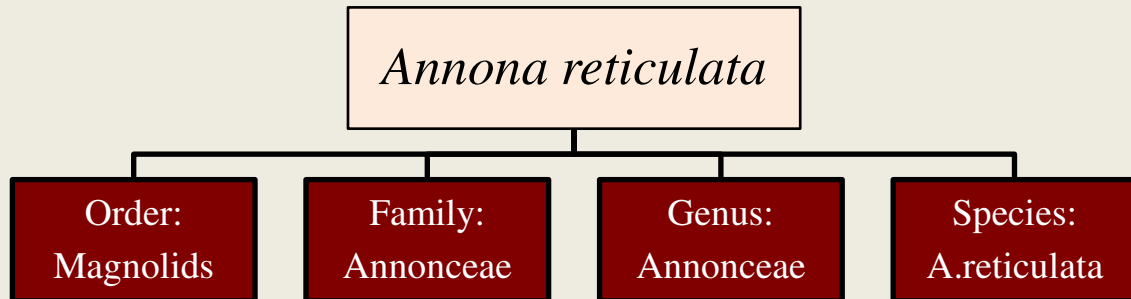


Name: Sitaphal



DESCRIPTION

- It is a small deciduous or semi-evergreen tree reaching 8 metres (26 ft) to 10 metres (33 ft) tall
- It is a native of the Caribbean and Central America,
- It is high in fibers, which helps digestion, prevents constipation, and detoxifies our body.