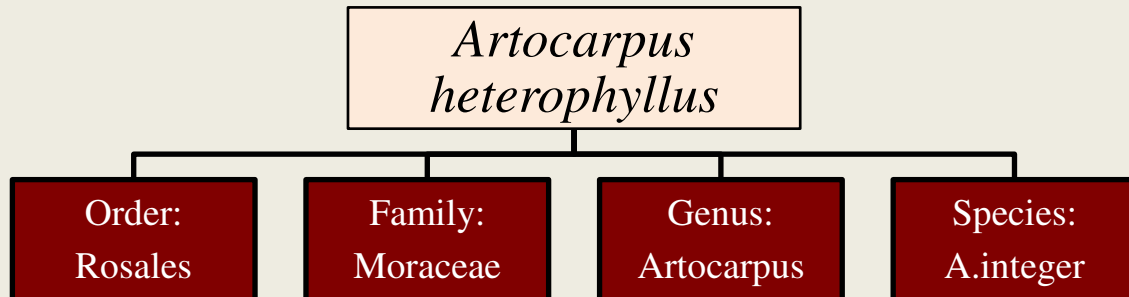


Name: Kathal



DESCRIPTION

- It reaches heights of 10 to 20 m (33 to 66 feet)
- trees grow in abundance in countries like India, Bangladesh, Sri Lanka, and other countries in Southeast Asia
- It help people having low iron diet and may help in regulating proper blood circulation