



ST. XAVIER'S COLLEGE JAIPUR

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India

*Affiliated to the University of Rajasthan
Approved under Section 2(f) & 12(B) of the UGC Act, 1956
A Christian Minority Jesuit Institution
An ISO 14001:2015 Certified Institution*

Ref.: SXCJ/ACAD/MHCC/2024-25/1745

5 December 2024

Certificate Course in Psychological First Aid

This is to inform all Sem 3 students of BA Honours (Psychology), that the Mental Health and Counselling Cell (MHCC) in collaboration with The Department of Psychology of St. Xavier's College Jaipur is organizing a 30 hours training and certificate course on Psychological First Aid (PFA).

Getting trained in **Psychological First Aid (PFA)** will provide you with a set of skills and interventions designed to help individuals in the immediate aftermath of a traumatic event. This training will help you with getting **better employment opportunities** as it aims to train you in skills that can help reduce initial distress, foster short- and long-term adaptive functioning, and provide support to a victim. PFA providers bridge the gap between the aftermath of a traumatic incident and getting professional help. This training will also enrich the area of developing professional ethics in the field of mental health.

PFA is not therapy but rather a supportive response to individuals in crisis.

Certificate of completion will be provided if the following conditions are satisfied:

1. The candidate completes at least 5 classes or minimum 10 hours of offline training.
2. Active classroom participation.
3. Performance in the Exit Test.

The exit test will be conducted after the completion of the training and will consist of an **online test**.

The trainer for this certificate course will be **Ms. Sanbrita Acharya**, College Counselor and Certified PFA Provider and Trainer.

For further details, kindly contact:

Ms. Sanbrita Acharya (sanbritaacharya@sxcipr.edu.in)

College Counselor


Principal
St. Xavier's College, Jaipur
Nevta-Mahapura Road, Jaipur

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Copy forwarded to the following for information and necessary action:

1. Vice-principal, St. Xavier's College Jaipur
2. Coordinator, MHCC, St. Xavier's College Jaipur
3. Heads of all the Departments, St. Xavier's College Jaipur
4. Website Coordinator, St. Xavier's College Jaipur
5. Principal Office, St. Xavier's College Jaipur