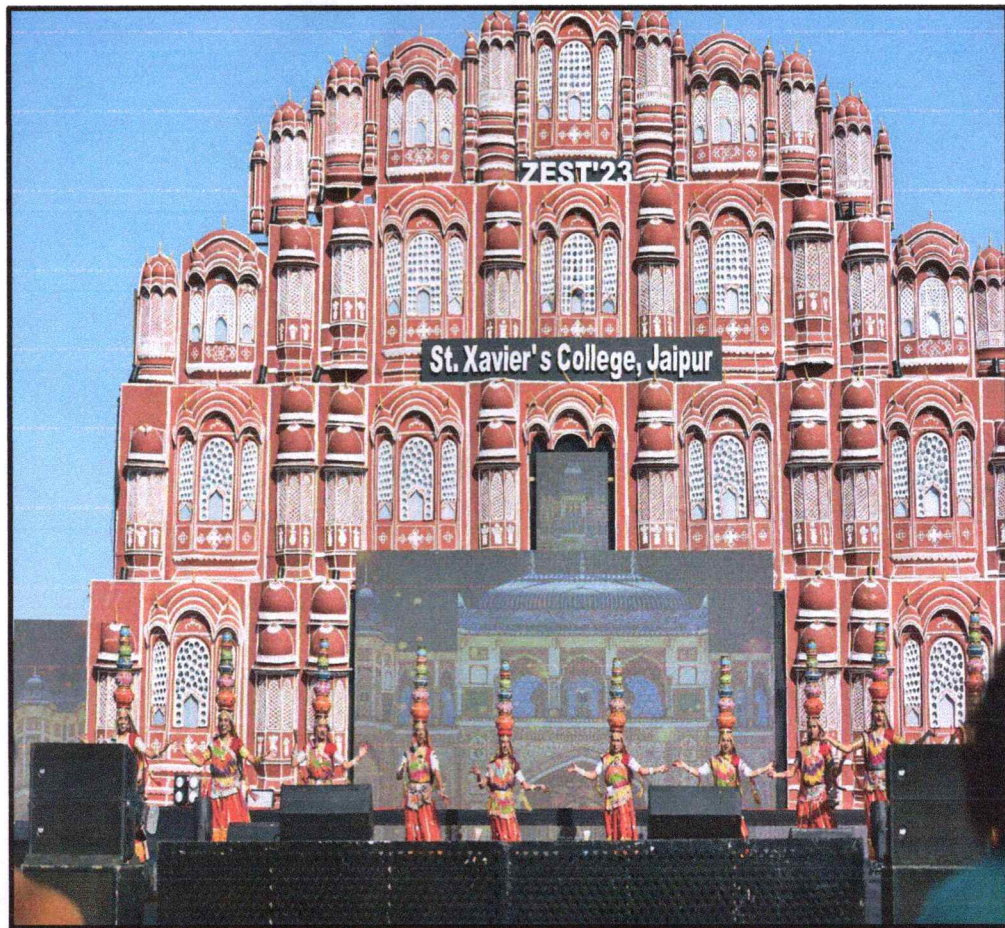


Criterion 7/Donation Drive and Visit to Mother Teresa Home/All India Catholic University Federation (AICUF)/21 September 2022



Criterion 7/Whisper no more- Sanitary Napkin Donation Drive/Whisper no more- Sanitary Napkin Donation Drive/4 March 2021

- Within the **cultural and creative sphere**, **Zest**, a vibrant **cultural event** organized by the college, provides students with a platform to exhibit their talents across diverse artistic domains and serves as both a **celebration of India's cultural diversity** and an incubator for innovation and creativity. Additionally, **college's cultural committee**, comprising **dance, fashion, music, and theatre**, plays a pivotal role in nurturing students' artistic talents, fostering teamwork and collaboration. **College magazine (XPRESS)/ department magazines, journals (IMPETUS, ILLUMINATUS, INFORMATICA), and books with ISBN** provide fertile ground for **research/creative expression** through writing, artwork, photography, and other forms of artistic expression and showcase their **intellectual vibrancy**.

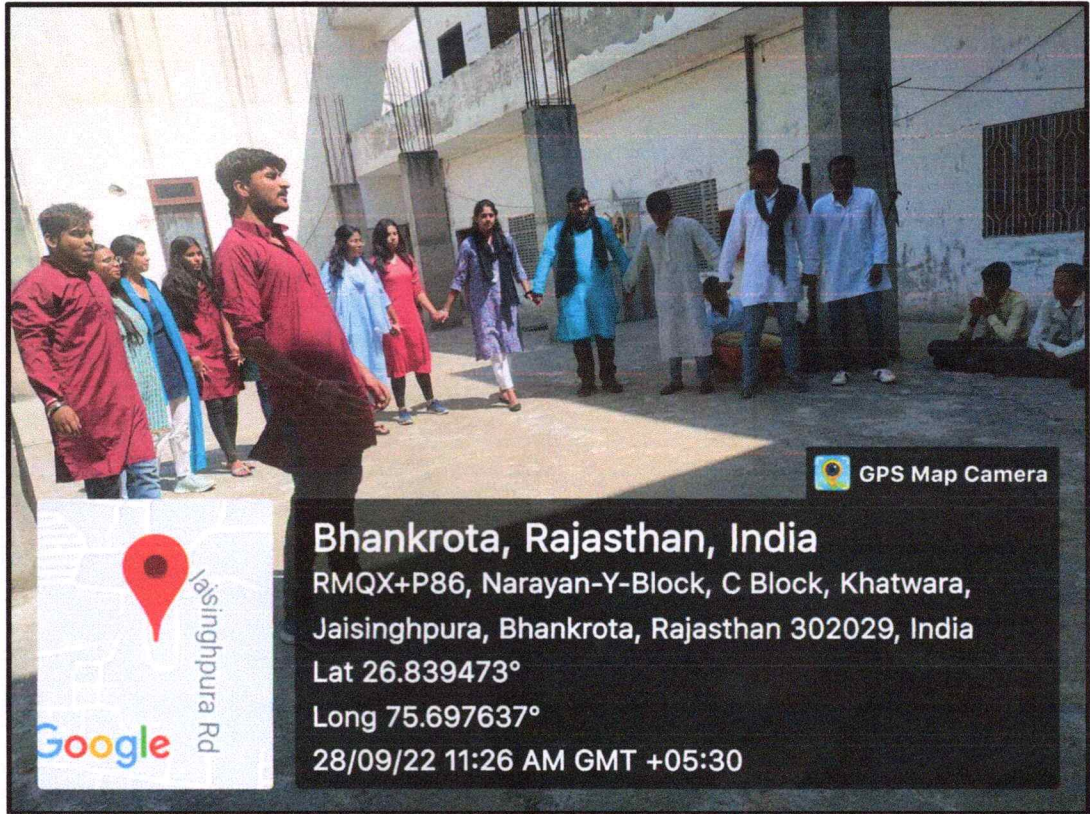


Criterion 7/Students' Council/ZEST '23: Coruscating Chroma 'Canvassing the Rendition of Culture and Colors'/2 - 4 February 2023



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Criterion 7/Xavier's Theatre Society/Nukkad Natak on Water Management/28 September 2022

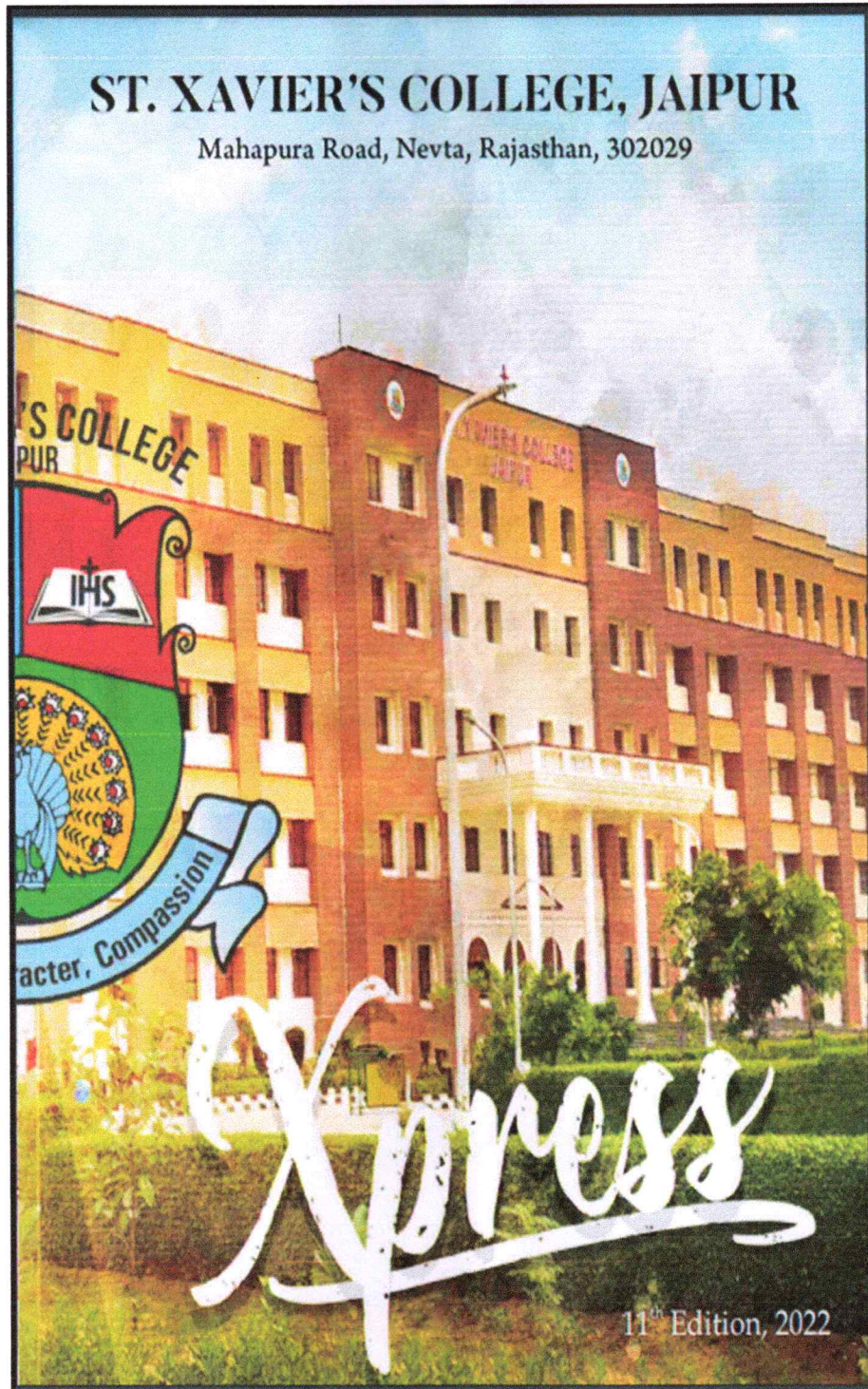
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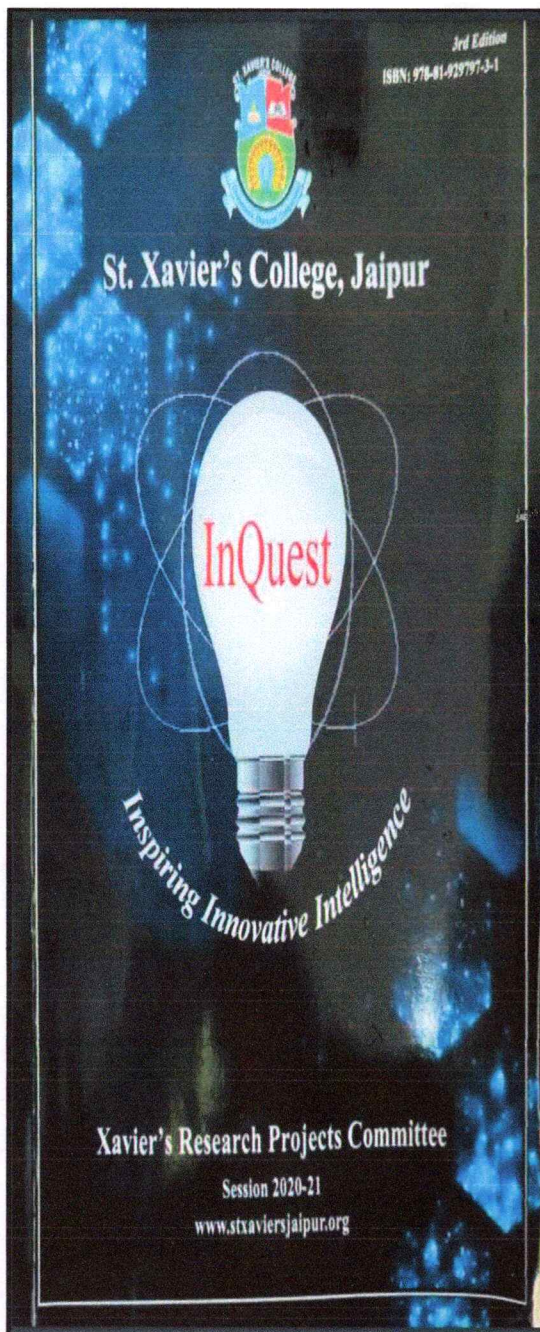
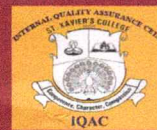


Criterion7/Magazine Committee/ Express Magazine/2021-22



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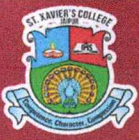
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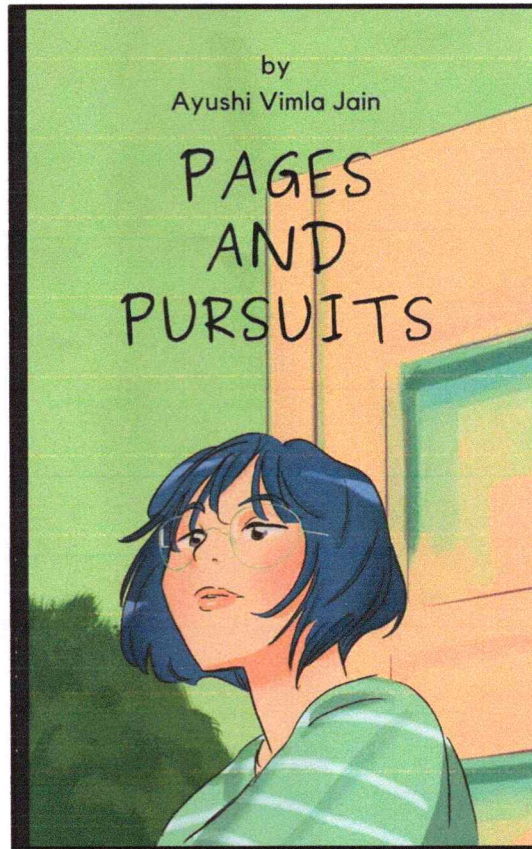
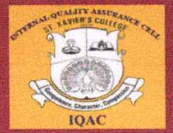
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Criterion 7/Xavier's Research Project Committee/InQuest/2020-21



Criterion 7/Book Published by a student with ISBN Number/9 789361 856204

- College events, department fests (Envision, Vendesto, Synergy, Inka), cultivate enhanced **managerial** and **leadership skills** through **organizational responsibilities**, providing students with hands-on experience in **event management, delegation, and decision-making.**





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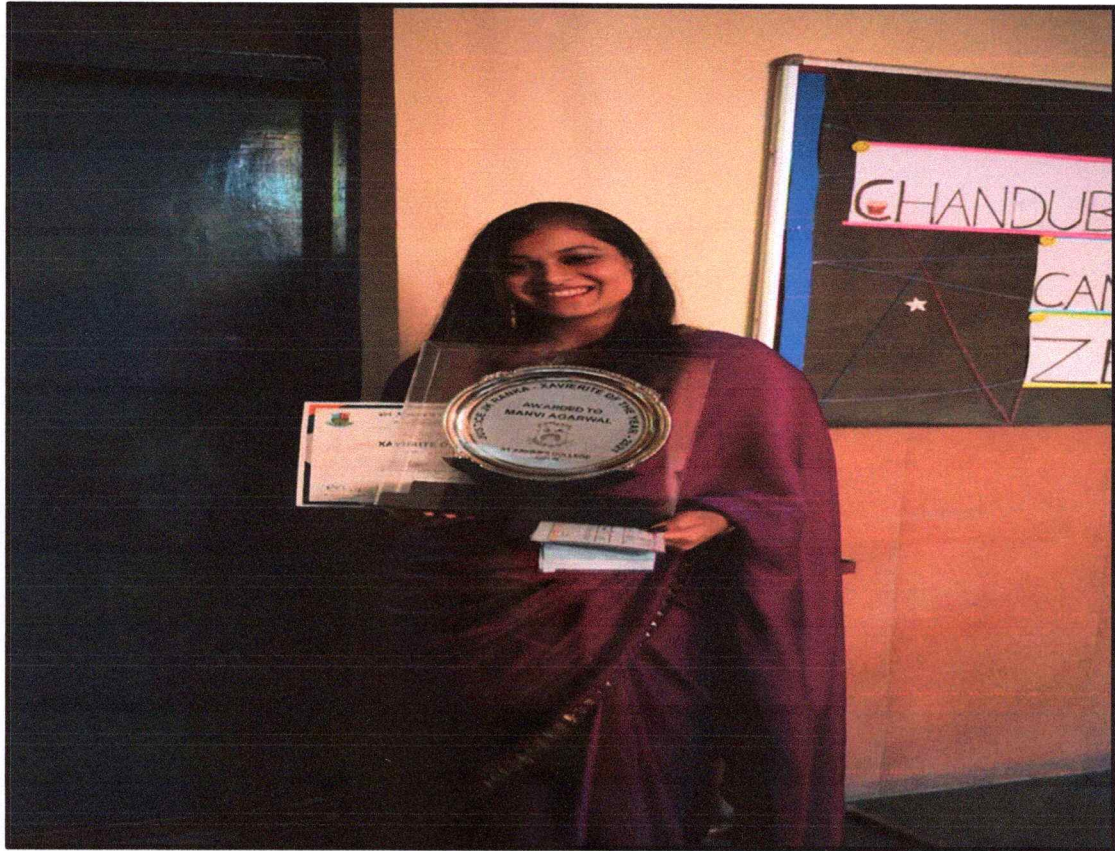
Criterion 7/Xavierite of the Year-Aakriti Aggarwal/2022-23



Criterion 7/Xavierite of the Year- Nihar Vyar/2021-22

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Criterion 7/Xavierite of the Year - Manvi Aggarwal/2020-21



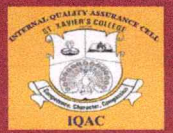
Criterion 7/Xavierite of the Year - Surbhi Aggarwal/2019-20



Criterion 7/Xavierite of the Year - Aayushi Sah/2018-19

5. Evidence of Success:

- A significant number of students **have secured University Merit Ranks**
- Testimonials from students regarding these initiatives provide tangible evidence, highlighting the impact and benefits of these **multidimensional** programmes on their personal and **professional development**.
- External and in-house **Awards and Recognitions** won by the students in **co-curricular** and **extracurricular activities** attest to their **holistic development**.
- **Graduate Attribute Feedback** by the alumni is **yet another** testimony of the success of the students in achieving professional and **personal success**.
- Because of these initiatives, there is an **increase in students' participation** in all the initiatives taken by the College.
- The number of **students qualifying in state/national/ international level examinations** (like CLAT/ GMAT/ CAT/GRE/ TOEFL/ **Civil Services/State** government examinations/Bank Exams/Others) **has gone up**.



SHINING STARS



Vedika Bihani, IPS

Batch: 2018-21

In my years at Xavier's, I discovered my passion for humanities-related subjects. Inspired by a desire for a career that was both unconventional and purposeful, I took a leap of faith, driven by an adventurous spirit, to dream of a career in civil services. My dedication paid off when I was selected as an IPS officer in 2023, & Xavier's was a huge part of that success

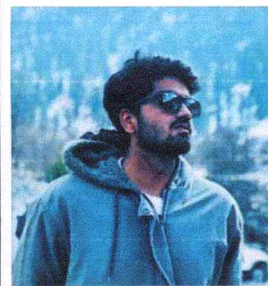


Arinjaya Singh

Lieutenant, Indian Army

Batch: 2018-21

Discipline is the key to success - this is what I believe in. And Xavier's offered the perfect balance of discipline and flexibility for me to explore my potential. My dream was to go into the army and serve our nation. Xavier's not only revealed to me the work I would have to put in, but also gave encouragement and aid wherever I needed it.



Aman Bubna

Associate R&D Engineer

Nokia Solutions and Networks India Pvt. Ltd

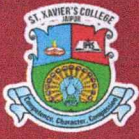
Batch: 2018-21

My experiences during my time at Xavier's have been some of the most important and memorable ones in shaping who I am today. Providing state-of-the-art facilities, Xavier's has been crucial in shaping my career, this place has been a blessing for me.



	<p>Ruchira Boss Doctoral Researcher, University of Goettingen Batch: 2011-14</p> <p>My transformative journey at SXCJ laid the cornerstone for my academic pursuits. The rigorous education and supportive environment cultivated at Xavier's propelled me towards my current role as a Doctoral Researcher at the University of Goettingen, Germany. Grateful for the solid foundation and invaluable experiences that shaped my path to success.</p>
	<p>Abhinav Jain Cleared CAT with 99.70 percentile Associate - Finance Transformation, PwC Batch: 2017-20</p> <p>The path towards clearing CAT was definitely not an easy one, with numerous hurdles and difficulties, Xavier's provided me with support and guidance that I couldn't have found anywhere else. The college helped me understand the qualities needed not only for my goal, but also for managing life.</p>
	<p>Naman Narain Harvard Business School Batch: 2011-14</p> <p>The three years I spent at St. Xavier's College Jaipur were quite formative for me as I was able to do my masters at London School of Economics, worked in venture capital, then macroeconomics, and now corporate strategy. I can confidently look back and say I wouldn't be where I am today without St. Xavier's College Jaipur.</p>
	<p>Nihar Vyas UGC-NET JRF (English Literature) Batch: 2019-24</p> <p>As I began studying at Xavier's, the increasing classes and brilliant discussions let me explore and enjoy literature fully. I doubt my NET-JRF would've been possible without the college and the exceptional teachers here, and my gratitude will endlessly brighten this place's memories in my heart.</p>

Principal



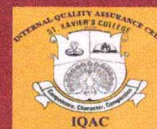
St. Xavier's College Jaipur

Affiliated to the University of Rajasthan Approved under Section 2(f) and 12(B) of UGC Act, 1956
A Christian Minority Educational Institution under Section 2(g) of NCMEI Act, 2004



	<p>Yash Garg Green Entrepreneur Batch: 2017-20</p> <p>What I love most about Xavier's is the focus on practical education along with theoretical knowledge. Entrepreneurship is something I was always interested in, but the college showed me prospects and possibilities in the field. This place will forever be a crucial milestone in my journey.</p>
	<p>Ananjeet Singh Naruka International Shooter Batch: 2018-21</p> <p>My time at Xavier's gave me an understanding that it's not the before or after that matters, but the action, the moment itself. That is what I kept in mind as I entered the Olympics, and that mindset is what helped me achieve this great feat. I thank Xavier's and hope all who enter this place will find inner strength and determination as I did.</p>
	<p>Dino Dhanker President Awardee - International Polo Player Batch 2023-26</p> <p>Awards are an opportunity to express your humility and gratitude. I am learning this at Xavier's, where along with building my competence, the focus is on character building. And this was the thought going through my head when I was being given the presidential award. I'll always be grateful to Xavier's for nurturing my love for Polo and helping me grow</p>


Principal



6. Problems Encountered and Resources Required

- Ensuring the **long-term sustainability of initiatives**
- **Evaluation of tangible impact** on students' personal and professional development
- Ensuring the **participation of final-year students in beyond classroom programmes** owing to their engagement with competitive examinations
- **Sustaining and scaling** the participation of students **in various programmes**
- During the initial years, space limitation presented a **serious** challenge. Following the relocation, the **distance of the college from the city (24 kms)** has emerged as an obstacle.
- The huge resources required for the execution of these **multidisciplinary** events is another challenge.
- Dedication of **time and effort** by the student community **beyond actual classrooms** to meticulously plan and execute **these** events, ensuring their success and impact.
- Collaborative partnerships with industry professionals, alumni networks are challenging at times.

7. Notes

- Emphasize the importance of **involving students, faculty, administration**, and other **stakeholders** in the design, implementation, and evaluation of **holistic education initiatives**.
- Encourage **partnerships with local communities, business organizations, and others** to provide students with real-world learning experiences and opportunities.
- Foster a **culture of continuous improvement** by regularly reviewing and refining holistic education initiatives.