

ST. XAVIER'S COLLEGE JAIPUR

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India

Affiliated to the University of Rajasthan

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COURSE OUTCOMES

B.A. (Hons.) Psychology

Department of Psychology

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

P-I/S-I: Advanced General Psychology

CO 1.	Introduction to the fundamentals, historical and modern perspectives, and chief methods used for research and data collection in psychology
CO 2.	Detailed study of the processes involved in perception and sensation
CO 3.	Understanding consciousness and the associated altered states (Sleep, Dreams and Hypnosis)
CO 4.	A detailed study of meaning, nature and types of learning
CO 5.	Analysis of models of memory and causes of forgetting
CO 6.	Describe the theoretical approaches to understanding intelligence and its assessment
CO 7.	Study of basic elements of thinking and problem-solving
CO 8.	Explain the theories and concepts related to motivation and emotion
CO 9.	In-depth examination of type and trait theories to understand personality and its assessment
CO 10.	Knowledge about the structure and functions of the nervous system

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

P-II/S-II: Social Psychology

CO 1.	Detailed introduction of Social Psychology as an exclusive and essential branch of Psychology
CO 2.	Analysis of the fundamentals of social cognition
CO 3.	Knowledge about social motivation and interpersonal attraction
CO 4.	Study of development, functions, change and measurement of social attitudes
CO 5.	Explain the functioning of social groups and organisations
CO 6.	Demonstrate the origin, characteristics, type and theories of leadership
CO 7.	Describe the processes and factors involved in the development of prejudices, discrimination and stereotypes and the methods for countering them
CO 8.	Knowledge about public opinion and propaganda
CO 9.	In-depth examination of the aggression, social problems, social tension and social change
CO 10.	Describe the conceptual underpinnings of human communication, person perception and social perception

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

P-III: Developmental Psychology

CO 1.	Introduction to the themes and methods for studying human development
CO 2.	Theories of human development: Psychoanalytic, Learning and Cognitive Development
CO 3.	Describe the characteristics and hazards related to the prenatal and infancy period
CO 4.	Analysis of the characteristics, developmental tasks and personality development during early and late childhood
CO 5.	Demonstrate the characteristics and physical and psychological changes of the adolescent period
CO 6.	Knowledge about the key attributes and developmental tasks of adulthood
CO 7.	Study of old age as a period of major transition
CO 8.	Explain the role of family in human development
CO 9.	Demonstrate the influence of peers, media and schooling on human development

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

P-IV/S-IV: Statistical Foundations in Psychology

CO 1.	Describe the nature, scope and application of statistics in Psychology
CO 2.	Understanding the graphical representation of data and Normal Distribution
CO 3.	Measurement of Central Tendency: Mean, Median and Mode
CO 4.	Computation of Variability Measures: Range, Quartile Deviation, Average Deviation and Standard Deviation
CO 5.	Knowledge about the concept and estimation of Correlational methods: Pearson's Product Moment Correlation and Spearman's Rank Order Correlation
CO 6.	Testing of hypothesis and drawing inferences- Population, Sample, Application of 't' test in psychological research
CO 7.	Assessment through Non-Parametric Tests: Chi-Square, 2x2 Contingency table and Median test
CO 8.	Processing data with One-way and Two-way ANOVA
CO 9.	Analysis of psychological data through computer and applications of SPSS software

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

PRACTICAL: PR 1

CO 1.	To analyse the principles of perception
CO 2.	To understand learning using a human maze apparatus
CO 3.	To apply principles of memory in the recall of words from a list
CO 4.	To evaluate the problems faced by the youth
CO 5.	Analysis of transfer of learning
CO 6.	To gain insight into how learning new information affects prior information
CO 7.	To apply statistical principles of normal probability curve into practical usage
CO 8.	To analyse responses to measure attitudes
CO 9.	To examine the level of social and emotional maturity
CO 10.	To understand the level of intelligence

Course Outcomes (COs)

B.A. Psychology Subsidiary / Pass Course Part-I

PRACTICAL: S2-PR

CO 1.	Demonstrate an understanding of spatial cognition and learning processes through the design and execution of human maze-learning experiments
CO 2.	Develop proficiency in administering and interpreting intelligence tests, demonstrating an understanding of cognitive abilities and their measurement through standardised assessment tools
CO 3.	Investigate memory processes by designing and conducting experiments using meaningful and nonsense syllables, analysing the effects of semantic encoding and rehearsal on memory retention and recall
CO 4.	Explore visual perception and cognitive processes through experiments on figure and ground reversal, demonstrating an understanding of perceptual organisation and Gestalt principles
CO 5.	Develop skills in recognising and interpreting emotions through facial expressions, demonstrating proficiency in assessing emotional states and understanding the role of nonverbal communication in social interactions
CO 6.	Measure attitudes towards various stimuli, issues, or individuals, demonstrating competence in designing and administering attitude surveys and analysing attitude formation and change
CO 7.	Assess leadership qualities and behaviours through case studies and leadership assessment tools, demonstrating an understanding of effective leadership strategies and their impact on group dynamics and performance
CO 8.	Explore the nature and determinants of aggression, gaining skills in measuring and assessing aggressive behaviours through observational studies and experimental paradigms, and understanding factors influencing aggression
CO 9.	Investigate altruistic behaviours and motivations, demonstrating competence in measuring and assessing altruism
CO 10.	Evaluate social support systems and their impact on mental health and well-being, demonstrating proficiency in assessing perceived and received social support through surveys, interviews, and psychometric tools

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-II

P-V: Systems and Theories of Psychology

CO 1.	Introduction to the Psychological Foundations: Helmholtz, Weber and Fechner
CO 2.	Describe Structuralism: Wundt and Titchner
CO 3.	Study of Functionalism: William James, Galton and Cattell
CO 4.	Explain Behaviourism: Thorndike, Pavlov, Watson and Tolman
CO 5.	Knowledge about Gestalt Psychology: Wertheimer, Koffka and Kohler
CO 6.	Knowledge about Dynamic Psychology: McDougall and Woodworth
CO 7.	Detailed Study of Psychoanalysis: Freud, Jung and Adler
CO 8.	Analysis of Neo Freudians: Horney, Fromm, Sullivan and Erikson
CO 9.	Learn about the concepts of Humanistic Psychology: Rogers and Maslow

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-II

P-VI/S-III: Abnormal Psychology

CO 1.	Introduction to the basics of Abnormality, Mental Health Professionals and Classification of Mental Disorders: ICD-10 and DSM-5
CO 2.	Describe the causal factors and theoretical perspectives to understand mental disorders
CO 3.	Study of Clinical Assessment and Diagnostic Methods
CO 4.	Knowledge about Anxiety, Obsessive-Compulsive and Trauma Stressor related disorders
CO 5.	Explain Mood and Eating disorders
CO 6.	Learning about Somatic Symptoms and Dissociative disorders
CO 7.	Theoretical knowledge about Personality disorders
CO 8.	Knowledge about Schizophrenia and other Psychotic Disorders
CO 9.	Detailed analysis of Psychological Therapies to treat disorders

Course Outcomes (COs)	
B.A. (Hons.) Psychology Part-II	
P-VII: Counselling Psychology	
CO 1.	Study of meaning, purpose, goals, history and current trends in counselling
CO 2.	Explain the process of counselling and the importance of building a therapeutic alliance
CO 3.	Knowledge about the personal, professional and ethical aspects of counselling
CO 4.	Study of Psychoanalytic and Psychodynamic Approach: Freudian, Neo Freudian and Modern
CO 5.	Describe the Humanistic approach: Existential and Client-centred
CO 6.	Elucidate Cognitive and Behavioural approach: Rational Emotive, Transaction Analysis and Behaviour Modification
CO 7.	Demonstrate the application of counselling with diverse populations and multicultural societies
CO 8.	Explain the importance and scope of Career Counselling

P-VIII: Biological Basis of Behaviour	
CO 1.	Introduction to the nature, scope and methods of examining the biological basis of behaviour
CO 2.	Knowledge about basic features, structure and functions of neurons, central nervous system, peripheral nervous system and neurotransmitters
CO 3.	Analysis of functions of left and right brain hemispheres and localisation of language
CO 4.	Knowledge about the physiological mechanisms controlling ingestive behaviour
CO 5.	Describe the biological mechanisms managing sleep and wakeful behaviour
CO 6.	Detailed study of neural mechanisms involved in the process of learning and memory
CO 7.	Explain the biological underpinnings of emotions, stress and health maintenance
CO 8.	Gain insights on Developmental disorders: Autism, ADHD and Mental Retardation

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-II

PRACTICAL: PR-2

CO 1.	To evaluate the link between the brain and cognition
CO 2.	To gain insight into what facial expressions convey
CO 3.	To understand about errors in perceptual judgment
CO 4.	To apply principles of biofeedback for relaxation
CO 5.	To recall basic words through association
CO 6.	Analysis of autonomic conditioned response
CO 7.	To examine mental health levels
CO 8.	To analyse stories projected onto ambiguous stimuli, and to understand the level of aspiration
CO 9.	To understand about the dysfunctions in memory
CO 10.	To evaluate Personality and Intelligence Quotient using appropriate psychometric tools

Course Outcomes (COs)

B.A. Psychology Subsidiary / Pass Course Part-II

PRACTICAL: S4-PR

CO 1.	Acquire comprehensive knowledge and practical skills in assessing mental health
CO 2.	Develop expertise in the assessment of anxiety and distinguishing between state and trait anxiety
CO 3.	Demonstrate competence in measuring depression
CO 4.	Gain the ability to assess coping styles and interpret findings to understand how individuals adapt to stressors and challenges
CO 5.	Develop skills in assessing family pathology
CO 6.	Acquire proficiency in administering and interpreting the Word Association Test, showcasing an understanding of projective assessment techniques
CO 7.	Demonstrate competence in utilising the Eight State Questionnaire to assess various emotional states and moods
CO 8.	Acquire advanced knowledge and skills in neuropsychological assessment, demonstrating the ability to select and administer appropriate tests to assess cognitive functions
CO 9.	Showcase the ability to analyse data using statistical techniques such as mean, median and 't' test to understand the collective stress experienced by a group

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

P-IX: Applied Psychology

CO 1.	Demonstrate the utilisation of psychological concepts in personnel selection and classification
CO 2.	Describe the personal assessment techniques employed in development and training
CO 3.	Knowledge about the fundamentals of Organizational Psychology
CO 4.	Analysis of important human-related variables in Engineering Psychology
CO 5.	Explain the causal factors of stress and learn stress management techniques
CO 6.	To understand the influence of Information Technology on Human Rights and Wellbeing
CO 7.	Illustrate the importance of psychology in the field of education
CO 8.	Elucidate the role of Community Psychology in comprehending social change and igniting community consciousness
CO 9.	Explain the basic elements of Sports Psychology and the influence of psychological factors on performance

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

P-X/S-V: Positive Psychology

CO 1.	Introduction to the fundamentals and historical background of Positive Psychology
CO 2.	Explain the Eastern and Western perspectives to build the knowledge base for Positive Psychology
CO 3.	Analysis and Classification of Virtues and Strengths of Characters
CO 4.	Describe Happiness and the dimensions of Well Being
CO 5.	Detailed study of the basic elements, theoretical framework and practical implications of Resilience
CO 6.	Comprehensive study of Prosocial Behaviour: Empathy, Altruism, Gratitude and Forgiveness
CO 7.	Explain the theories of Self-Regulation and examine the associated problems- Goal Conflict, Goal Difficulty and Goal Disengagement
CO 8.	Knowledge about the Positive Cognitive States and Process: Self Efficacy, Optimism, Hope, Mindfulness, Flow and Spirituality
CO 9.	Knowledge about the Positive Emotional States and Process: Positive Emotions, Emotional Intelligence, Emotion Focussed Coping

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

P-XI: Theories of Personality

CO 1.	Background knowledge about the history, basic issues and the major determinants of personality
CO 2.	Detailed analysis of Psychoanalytic theories: Freud and modern developments
CO 3.	Describe Neo Analytic and Ego theories: Jung, Adler, Horney and Erikson
CO 4.	Explore the influence of Biological, Evolutionary and Sociobiological factors on personality
CO 5.	Knowledge about Behaviourist and Learning theories: Watson, Skinner, Dollard and Miller
CO 6.	Study of Cognitive and Social Cognitive Theories: Kelly, Seligman, Rotter and Bandura
CO 7.	Analysis of Trait Theories: Cattell, Allport and Big Five Model
CO 8.	Gain insights into Humanistic and Existential Theories: Fromm, Rogers and Maslow
CO 9.	Explain the Interactional approach to understanding personality: Sullivan, Murray and Mischel

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

P-XII/S-VI: Psychological Testing

CO 1.	Examine and understand the meaning, nature, historical background and tools of psychological testing and assessment
CO 2.	Explain the characteristics, types and functions of Psychological Scaling
CO 3.	Describe the nature, functions and types of psychological tests
CO 4.	Demonstrate the problems encountered during test administration and elucidate the standard guidelines for testing
CO 5.	Detailed study of test construction: Item writing, Item analysis, Reliability and Validity
CO 6.	Understand the theoretical framework and practical utility of test standardisation and norms
CO 7.	Describe the tools for the assessment of Intelligence
CO 8.	Study of tests used for evaluating individual's Interest and Aptitude
CO 9.	Explain the major techniques used by psychologists to assess personality- Self Report Tests, Projective, Situational and Expressive Techniques
CO 10.	Applications of psychological testing in Educational, Counselling and Guidance, Clinical and Organizational settings

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

PRACTICAL: PR-3

CO 1.	Develop proficiency in understanding and applying the principles of sensory perception to determine and interpret two-point discrimination thresholds accurately
CO 2.	Analyse the physiological and psychological factors contributing to work-related fatigue and formulate strategies to mitigate its impact on individual performance and well-being
CO 3.	Utilise the Holland codes to assess individual career interests and aptitudes and provide informed guidance for career planning and decision-making
CO 4.	Evaluate and interpret emotional intelligence assessments to enhance self-awareness, interpersonal relationships, and overall emotional well-being
CO 5.	Develop practical skills to assess memory using saving methods
CO 6.	Administer and interpret the results of the Differential Aptitude Test to assess individual aptitudes across different domains and provide tailored recommendations for educational and career development
CO 7.	Evaluate altruistic tendencies and behaviours through structured assessments, analyse the implications for social relationships
CO 8.	Measure and analyse reaction times in response to stimuli to understand cognitive processing speed and its implications for performance in different tasks and activities
CO 9.	Analyse personality using responses to the Picture Frustration Study and NEO Personality Inventory-Revised
CO 10.	Apply standardised procedures to administer and interpret the Rorschach Test and analyse the results to gain insights into personality structure, thought processes, and emotional functioning

Course Outcomes (COs)

B.A. Psychology Subsidiary / Pass Course Part-III

PRACTICAL: S6-PR

CO 1.	Develop expertise in assessing subjective well-being and analyse factors contributing to individuals' overall life satisfaction and happiness
CO 2.	Gain proficiency in assessing forgiveness and understanding the psychological dynamics involved in the forgiveness process
CO 3.	Demonstrate competence in measuring emotional intelligence
CO 4.	Acquire skills in assessing hope, and understanding the role of hope in resilience and motivation
CO 5.	Develop expertise in measuring resilience and evaluate individuals' capacity to bounce back from adversity, adapt to challenges, and maintain mental well-being
CO 6.	Gain advanced knowledge and skills in intelligence assessment using the Standard Progressive Matrices (SPM)
CO 7.	Demonstrate competence in personality assessment using the High School Personality Questionnaire (HSPQ)
CO 8.	Develop practical skills in measuring reaction time and analyse results to understand cognitive processing speed and its implications for cognitive functions
CO 9.	Acquire skills in conducting experiments involving the Muller-Lyer illusion, demonstrating an understanding of visual perception and the impact of contextual cues on perceptual judgment
CO 10.	Demonstrate proficiency in assessing the level of aspiration and understanding the psychological factors influencing goal-setting and achievement