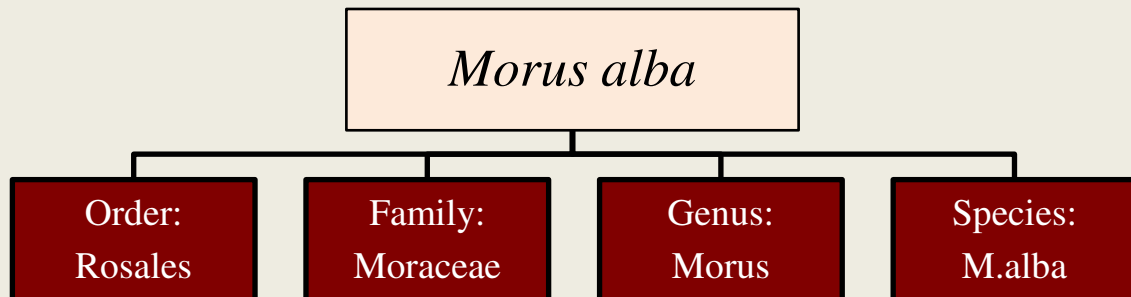


## Name: Shahtoot



## DESCRIPTION

- *Morus nigra* is a deciduous tree growing to 12 metres (39 feet) tall by 15 m (49 ft) broad.
- Black mulberries (*Morus nigra*) are thought to have originated in the mountainous areas of Mesopotamia and Persia.
- It is a good source of antioxidants, supports healthy blood sugar level and supports digestive health