



St. Xavier's College Jaipur

(Affiliated to the University of Rajasthan, Jaipur)
Accredited with A Grade by NAAC (First Cycle, 2025)
An ISO 14001:2015 Certified Institution



Ref: SXCJ/ACAD/IKS/2025-26/0427

01 September 2025

Nutrition Survey – National Nutrition Day 2025

In line with National Nutrition Week 2025 – Eat Right for a Better Life, the **Department of Science** in Collaboration with **Sustainable Development Cell** and **Sanskriti-Indian Knowledge System Cell** is conducting a Nutrition Survey among the students and Staff of St. Xavier's College Jaipur. The objective of this survey is to:

- Assess the dietary habits and nutrition awareness of students.
- Identify challenges faced in adopting a healthy diet.
- Collect suggestions for improving healthy food options in the college canteen.
- Connect modern nutrition with traditional Indian Knowledge Systems (IKS) such as Ayurveda, seasonal eating, and the use of millets.

This survey is aligned with SDG 2: Zero Hunger, SDG 3: Good Health and Well-Being, and SDG 12: Responsible Consumption and Production and IKS: Ayurveda & Ahara (Dietary Science), Ritu Charya (Seasonal Eating), Millets and Traditional Grains.

Date: 03 September 2025

Time: 8:55 AM

Venue: Respective Class Rooms



Note: Faculty members taking the first period are requested to display the survey QR code on the projector screen at 8:55 AM to enable students' active participation.

All students are encouraged to actively participate in this survey either by clicking on this [Link](#): or scanning the QR code. Your valuable feedback will help us in designing better health and nutrition initiatives on campus.

For more information, kindly contact:

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Copy forwarded to the following for information and necessary action:

1. Vice-principal, St. Xavier's College Jaipur
2. Coordinator, IKS, St. Xavier's College Jaipur
3. Heads of all the Departments, St. Xavier's College Jaipur
4. Coordinator, Website Committee, St. Xavier's College Jaipur
5. Principal Office, St. Xavier's College Jaipur