

## ST. XAVIER'S COLLEGE JAIPUR

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India

Affiliated to the University of Rajasthan Approved under Section 2(f) &12(B) of the UGC Act, 1956 A Christian Minority Jesuit Institution





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## CELEBRATION OF NATIONAL NUTRITIONAL WEEK (2<sup>nd</sup> to 6<sup>th</sup> September 2024)

The Department of Science at St. Xavier's College, Jaipur, in collaboration with the Greening Education Partnership UNESCO, cordially invites all students, faculty, and staff to participate in the celebration of National Nutrition Week. The theme for this year, 2024, is "Nutritious Diets for Everyone," which aligns with the United Nations' Sustainable Development Goals.

National Nutrition Week serves as an important reminder to prioritize nutrition in our daily lives. Making informed food choices and adopting healthy eating habits can improve our overall well-being and help prevent diet-related diseases.

To commemorate this occasion, there will be informative displays highlighting various nutrients in the front portico and outside Room No. 110. Additionally, a facility to measure Body Mass Index (BMI) will be available on 5th September. A special sale of nutritious foods, including custard fruit, soup, herbal tea, and ragi porridge, will take place on 6th September.

Your participation and support are essential to the success of this event. We encourage everyone to join us in promoting the importance of nutrition and healthy living.

## For more information, kindly contact:

Sr. Dr. Ligimol Louis CMC (Head, Dept. of Science) (<a href="ligimollouis@sxcjpr.edu.in">ligimollouis@sxcjpr.edu.in</a>)
Dr. Senthil Kumar S & Dr. Juniet Maria Jose (Faculty Coordinators)
Aryan Jat and Tanisha Yadav (Student Coordinators)

**Acting Principal** 

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## Copy forwarded to the following for information and necessary action:

- 1. Vice-principal, St. Xavier's College Jaipur
- 2. Heads of all the Departments, St. Xavier's College Jaipur
- 3. Website Coordinator, St. Xavier's College Jaipur
- 4. Principal Office, St. Xavier's College Jaipur