



St. Xavier's College Jaipur

(Affiliated to the University of Rajasthan, Jaipur)
Accredited with A Grade by NAAC (First Cycle, 2024)
An ISO 14001:2015 Certified Institution



Ref: SXCJ/ACAD/COUNSEL/2024-25/2386

24 March 2025

Confidential Psychological Counseling Services

As we embark on a new semester, we recognize that new responsibilities can sometimes bring challenges that may affect mental well-being. Adjusting to academic and personal demands can be overwhelming, and it is important to seek support when needed.

To facilitate a smooth transition and promote mental wellness, the college offers **confidential psychological counseling services** for anyone in need. New appointment slots are now available, and we encourage you to make use of this resource.

To book a session, please click on the following link: [Session Booking](#).

Prioritizing mental health is essential for personal and academic success. Do not hesitate to reach out for support.

For details, kindly contact:

Ms. Sanbrita Acharya (College Counselor)

Email: sanbritaacharya@xscjpr.edu.in

Contact: 9804768961

Principal
St. Xavier's College, Jaipur
Nevta-Mahapura Road, Jaipur

Ref.: SXCJ/ACAD/COUNSEL/2024-25/2387-2391

Copy forwarded to the following for information and necessary action:

1. Vice-principal, St. Xavier's College Jaipur
2. College Counselor, St. Xavier's College Jaipur
3. Heads of all the Departments, St. Xavier's College Jaipur
4. Coordinator, Website Committee, St. Xavier's College Jaipur
5. Principal Office, St. Xavier's College Jaipur