



ST. XAVIER'S COLLEGE JAIPUR

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India

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Ref: SXCJ/ACAD/LSEAC/2024-25/1895

07 January 2025

Interactive Session on Emotional Intelligence in Action

Department of Psychology in collaboration with Life-skill Enhancement & 'Aanandam' Cell (LSEAC) is organising an **Interactive Session on Emotional Intelligence in Action: Unlocking the Potential for Personal Growth and Success** on 10 January 2025. The Resource Person of the session will be Mr. Arpit Sharma, Founder, Mano Matrix Counselling Services & Mental Wellness Centre, Jaipur, Rajasthan.

The details of the event are as follows:

Date: 10 January 2025

Time: 12:15 PM

Venue: Conference Room

For further details, kindly contact:

Ms. Nupur Chauhan (nupurchauhan@xscjpr.edu.in)

Dr. Ekta Puri (ektapuri@xscjpr.edu.in)


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Copy forwarded to the following for information and necessary action:

1. Vice-principal, St. Xavier's College Jaipur
2. Coordinator, LSEAC, St. Xavier's College Jaipur
3. Heads of all the Departments, St. Xavier's College Jaipur
4. Website Coordinator, St. Xavier's College Jaipur
5. Principal Office, St. Xavier's College Jaipur