

Common Name: Saplara

Schefflera Arboricola

Order: Apiales

Family: Araliaceae

Genus: Schefflera

Species: Arboricola



DESCRIPTION

- It is a species of flowering plant
- It is native to Mexico, Central America, and northern South America, and naturalized in other parts of North and South America as well as in Europe, Asia, and Australia
- The plant height varies from 30–210 cm. The original and its cultivars appear in shades of yellow, orange, and red.
- Young shoots are eaten raw or cooked in Indonesia
- The flowers are a dye, producing an orange-yellow dye, used in pre-Columbian America and later in southern Africa to dye wool.
- In Thailand, they are consumed in salads or herbal tea with the effect of inhibiting pancreatic lipase