



2021-22

# PARIVARTAN

AN EFFORT TOWARDS CHANGE

NOT ME  
BUT YOU



ST. XAVIER'S COLLEGE JAIPUR

AFFILIATED TO UNIVERSITY OF RAJASTHAN  
APPROVED UNDER SECTION 2(f) AND 12 (B) OF UGC ACT,  
A CHRISTIAN MINORITY EDUCATIONAL INSTITUTE UNDER SECTION 2(G) OF NCMEI ACT  
,2004

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# From the Manager's Desk



**Rev fr dr Arokya Swamy SJ**

Manager (St Xavier's College-Jaipur)

Striving for a vibrant and dynamic academic atmosphere is a healthy and holistic exercise. National Service Scheme of vier's College Jaipur calls for the integration of St. Xavier's students in the qualitative process of the college. It necessitates an innovative ecosystem to hone the skills of students in diverse programs to mould them to become notable change-makers in the society. The aim is to make learning an enriching, fulfilling, and enjoyable experience through a multidisciplinary approach and the focus should be on not only what is taught but also the way it is taught. The NSS unit is making this possible in every way with their hard work and dedication. I congratulate them for all the good services and wish them all the best for their success in future efforts.



# Management Team

The release of the NSS newsletter "PARIVARTAN" By the NSS unit of St Xavier's College serves as testament to the vision of the College "To empower every individual with knowledge and self confidence" The activities by the unit during academic year 2021-22 presented in the newsletter showcases the character building approach that the college has envisioned. The college is fortunate to have responsible, committed and highly experienced NSS officer, Dr. Pradeep Soni.

"We want that education by which character is formed, strength of mind is increased, the intellect is expanded and by which one can stand on one's own feet"

This spirit should guide our intent and actions **IN SHAPING THE DESTINY OF THE COLLEGE**



**Rev Fr Dr A Rex Angelo SJ**

Principal (St Xavier's College-Jaipur)



# Management Team



**Rev Fr Dr Raymond  
Cherubin SJ**

Vice Principal  
(St Xavier's College-Jaipur)

I am very happy that St. Xavier's College is bringing out an exclusive news- letter of the NSS called "PARIVARTAN" an effort towards bringing out change in the society. This initiative of the College to bring out a newsletter of the NSS unit to document and present all the activities and programs in an academic year is commendable. The basic aim of NSS unit is to in still the idea of social service and responsibility in students. The NSS volunteers of St. Xavier's college have done exemplary work throughout the year ,I congratulate the Program Officer Dr. Pradeep Soni And all the volunteers for wing up to the proud reputation of the Unit.



# MESSAGE FROM NSS OFFICIALS

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In this eventful year, the NSS unit of St. Xavier's College Jaipur has tried its best to live up to the highest ideals of the NSS and its motto, "NOT ME BUT YOU", with its many activities; the unit has helped the enthusiastic volunteers to develop a deep sense of social and civic responsibility, practice national integration and social harmony.

From the beginning till now, the NSS unit of the college has been striving to achieve the main objective of providing opportunities for students to understand the community and to apply their education to finding practical solutions to the problems faced by individuals.

The NSS unit's release of the NSS newsletter "PARIVARTAN" serves as a treatment for the college's core values: Competence, Character and Compassion. It showcases the character-building approach that the college has adopted.

**SP Bhatnagar**

REGIONAL DIRECTOR  
NSS, RAJASTHAN

# MESSAGE FROM NSS OFFICIALS

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The NSS newsletter "PARIVARTAN", released by the NSS unit of St. Xavier's College, Jaipur, looks at the outlook of the college towards society. The various activities and initiatives taken by the unit during the academic year 2022-23 presented in the newsletter serve as a vision and motivation to the students as a part of society.

The college was honoured with the guidance of Shri Surendra Singh, an NSS Official who said, "...the greatest satisfaction is certainly brought through the gratitude expressed by the community. Seeing the immense change you have made for the public is another reward of social service, as you are the one people turn to for help and support. I am certain in the success and development of the quality of public education for our coming years."

**Shri Surendra Singh**

STATE COORDINATOR  
NSS, RAJASTHAN

# MESSAGE FROM NSS OFFICIALS



The release of the NSS newsletter "PARIVARTAN" by the NSS unit of St. Xavier's College, Jaipur takes a glance over the outlook of the college and the society. The various activities and initiatives taken by the unit during the academic year 2021-22 presented in the newsletter serves as a vision and motivation to the students as a part of a society. The college was honoured with the guidance of Shri Dharamveer Singh, NSS Coordinator.

"Social work as a profession strives to help the welfare of those within the community whether its person's or families through advocacy. We aim to help people fulfill basic needs in their everyday lives and assist them is our goal."

**Dharmendra Singh**

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STATE LIAISON OFFICER  
(NSS, RAJASTHAN)



# About the Institution

**St. Xavier's College, Jaipur, is a Jesuit college in Jaipur, Rajasthan, India. Established in 2010, it is a co-educational self-financed Catholic minority institution affiliated with the University of Rajasthan.**

**Like other Jesuit educational institutions, St. Xavier's College, Jaipur, aims to train young men and women who will grow up as creative leaders and responsible citizens committed to the service of the people.**

**The motto on the college crest: Competence, Character and Compassion, encodes the core values sought by the college, and challenges every student who passes through the portals of St. Xavier's College to realize in one's own life, the high ideals of the college, acquiring personal integrity and excellence in everything one does.**



# ABOUT NATIONAL SERVICE SCHEME (NSS)



**The National Service Scheme (NSS) is a Central Sector Scheme of the Government of India, Ministry of Youth Affairs & Sports. It provides opportunities to the student youth of 11th & 12th Class of schools at +2 Board level and student youth of Technical Institutions, Graduate & Post Graduate at an institutional level, to participate in various government-led community service activities and programmes.**



**When one plants a tree.  
They plant themselves.  
Every Root is an anchor,  
over which one Rests with  
Grateful interests, And  
becomes sufficiently calm  
to feel the joy of Living"**



## PLANTATION DRIVE



# EVENTS



**A SINGLE PINT  
CAN SAVE THREE  
LIVES  
A SINGLE  
GESTURE CAN  
CREATE A  
MILLION SMILES**

## BLOOD DONATION CAMP



**WORKSHOP ON BASIC LIFE SUPPORT**

**WORLD NO TOBACCO DAY CANCER PREVENTION WEBINAR**

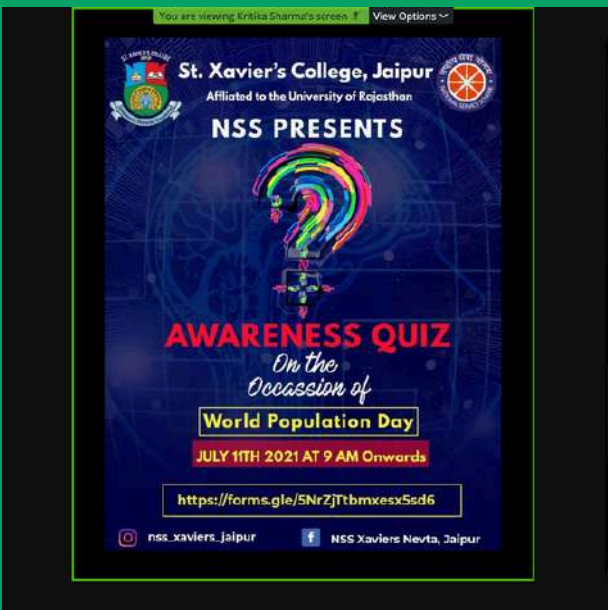
**NATIONAL SERVICE SCHEME DAY**





## DONATION DRIVE

**"GIVING IS NOT JUST ABOUT MAKING A DONATION IT IS ABOUT MAKING A DIFFERENCE"**



## QUIZ ON WORLD POPULATION DAY

**ENJOY THE FUTURE TOMORROW BY CONTROLLING THE POPULATION TODAY**

# A MESSAGE FROM PROGRAMME OFFICER

NSS is a voluntary association comprising young students from different backgrounds, working together to provide services to society selflessly. It aims to inculcate social welfare in students, along with building their overall personality. NSS volunteers work to provide support in natural and man-made disasters by supplying food, clothing, and first aid for the victims, arranging blood donation camps to fulfil the shortage of blood requirement in hospitals, and tree plantations to protect the environment and save our mother earth, cleanliness drives to encourage a hygienic and healthy life-style, Road-Safety-Awareness campaigns to spread awareness about the horrific consequences of road rage, street plays and awareness campaigns on the motto "Save Girl Child", and much more. During NSS Special Camps, a volunteer learns from people in villages, how to lead a content life despite a scarcity of resources, develops a sense of social responsibility & is sensitised to the issues that currently prevail in society. With the experiences from NSS, I am sure that all volunteers will learn how to lead a dignified life, and grow into socially and morally responsible citizens of the nation.



**Dr Pradeep Soni**  
NSS Program Officer

# 7 DAY NSS CAMP



From 22 March to 29 March, 2022, the National Service Scheme of St Xavier's College, Jaipur organized a seven-day camp with the theme of "Environment Enrichment and Conservation." The camp took place within the college premises and organized various exciting activities for the students.



## 7 DAY NSS CAMP SUMMARY

- DAY 1 (OPENING CEREMONY)
- DAY 2 (QUIZ AND CAPTION WRITING COMPETITION)
- DAY 3 (PLANTATION DRIVE)
- DAY 4 (POSTER MAKING COMPETITION)
- Day 5 (SANJEEVNI LIFE WORKSHOP)
- DAY 6 (YOGA SESSION)
- DAY 7 (BIRD FEEDER PLANTATION AND VALEDICTORY)





# CORE TEAM

2021-22

**Coordinator**

**Coordinator**

**Assistant Coordinator**

**Assistant Coordinator**

**Assistant Coordinator**

**Technical Head**

**Technical Head**

**Creative Head**

**Creative Head**

**Promotional Head**

**Promotional Head**

**Promotional Head**

**Discipline Head**

**Editorial Head**

Kritika Sharma

Abhishek Motish

Mohit Yadav

Vidushi Sharma

Abhay Bihani

Chetanya Maheshwari

Naman Jaitely

Aarushei Mathur

Nikhil Babani

Lakshay Lakhota

Arpit Mahalaha

Aman Kumawat

Harsh Chaudhary

Nisha Kumari

**Gurleen kaur**  
**NSS Coordinator(2019-20)**

"Wherever there is a human being there is an opportunity for kindness"

That's what NSS taught me, I remember enrolling as an NSS volunteer for the sake of an extracurricular certificate, but after our first NSS meeting I was connected to the meaning and motto of NSS and became more passionate about it with each passing day I noticed many changes in my life after joining NSS. Working with the NSS motto "NOT ME, BUT YOU" helped me develop my personality through community services that taught me discipline, teamwork, hard work, and punctuality I joined NSS to learn, but I didn't realize how quickly to learn became to lead and, from a volunteer I became an NSS coordinator, working with an enthusiastic team, Putting my efforts into organizing cleanliness drives, plantation drives, workshops, seminars, and awareness campaigns about various social issues transformed me into a completely different person I have learnt that selfless social service can bring a person closer to understanding the reality of our existence as social beings.

These enriching experiences that helped me stand out from the crowd will remain in my heart for the rest of my life. I hope that my juniors will imbibe the beautiful NSS spirit of building a self-reliant India

**Kritika Sharma**  
**NSS Coordinator(2021-22)**

As it is rightly said by M.K. Gandhi, "the best way to find yourself is to lose yourself in the service of others" Therefore, I found myself when I joined the National Service Scheme in my first year at St Xavier's college Jaipur. The journey of these three years from being an NSS volunteer to becoming the NSS coordinator has helped me become a better human being. I'm blessed and grateful that I got this opportunity under the mentorship of the NSS program officer Dr Pradeep Sons, who encouraged and supported me, I am also grateful that I got to work with such hard working core team members From discussions, planning, and organising events such as plantation drives, cleanliness drives, donations drives, blood donation camps, NSS 7 days Special Camp, seminars and webinars, awareness workshops, etc to motivating the students to participate in the activities, and contribute to the betterment of the nation, has been a learning experience. NSS gave me my identity in college and helped me stand out from the crowd and earned me the post of Vice President of Xavier's Students' Council. To all the students, as the NSS motto says "Not me but you" it's not me but you who can make the change by doing the ordinary things in an extraordinary way and make this world a better place to live in.



# Editor's Note

**In this amazing year full of events, the NSS unit of St. Xavier's College Jaipur has tried its level best to live up to the highest ideals of NSS and its motto "NOT ME BUT YOU". By organizing and participating in various activities, the unit has helped the enthusiastic volunteers to develop a deep sense of social re- sponsibility and social harmony, acquire leadership qualities and develop the capacity to meet emergen- cies and prevent complications in every field of life. In the academic year 2021-2022, the NSS unit of our college designed programmes under the theme, "Sustainable Environment". In that regard, pro- grammes on health issues, blood donation camps, donation drives, yoga sessions were conducted, Cen- tral government initiatives like Har Ghar Tiranga, Clean India-Green India etc. were also conducted. The NSS organized a 7 day NSS Special Camp in which almost all the volunteers participated and contributed towards the good cause for the environment.**



**Mohit Yadav**  
(Convenor)



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(Convenor)



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(Editor)



**Lakshya Lakhota**  
(Designer)



**Chetanya Maheshwari**  
(Designer)



START WHERE YOU ARE.  
USE WHAT YOU HAVE.  
DO WHAT YOU CAN.

Arthur Ashe

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