



St. Xavier's College Jaipur

(Affiliated to the University of Rajasthan, Jaipur)
Accredited with A Grade by NAAC (First Cycle, 2025)
An ISO 14001:2015 Certified Institution



Ref: SXCJ/ACAD/DPSY/FIELDVISIT/2025-26/2263

10/03/2026

Mind in Action: The Umang Field experience

The **Department of Psychology**, in collaboration with the **Mental Health and Counselling Cell (MHCC)**, is organizing **Mind in Action: The Umang Field Experience**.

The visit aims to provide students with practical exposure to rehabilitation services and to help them gain a deeper understanding of the functioning of institutions working with persons with disabilities. The visit also aligns with the objectives of **Sustainable Development Goal 3 (Good Health and Well-being)** and **Sustainable Development Goal 10 (Reduced Inequalities)** by promoting awareness about mental health, rehabilitation, and inclusive support for persons with disabilities.

Date: 16 March 2026

Time of Departure: 8:45 A.M.

Venue: Umang - Resource Centre for Persons with Disability

All participating students are requested to submit the hard copy of the attached consent form duly signed by their parents to their respective class mentors by 13 March 2026. The students are requested to assemble at the **Front Portico at least 15 minutes prior to the departure time**.

For further queries, kindly contact:

Ms. Nishita Sharma (nishitasharma@sxcjpr.edu.in)

Dr. Priya Sahrawat (priyasahrawat@sxcjpr.edu.in)

(Head, Department of Psychology)

Principal

St. Xavier's College, Jaipur
Nevta-Mahapura Road, Jaipur

Ref: SXCJ/ACAD/DPSY/FIELDVISIT/2025-26/2264-2267

Copy forwarded to the following for information and necessary action:

1. Vice-principal, St. Xavier's College Jaipur
2. Heads of all the Departments, St. Xavier's College Jaipur
3. Coordinator, Website Committee, St. Xavier's College Jaipur
4. Principal Office, St. Xavier's College Jaipur

"To create men and women for others"

Nevta - Mahapura Road, Jaipur - 302029, Rajasthan, India Tel: +91 9828726366, 9571077348

Email: info@sxcjpr.edu.in Website: www.sxcjpr.edu.in