



# St. Xavier's College Jaipur

(Affiliated to the University of Rajasthan, Jaipur)  
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Ref: SXCJ/ACAD/DPSY/GARVKEDIN/2025-26/1912

21/01/2026

## Garv Ke Din

### Donation Drive and Awareness Session on Menstrual Health and Hygiene

On the occasion of **National Girl Child Day**, **Department of Psychology** in collaboration with **ISREAC/Unnat Bharat Abhiyan (UBA)**, is organising a **Social Extension Activity** titled "**Garv Ke Din (Third Edition): Donation Drive and Awareness Session on Menstrual Health and Hygiene**" as part of its **community outreach initiatives**, with the aim of promoting awareness regarding **menstrual health, hygiene practices, and reproductive well-being**, among **school-going girls**, and encouraging **open, informed, and stigma-free discussions** on menstrual health.

The Resource Person of the event will be Ms. Reena Masih Singh, Regional Director, Search Foundation, Jaipur.

This event also aligns with the **United Nations Sustainable Development Goal (SDG) 3: Good Health and Well-being**, highlighting the significance of good health and well-being.

#### The details of the event are as follows:

- **Date:** 24 January 2026
- **Time:** 11:00 AM
- **Venue:** Upper Primary Government School, Lalya Ka Bas

#### For further queries, kindly contact:

- Ms. Vatsala Sharma ([vatsalasharma@xscjpr.edu.in](mailto:vatsalasharma@xscjpr.edu.in))
- Dr. Mamta Pareek ([mamtapareek@xscjpr.edu.in](mailto:mamtapareek@xscjpr.edu.in))  
(UBA Cell Coordinator)
- Dr. Priya Sahrawat ([priyasahrawat@xscjpr.edu.in](mailto:priyasahrawat@xscjpr.edu.in))  
(Head, Department of Psychology)

Ref: SXCJ/ACAD/DPSY/GARVKEDIN/2025-26/1913-1917

#### Copy forwarded to the following for information and necessary action:

1. Vice-principal, St. Xavier's College Jaipur
2. Coordinator, UBA, St. Xavier's College Jaipur
3. Heads of all the Departments, St. Xavier's College Jaipur
4. Coordinator, Website Committee, St. Xavier's College Jaipur
5. Principal Office, St. Xavier's College Jaipur

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*"To create men and women for others"*

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