

## Common Name: Bichubutti

*Urtica Dioica*

Order: Rosales

Family: Urticaceae

Genus: Urtica

Species: Dioica



## DESCRIPTION

- Urtica dioica is a dioecious, herbaceous, perennial plant, 1 to 2 m tall in the summer and dying down to the ground in winter.
- It has widely spreading rhizomes and stolons, which are bright yellow, as are the roots.
- The green leaves are 3 to 15 cm long and grow oppositely on an erect, wiry, green stem. The leaves have a strongly serrated margin, a cordate base, and an acuminate tip with a terminal leaf tooth. It bears small, greenish or brownish, numerous flowers in dense axillary inflorescences. The leaves and stems are covered with stinging hairs
- Nettle has high protein contents and is used as vegetable. Its stem contains a bast fibre. Its antihistamines property act against the body's natural response to produce nasal congestion and watery eye in response to pollen and other allergens It removes excess uric acid and relieves symptoms of gut disease.