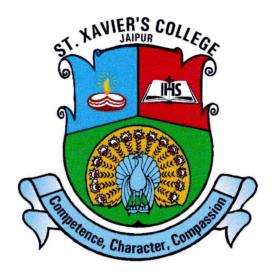
ST. XAVIER'S COLLEGE JAIPUR

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India

Affiliated to the University of Rajasthan Approved under Section 2(f) & 12(B) of the UGC Act, 1956



COURSE OUTCOMES

Value Added Course (VAC)

PART I & II

(Sem I, II & III)

(As Per NEP 2020)

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Part I & II - Semester I, II & III Value Added Course

VAC-51F-101/VAC-52F-101: Anandam-I VAC-63F-201/VAC-64F-201: Anandam-II

VAC-63F-201/VAC-64F-201: Anandam-II		
The lear	rner will be able to:	
CO 1.	Identify key concepts of giving, sharing, and social responsibility essential for creating a supportive and healthy society.	K
CO 2.	Observe the relationship between community participation and the development of personal and social well-being.	Ū
CO 3.	Demonstrate the ability to implement acts of caring and sharing through active engagement in community service initiatives	U
CO 4.	Analyse societal challenges to identify areas where community participation can bring meaningful change and contribute to social welfare	Р
CO 5.	Formulate innovative ideas and collaborative strategies to promote community engagement and foster a culture of empathy and responsibility	S
CO 6.	Critically evaluate the impact of personal and collective actions in community initiatives, reflecting on their effectiveness in creating positive societal change	Е



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Part I - Semester II Value Added Course

	VAC-51T-102/VAC-52T-102: Digital Enhancement	
The learner will be able to:		
CO 1.	Outline the core concepts, tools, and techniques in digital enhancement, including image, audio, and video processing.	K
CO 2.	Review the quality of digital media and identify enhancement needs based on technical and aesthetic criteria.	U
CO 3.	Apply industry-standard tools and technologies, including AI and machine learning techniques, to enhance the quality of digital media effectively.	P
CO 4.	Solve real-world challenges in multimedia production by implementing advanced enhancement solutions and optimising content for diverse platforms.	P
CO 5.	Organise and collaborate effectively in team settings, practice ethical decision-making in digital media creation, and demonstrate awareness of sustainable practices in digital workflows.	S
CO 6.	Evaluate the outcomes of digital enhancement processes, ensuring alignment with professional standards and project goals.	E

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Part I - Semester I Value Added Course

VAC-51T-104/VAC-52T-104: Nutrition for Health and Fitness

The learners will be able to Outline the importance of physical activity and its effect on K CO 1. health and wellness Elaborate on nutrition and its effect on health and wellness U CO 2. Demonstrate the values of conscious and correct eating P CO 3. habits Analyse the negative outcomes of processed foods and A CO 4. their effects on health & wellness Develop a healthy attitude towards physical well-being S CO 5. Evaluate the basic understanding of nutrition and physical E CO 6. fitness in daily routine.

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Part I - Semester I Value Added Course

VAC-51T-108: National Service Scheme (NSS-I)

The learners will be able to:

CO 1.	Outline the philosophy, objectives, and organisational structure of NSS	K
CO 2.	Evaluate the concept and methodology of NSS activities, camps, and surveys	Е
CO 3.	Design surveys and awareness programmes on key societal issues	S
CO 4.	Analyse societal challenges and design effective NSS interventions	A
CO 5.	Evaluate the impact of youth development programmes and government schemes	Е
CO 6.	Develop collaborations with agencies for community and youth initiatives	S
CO 7.	Elaborate on cultural heritage and unity through integration and exchange programmes	U
CO 8.	Assess and enhance the impact of NSS activities on society	Е

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Part I - Semester I Value Added Course

VAC-51T-106: National Cadet Corps (NCC)-I

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The learners will be able to:		Cognitive (C), Psychomotor (P) & Affective (A) Domains
CO 1.	Analyse various leadership styles through leadership camps and command tasks to develop effective decision-making, teamwork, and problem-solving abilities.	Analysis (C)
CO 2.	Apply principles of discipline and time management in balancing academic and NCC commitments.	Application (C)
CO 3.	Perform drill exercises, sports, and adventure activities to enhance physical endurance and agility.	Responding (A)
CO 4.	Develop empathy and a sense of civic responsibility through active participation in social service activities	Synthesis (C)
CO 5.	Participate in cultural exchange programs and activities that foster national unity.	Valuing (A)
CO 6.	Perform public speaking and other personality development tasks effectively.	Responding (A)
CO 7.	Act and assist during crises.	Internalising (A)
CO 8.	Practice ethical behaviour in all NCC and personal activities.	Responding (A)
CO 9.	Evaluate team-based exercises and NCC tasks.	Evaluation (C)
CO 10.	Participate in eco-friendly initiatives like tree plantation drives and clean-up campaigns	Valuing (A)

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Part I - Semester II Value Added Course

VAC-52T-111: National Service Scheme (NSS-II)

The lea	rners will be able to:	
CO 1.	Recall the fundamental rights, consumer rights, and youth leadership principles to understand their importance in societal contexts.	K
CO 2.	Explain the role of youth in promoting gender equality, social harmony, and national building through leadership and volunteerism.	U
CO 3.	Demonstrate first aid techniques, traffic awareness, and self-defense strategies to address real-world emergencies effectively.	P
CO 4.	Examine the interconnections between health, hygiene, environmental protection, and societal well-being to promote sustainable development.	A
CO 5.	Assess the effectiveness of youth development programs at district, state, and national levels to suggest improvements.	Е
CO 6.	Design youth-led initiatives addressing societal issues like gender inequality, environmental degradation, and health awareness through collaborative efforts.	S
CO 7.	Interpret Indian history and culture to develop strategies that promote unity and inclusiveness in diverse communities.	U
CO 8.	Critique the National Youth Policy and state-level schemes to recommend better implementation strategies for youth empowerment.	S

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Part I - Semester II Value Added Course

VAC-52T-110: National Cadet Corps (NCC)-II

	1	-,
The learners will be able to:		Cognitive (C), Psychomotor (P) & Affective (A) Domains
CO 1.	Perform leadership tasks, including drills and command assignments, with precision and confidence.	Responding (A)
CO 2.	Elaborate on the significance of discipline and time management in personal and professional settings.	Understanding (U)
CO 3.	Ensure the importance of physical fitness in enhancing endurance, strength, and agility.	Analysis (C)
CO 4.	Elaborate on community service activities, demonstrating empathy and a sense of civic responsibility.	Understanding (U)
CO 5.	Participate in activities promoting cultural exchange and national unity.	Valuing (A)
CO 6.	Demonstrate self-confidence by overcoming fears and challenges.	Application (C)
CO 7.	Show responsibility and composure during crises.	Receiving (A)
CO 8.	Distinguish between ethical and unethical behaviour in various situations.	Understanding (C)
CO 9.	Elaborate on respect for diversity and individual contributions.	Understanding (C)
CO 10.	Participate in environmental conservation projects, such as tree planting and clean-up drives.	Valuing (A)

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Part II - Semester III Value Added Course

VAC-63F-204: National Service Scheme - III

The learne	ers will be able to:	
CO 1.	Elaborate on the importance of hygiene and sanitation and evaluate government initiatives for public health	U
CO 2.	Summarise the role of yoga and meditation in managing mental health challenges like stress and anxiety	U
CO 3.	Analyse the historical evolution of yoga and its contributions to personal and societal well-being	Α
CO 4.	Apply Ayurvedic dietary principles for managing health and promoting balanced lifestyles	P
CO 5.	Develop strategies for sustainable waste management and conservation of natural resources	S
CO 6.	Evaluate the environmental and economic benefits of biodiesel and green building practices	E
CO 7.	Elaborate on Dincharya, Ritucharya, and other Ayurvedic principles routines for holistic health	U
CO 8.	Illustrate the vision of a developed India by promoting Yoga, Ayurveda, and sustainable practices	P

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Part II - Semester III Value Added Course

VAC-52T-110: National Cadet Corps (NCC)-II

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The learners will be able to:		Cognitive (C), Psychomotor (P) & Affective (A) Domains
CO 1.	Elaborate on the historical context of India's freedom struggle and the challenges of national integration	Evaluation (C)
CO 2.	Develop a sense of responsibility towards national and community welfare.	Synthesis (C)
CO 3.	Practice effective communication techniques, including verbal skills and body language.	Responding (A)
CO 4.	Identify and analyze social issues like drug abuse, terrorism, and corruption, along with civic responsibilities.	Knowledge (C)
CO 5.	Review social evils such as dowry and child trafficking, and explain legal frameworks like RTI, RTE, and the Protection of Children from Sexual Offenses Act 2012.	Knowledge (C)
CO 6.	Evaluate the basic structure and function of the human body, with a focus on hygiene, sanitation, and disease prevention.	Evaluation (C)
CO 7.	Apply practical knowledge in-home nursing and first aid to handle emergencies effectively.	Application (C)
CO 8.	Recognize the importance of physical and mental health for overall well-being.	Knowledge (C)
CO 9.	Practice yoga and exercises to integrate wellness into daily life.	Responding (A)

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Part II – Semester III

VAC-63T-210/VAC-64T-210: Electoral Literacy

The learners will be able to:

CO 1.	Define the election system and the process of election in India	K
CO 2.	Explain the procedural steps involved in voter registration in India.	U
CO 3.	Acquire a sense of responsibility by actively and informedly participating in democratic processes.	P
CO 4.	Analyse barriers to voter participation and design strategies to address them.	Α
CO 5.	Develop the ability to engage in lifelong learning and critically analyse political and electoral issues in India	S
CO 6.	Evaluate the significance of free and fair elections and identify potential threats to election integrity.	Е

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