

ST. XAVIER'S COLLEGE JAIPUR

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India

Affiliated to the University of Rajasthan

Approved under Section 2(f) & 12(B) of the UGC Act, 1956



COURSE OUTCOMES

B.A. (Hons.) Psychology

Department of Psychology

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

P-I/S-I: Advanced General Psychology

The learners will be able to:

CO 1.	Acquire the historical and modern perspectives and primary methods used in psychological research and data collection.
CO 2.	Illustrate the processes involved in perception and sensation.
CO 3.	Outline the various states of consciousness, including sleep, dreams, and hypnosis.
CO 4.	Analyse the meaning, nature, and types of learning
CO 5.	Evaluate different models of memory and the causes of forgetting
CO 6.	Interpret the theoretical approaches to understanding intelligence and its assessment
CO 7.	Identify the basic elements of thinking and problem-solving
CO 8.	Clarify the theories and concepts related to motivation and emotion
CO 9.	Assess type and trait theories to understand personality and its assessment
CO 10.	Characterise the structure and functions of the nervous system.

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

P-II/S-II: Social Psychology

CO 1.	Present a comprehensive overview of Social Psychology as a fundamental and indispensable branch of Psychology.
CO 2.	Evaluate the core principles of social cognition
CO 3.	Demonstrate understanding of social motivation and factors influencing interpersonal attraction
CO 4.	Examine the development, functions, change, and methods of measuring social attitudes
CO 5.	Illustrate the functioning of social groups and organisations
CO 6.	Ascertain the origins, characteristics, types, and theories of leadership
CO 7.	Outline the processes and factors contributing to the development of prejudices, discrimination, and stereotypes, and propose methods for countering them
CO 8.	Investigate public opinion formation and the role of propaganda
CO 9.	Analyse the basics of aggression, social problems, tension, and mechanisms of social change
CO 10.	Explore the conceptual foundations of human communication, person perception, and social perception

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

P-III: Developmental Psychology

CO 1.	Characterise the key themes and methodologies used in the study of human development
CO 2.	Compare and contrast psychoanalytic, learning, and cognitive development theories
CO 3.	Outline the characteristics and potential hazards associated with the prenatal and infancy periods
CO 4.	Analyse the characteristics, developmental tasks, and personality development in early and late childhood
CO 5.	Illustrate the characteristics and physical as well as psychological changes occurring during the adolescent period
CO 6.	Identify the key attributes and developmental tasks of adulthood
CO 7.	Investigate old age as a period characterised by significant transitions
CO 8.	Elaborate on the role of family in influencing human development
CO 9.	Investigate and outline the impact of peers, media, and schooling on human development

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

P-IV/S-IV: Statistical Foundations in Psychology

CO 1.	Determine the nature, scope, and practical applications of statistics in psychological research
CO 2.	Interpret graphical representations of data and explain the concept of Normal Distribution
CO 3.	Calculate measures of Central Tendency including Mean, Median, and Mode
CO 4.	Compute variability measures such as Range, Quartile Deviation, Average Deviation, and Standard Deviation
CO 5.	Acquire the concept and application of correlational methods, including Pearson's Product Moment Correlation and Spearman's Rank Order Correlation.
CO 6.	Apply hypothesis testing techniques and draw inferences using 't' tests in psychological research contexts
CO 7.	Apply non-parametric tests including Chi-Square, 2x2 Contingency table, and Median test for data analysis
CO 8.	Illustrate data processing using one-way and two-way Analysis of Variance (ANOVA)
CO 9.	Analyse psychological data using computer software, with a focus on practical applications of SPSS

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-I

PRACTICAL: PR 1

CO 1.	Analyse the fundamental principles underlying perception
CO 2.	Demonstrate an understanding of learning processes through the use of a human maze apparatus
CO 3.	Apply principles of memory to recall words from a list
CO 4.	Assess and evaluate challenges encountered by the youth
CO 5.	Analyse the transfer of learning from one context to another.
CO 6.	Develop insight into how the acquisition of new information influences existing knowledge
CO 7.	Apply statistical principles of the normal probability curve in practical scenarios
CO 8.	Assess the attitudes towards nation, discipline, humanity, teachers and spirituality
CO 9.	Examine levels of social and emotional maturity in individuals.
CO 10.	Understand the concept and measurement of intelligence

Course Outcomes (COs)

B.A. Psychology Subsidiary / Pass Course Part-I

PRACTICAL: S2-PR

CO 1.	Demonstrate an understanding of spatial cognition and learning processes through human maze-learning experiment
CO 2.	Develop proficiency in administering and interpreting intelligence tests
CO 3.	Investigate memory processes by conducting experiments using meaningful and nonsense syllables
CO 4.	Explore visual perception and cognitive processes through experiments on figure and ground reversal
CO 5.	Develop skills in recognising and interpreting emotions through facial expressions
CO 6.	Assess the attitudes towards nation, discipline, humanity, teachers and spirituality
CO 7.	Evaluate leadership qualities and behaviours through leadership assessment tool
CO 8.	Explore the nature and determinants of aggression
CO 9.	Investigate altruistic behaviours and motivations, demonstrating competence in measuring and assessing altruism
CO 10.	Evaluate social support systems and their impact on mental health and well-being

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-II

P-V: Systems and Theories of Psychology

CO 1.	Elaborate on the Psychological Foundations laid by Helmholtz, Weber, and Fechner.
CO 2.	Outline the principles and methods of Structuralism as proposed by Wundt and Titchener
CO 3.	Investigate the key concepts and perspectives of Functionalism advocated by William James, Galton, and Cattell
CO 4.	Explore the principles and contributions of Behaviorism as developed by Thorndike, Pavlov, Watson, and Tolman
CO 5.	Acquire knowledge about the principles and concepts of Gestalt Psychology as proposed by Wertheimer, Koffka, and Kohler
CO 6.	Characterise Dynamic Psychology and its proponents McDougall and Woodworth
CO 7.	Examine the major theories of Psychoanalysis, including Freud, Jung, and Adler
CO 8.	Analyse the contributions and perspectives of Neo-Freudians such as Horney, Fromm, Sullivan, and Erikson
CO 9.	Explore the key concepts and principles of Humanistic Psychology as advocated by Rogers and Maslow

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-II

P-VI/S-III: Abnormal Psychology

CO 1.	Draw an overview of Abnormality, Mental Health Professionals, and Classification of Mental Disorders using ICD-10 and DSM-5
CO 2.	Outline the factors contributing to mental disorders and various theoretical perspectives used to understand them
CO 3.	Explore Clinical Assessment techniques and Diagnostic Methods used in psychology
CO 4.	Acquire knowledge about Anxiety, Obsessive-Compulsive, and Trauma Stressor related disorders
CO 5.	Elaborate on Mood and Eating disorders, including their symptoms and causes
CO 6.	Cultivate an understanding of Somatic Symptoms and Dissociative disorders, including their manifestation and treatment
CO 7.	Develop theoretical knowledge about Personality disorders and their classifications
CO 8.	Acquire knowledge about Schizophrenia and other Psychotic Disorders, including symptoms and treatment approaches
CO 9.	Evaluate comprehensively the Psychological Therapies utilised to address mental disorders

Course Outcomes (COs)	
B.A. (Hons.) Psychology Part-II	
P-VII: Counselling Psychology	
CO 1.	Explore the significance, objectives, historical development, and contemporary trends in counselling
CO 2.	Elaborate on the counselling process and highlight the importance of establishing a therapeutic alliance.
CO 3.	Characterise the personal attributes, professional responsibilities, and ethical considerations in counselling
CO 4.	Study of Psychoanalytic and Psychodynamic Approach: Freudian, Neo Freudian and Modern
CO 5.	Review the Humanistic approach, including Existential and Client-centered perspectives.
CO 6.	Examine the Cognitive and Behavioral approaches, covering Rational Emotive, Transaction Analysis, and Behavior Modification techniques
CO 7.	Demonstrate the application of counselling approaches in serving diverse populations and multicultural societies
CO 8.	Ascertain the significance and scope of Career Counselling in guiding individuals towards fulfilling careers

Course Outcomes (COs)	
B.A. (Hons.) Psychology Part-II	
P-VIII: Biological Basis of Behaviour	
CO 1.	Articulate the nature, scope and methods of examining the biological basis of behavior
CO 2.	Describe the basic features, structure and functions of neurons, central nervous system, peripheral nervous system and neurotransmitters
CO 3.	Explore the functions of left and right brain hemispheres and localisation of language
CO 4.	Examine the physiological mechanisms controlling ingestive behaviour
CO 5.	Explore the biological mechanisms involved in managing sleep and wakeful behaviour
CO 6.	Analyse neural mechanisms involved in the process of learning and Memory
CO 7.	Diagnose biological underpinnings of emotions, stress and health maintenance
CO 8.	Acquire insights on Developmental disorders: Autism, ADHD and Mental Retardation

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-II

PRACTICAL: PR-2

CO 1.	Evaluate the connection between brain activity and cognitive processes
CO 2.	Develop understanding of the messages conveyed by facial expressions
CO 3.	Explore misconceptions and biases in perceptual judgment
CO 4.	Utilise biofeedback principles to induce relaxation
CO 5.	Retrieve basic words by forming associations
CO 6.	Analyse conditioned responses of the autonomic nervous system
CO 7.	Evaluate levels of mental health
CO 8.	Analyse stories projected onto ambiguous stimuli and comprehend aspirational levels
CO 9.	Asses and comprehend memory dysfunctions
CO 10.	Assess Personality and Intelligence Quotient using suitable psychometric instruments

Course Outcomes (COs)

B.A. Psychology Subsidiary / Pass Course Part-II

PRACTICAL: S4-PR

CO 1.	Acquire comprehensive knowledge and practical skills in assessing mental health
CO 2.	Develop expertise in the assessment of anxiety and distinguishing between state and trait anxiety
CO 3.	Demonstrate competence in assessing depression
CO 4.	Assess coping styles and interpret findings to understand how individuals adapt to stressors and challenges
CO 5.	Develop skills in assessing family pathology
CO 6.	Acquire proficiency in administering and interpreting the Word Association Test, showcasing an understanding of projective assessment techniques
CO 7.	Demonstrate competence in utilising the Eight State Questionnaire to assess various emotional states and moods
CO 8.	Acquire advanced knowledge and skills in neuropsychological assessment
CO 9.	Showcase the ability to analyse data using statistical techniques such as mean, median and 't' test to understand the collective stress experienced by a group

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

P-IX: Applied Psychology

CO 1.	Apply psychological concepts in personnel selection and classification procedures
CO 2.	Explore techniques used for personal assessment in development and training programs
CO 3.	Cultivate understanding of the basic principles of Organizational Psychology
CO 4.	Analyse significant human-related variables within the context of Engineering Psychology
CO 5.	Explore stress causation factors and acquire stress management skills
CO 6.	Examine the influence of Information Technology on Human Rights and Wellbeing
CO 7.	Demonstrate the importance of psychology in educational settings
CO 8.	Clarify the role of Community Psychology in comprehending social change and fostering community awareness
CO 9.	Describe the basic elements of Sports Psychology and how psychological factors influence performance

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

P-X/S-V: Positive Psychology

CO 1.	Acquire knowledge about the fundamentals and historical background of Positive Psychology
CO 2.	Explore Eastern and Western philosophical perspectives to enrich the understanding of Positive Psychology
CO 3.	Analyse and categorise virtues and strengths of character within the context of Positive Psychology
CO 4.	Articulate the concept of Happiness and various dimensions of Well-being according to Positive Psychology
CO 5.	Classify the fundamental elements, theoretical underpinnings, and practical applications of Resilience
CO 6.	Examine the elements of Prosocial Behavior, including Empathy, Altruism, Gratitude, and Forgiveness
CO 7.	Explore the theoretical approaches to understand Self-Regulation and examine the associated challenges such as Goal Conflict, Goal Difficulty, and Goal Disengagement
CO 8.	Cultivate knowledge about the Positive Cognitive States and Process: Self Efficacy, Optimism, Hope, Mindfulness, Flow and Spirituality
CO 9.	Acquire knowledge about the Positive Emotional States and Process: Positive Emotions, Emotional Intelligence, Emotion Focussed Coping

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

P-XI: Theories of Personality

CO 1.	Gain foundational understanding of the history, basic concepts, and key determinants of personality
CO 2.	Analyse Psychoanalytic theories, including Freudian concepts and contemporary developments
CO 3.	Characterise Neo Analytic and Ego theories proposed by Jung, Adler, Horney, and Erikson
CO 4.	Explore the influence of Biological, Evolutionary and Sociobiological factors on personality
CO 5.	Understand Behaviorist and Learning theories by Watson, Skinner, Dollard, and Miller
CO 6.	Dissect Cognitive and Social Cognitive Theories proposed by Kelly, Seligman, Rotter, and Bandura
CO 7.	Analyse Trait Theories including Cattell, Allport's theories, and the Big Five Model
CO 8.	Articulate Humanistic and Existential Theories by Fromm, Rogers, and Maslow
CO 9.	Describe the Interactional approach to understanding personality: Sullivan, Murray and Mischel

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

P-XII/S-VI: Psychological Testing

CO 1.	Analyse and comprehend the meaning, nature, historical background, and tools used in psychological testing and assessment.
CO 2.	Elaborate on the characteristics, types, and functions of Psychological Scaling methods.
CO 3.	Describe the nature, functions and types of psychological tests
CO 4.	Demonstrate the problems encountered during test administration and elucidate the standard guidelines for testing
CO 5.	Investigate the principles of test construction, including item writing, item analysis, reliability, and validity
CO 6.	Examine the theoretical framework and practical utility of test standardisation and norms
CO 7.	Differentiate the tools for the assessment of Intelligence
CO 8.	Compare and contrast the tests used for evaluating individual's Interest and Aptitude
CO 9.	Classify the major techniques used by psychologists to assess personality- SelfReport Tests, Projective, Situational and Expressive Techniques
CO 10.	Elaborate on the applications of psychological testing in Educational, Counselling and Guidance, Clinical and Organizational settings

Course Outcomes (COs)

B.A. (Hons.) Psychology Part-III

PRACTICAL: PR-3

CO 1.	Apply the principles of sensory perception to determine and interpret two-point discrimination thresholds accurately
CO 2.	Analyse the physiological and psychological factors contributing to work-related fatigue
CO 3.	Utilise the Holland codes to assess individual career interests and aptitudes
CO 4.	Evaluate and interpret emotional intelligence assessments to enhance self-awareness, interpersonal relationships, and overall emotional well-being
CO 5.	Develop practical skills to assess memory using saving methods
CO 6.	Administer and interpret the results of the Differential Aptitude Test to assess individual aptitudes across different domains
CO 7.	Evaluate altruistic tendencies and behaviours through the structured assessment
CO 8.	Measure and analyse reaction times in response to stimuli to understand cognitive processing speed
CO 9.	Analyse personality using responses to the Picture Frustration Study and NEO Personality Inventory-Revised
CO 10.	Apply standardised procedures to administer and interpret the Rorschach Test and analyse the results to gain insights into personality structure, thought processes, and emotional functioning

Course Outcomes (COs)

B.A. Psychology Subsidiary / Pass Course Part-III

PRACTICAL: S6-PR

CO 1.	Develop expertise in assessing subjective well-being and analyse factors contributing to individuals' overall life satisfaction and happiness
CO 2.	Gain proficiency in assessing forgiveness and understand the psychological dynamics involved in the forgiveness process
CO 3.	Assess the level of emotional intelligence
CO 4.	Acquire skills in assessing hope, and understanding the role of hope in resilience and motivation
CO 5.	Evaluate individuals' resilience level to face the challenges
CO 6.	Gain advanced knowledge and skills in intelligence assessment using the Standard Progressive Matrices (SPM)
CO 7.	Demonstrate competence in personality assessment using the High School Personality Questionnaire (HSPQ)
CO 8.	Measure and analyse reaction times in response to stimuli to understand cognitive processing speed
CO 9.	Illustrate the principles of visual perception through Muller-Lyer illusion
CO 10.	Demonstrate proficiency in assessing the level of aspiration and understanding the psychological factors influencing goal-setting and achievement