

Shatavar

Asparagus racemosus

Order:
Asparagales

Family:
Asparagaceae

Genus:
Asparagus

Species:
racemosus



MORPHOLOGY

- Extensive scandent undershrub
- Long erect and decurved spine
- Root modified
- Branches modified into cladode

USES

- In blood dysentery,
- epilepsy,
- haematuria,
- nocturnal emission

CHEMICAL COMPOSITION

- Shatavarins (including Shatavarin I, Shatavarin IV, etc.)
- Asparagamine A
- Racemosol
- Racemoside
- Polysaccharides

MEDICINAL PROPERTIES

- Antioxidant

ACTIVE PHYTOCHEMICALS

- Asparagamine A,
- steroidal saponins,
- isoflavones