



ST. XAVIER'S COLLEGE JAIPUR

AFFILIATED TO THE UNIVERSITY OF RAJASTHAN
ACCREDITED WITH A GRADE BY NAAC (FIRST CYCLE, 2025)
AN ISO 14001:2015 CERTIFIED INSTITUTION



DEPARTMENT OF PSYCHOLOGY

Comprehensive Curriculum involving a
blend of Theory & Practice

Wide Range of Opportunities for
Research & Internships

Regular Workshops, Expert lectures and
Industrial visits

Mental Health and Counselling Cell

ADMISSIONS OPEN

+91 63754 33912
+91 98287 26366

admission.psyh@xscjpr.edu.in

<https://xscjpr.edu.in>

psychologydepartment_mhcc

<https://xscjpr.edu.in/departments/department-of-psychology/>

Course Offered:

BA PSYCHOLOGY 3 Year/ 4 Year (Honours) Degree





ABOUT THE DEPARTMENT

The Department of Psychology at St. Xavier's College Jaipur, is a vibrant academic space dedicated to shaping thoughtful, ethically grounded, and future-ready individuals. Blending theory with meaningful real-world engagement, the department cultivates critical thinking, research acumen, and a deep understanding of human behaviour in diverse personal, social, and professional contexts.

Vision

The Department of Psychology envisions to be an internationally recognized leader in the field of psychology education, research, and professional services.

Mission

- To provide comprehensive psychological education integrating theory, research, and practice that fosters critical thinking, problem-solving, and ethical values.
- To promote activities bridging academic research with everyday life that nurtures intellectual curiosity and holistic development.
- To create a collaborative and inclusive learning environment aiming to cultivate professional values, social responsibility, cultural sensitivity, and global citizenship.
- To raise awareness about mental health, counter stereotypes and stigma, and remain at the forefront of psychological education to meet evolving professional and societal needs.

BEST PRACTICES OF DEPARTMENT OF PSYCHOLOGY:

- Mentorship By Faculty & Alumni
- Research Projects & Workshops
- Add On Certificate Courses and Bridge Course
- Field Visits (Experiential Learning)
- PsycheConnect Society (DPSY Student Body)
- InPsych (Annual Department Fest: Flagship Event)
- InQuizitive (International Level Psych Quiz competition)
- Garv Ke Din (Social Outreach Extension Activity)
- Mental Health Awareness Drives



Understand Minds. Transform Lives. Build Tomorrow.

CERTIFICATE & ADDITIONAL COURSES

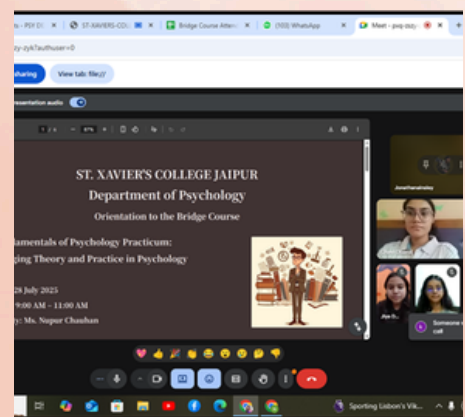
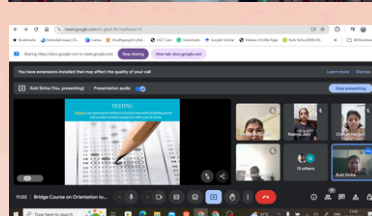
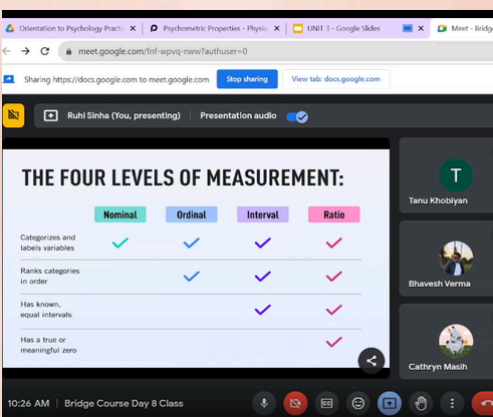
CERTIFICATE COURSES



Beyond the Curriculum!

Learn beyond the classroom through our annual certificate courses: **Science of Happiness (2021–22)**, **Psychotherapy: Expert & Advanced Level (2022–23)**, **Psychological First Aid Training (2024–25)**, and **Forensic Psychology (2025–26)**.

BRIDGE COURSE



Bridging the Gap, Building the Future!

Building strong foundations through annual Bridge Courses in **Elementary Statistics (2022–23)**, **Research Methodology (2023–24)**, **Orientation to Psychology Practicum (2024–25)**, and **Fundamentals of Psychology Practicum (2025–26)**.



DEPARTMENT HIGHLIGHTS



**Mental Health and
Counselling Cell (MHCC):**
Caring for Minds, Nurturing
Well-Being



InPsych-Annual Department Event:
Celebrating Creativity & Community



**InQuizitive Quiz
Competition:**
Sharpening Minds and
Knowledge



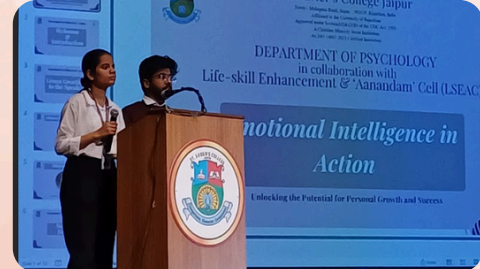
Psychometric Assessment:
Empowering with the
Deeksharambh Workshop



**Research Presentations &
Publications:**
Fostering Academic
Excellence



Faculty Development Programme:
Continuous Professional Growth



Mental Health Awareness Drives:
Advancing Mental Health Literacy
and Dialogue



Extension Activities:
Community Impact - 'Garv ke Din'
and Perinatal Health Awareness
Initiatives



PsycheConnect Society:
Empowering Student
Leadership & Department
Council



EMINENT GUESTS



Ms. Mimansa Tanwar
Clinical Psychologist
Fortis Healthcare



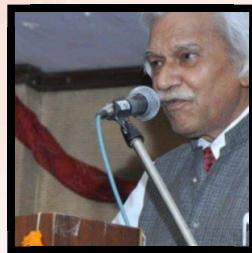
Dr. Raghav Shah Director
Department of Psychiatry and
De-Addiction Rajasthan
Hospital



Dr. Sudhesh N.T.
Assistant Professor,
Christ University



Rev. Fr. Bala Bollineni SJ
Counselling Psychologist and
Founder-Director, Yes-J



Dr. Dwarka Prasad
Professor (Clinical
Psychology), PGIMER



Dr. Arpit Sharma
Founder & Director
Mano Matrix Counselling
Services and Mind Wellness
Centre



Ms. Krupa Nishar
Forensic Psychologist



Ms. Deepak Kalra
Founder, Umang
Foundation



Dr. Deepika Meena
Clinical Psychologist,
NIMHANS



Dr. Manisha Sharma
Director, Think Well
Counselling & Mind Wellness
Centre



Dr. Vandana Choudhary
Child Psychologist,
Juvenile Justice Board,
Jaipur



Dr. Bharti Khunteta
Director (Administration)
Disha Foundation



DEPARTMENT ACHIEVERS



Aish Kaur Sidhu

Department Topper of BA Psychology I Year with 86.16%



Yash Mathur

Published Book Chapter in Scopus Indexed Book & Research Paper in UGC-CARE Listed Journal (JIAAP)



Bhavesh Verma

Represented the College at World Mental Health Day (RIC Sitapura) and the "Talk with CM" Pre-Budget Consultation on Mental Health Initiatives, Rajasthan.



Aayush Sharma

CATC Participant- Silver Medalist in 1.6 km Race and Drill Competition; Completed 10 km Green Fit Marathon



Geetashree Rathore

Certified for Presentation at National Symposium on Envisaging Viksit Bharat @2047



Bhagyashikha Vashishth

Awarded Best Paper at ICONSDG 2025; Book Chapter Published



Riya Sharma

Achieved SWAYAM Elite Certification in Neurobiology



Harshita Lakhani

Awarded Best Paper at ICONSDG 2025; Book Chapter Published



Yuvraj Soni

Research Presentations at Shia P.G. College & Sharda University; SWAYAM-NPTEL Silver in Sports Psychology



Hummir Singh Shekhawat

Gold in Swimming Relay & Silver in Extempore Speech at Annual Training NCC Camp

DEPARTMENT ACTIVITIES

INPSYCH ANNUAL DEPARTMENT FEST



Celebrating Psychology, Inspiring Change!

Every year, InPsych brings the spirit of World Mental Health Day to life through the WHO theme, creating a vibrant platform to celebrate psychology, ignite meaningful conversations, and champion mental well-being. Together, we inspire awareness, empathy, and positive change in our community.

INQUIZITIVE



Challenge Your Mind, Discover Psychology!

Our Annual International-Level Psychology Quiz encourages students of Classes XI and XII to explore the fascinating world of psychology, understand its relevance in everyday life, and showcase their knowledge while competing with peers from across the globe.





GARV KE DIN

Raising Awareness, Breaking Stigma, and Supporting Menstrual Well-Being



PERINATAL HEALTH AWARENESS SESSION

Creating awareness about maternal health, prenatal care and the importance of support for mothers and babies.

RESEARCH SYMPOSIUMS

Encouraging curiosity, critical thinking and academic excellence through research presentations and discussions.



FIELD VISITS

Experience Psychology in Action: Through carefully curated field visits, students gain practical exposure to diverse psychological settings, bridging theory with practice while fostering empathy, critical thinking, and professional competence.



PsycheConnect Society

Connect. Collaborate. Create Impact.



ABOUT PSYCHECONNECT SOCIETY

PsycheConnect Society is the student body of the Department of Psychology that promotes collaboration, leadership, teamwork and inclusive academic environment.

🕒 The society organizes workshops, competitions, outreach activities, and events to promote creativity, peer learning, and student participation.

🤝 PsycheConnect Society strengthens student-faculty collaboration while promoting communication, and leadership among students, helping them grow into confident and responsible individuals.

Mental Health & Counselling Cell



The Mental Health and Counselling Cell fosters a safe and supportive space that empowers students to prioritize mental well-being, seek support, and grow with resilience and confidence.



STUDENT TESTIMONIALS



As a BA Honours Psychology student, I have gained valuable skills and confidence through the constant support and guidance of our experienced faculty. Their understanding and encouragement have helped me grow both personally and professionally.

- Kanishka Jain
(2020-23)



In all my years spent studying Psychology, I have been blessed with friends who turned into family and professors who will remain an inspiration for a lifetime. Along with quality education, the care, attention, and opportunities provided helped us grow both academically and beyond the classroom.

- Muskan Malkani
(2020-23)

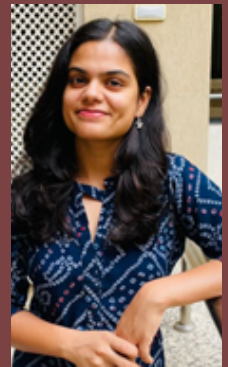
The Department of Psychology has been an exemplary milestone in boosting my journey towards the domain of psychology. With the help of wide-arrayed resources and faculty members, the subject has gained a new perspective and clarity. Truly grateful to be a part of this successful endeavour in expanding the horizons of the field.

- Lakshay Shukla
(2021-24)



The moment I entered the halls of the college, I knew I was home. There's an unexplainable warmth and joy among the faculty, students, and the ambience that inspires me to attend classes, meet new people, and use Xavier's resources to become the best version of myself.

- Prapti Jain
(2021-24)



The Department of Psychology has been a great influence on me, helping me grow academically, professionally, and personally. The faculty constantly organizes engaging programs that enhance our practical understanding of the field, making my journey here truly memorable.

- Yashvardhan Sharma
(2021-24)



Graduating from the Department of Psychology at St. Xavier's College Jaipur was a journey of immense personal and professional growth. With constant support from the faculty, I gained confidence, practical skills, leadership experience, and opportunities that shaped both my academic and personal journey.

- Yash Mathur
(2022-25)

My experience at St. Xavier's College Nevta has been truly memorable. The supportive teachers, positive environment, and opportunities like being part of the college council helped me grow academically, personally, and as a leader.

- Vrinda Chaturvedi
(2022-25)



KNOW YOUR FACULTY



Dr. Priya Sahrawat (HoD)

Ph.D. UGC-NET, M.A. (Psychology),
B.A. (Hons.) Psychology



Dr. Nupur Chauhan

Ph.D., M.Phil., UGC-NET- JRF, M.A.
(Psychology), B.A. (Hons.) Psychology



Ms. Vatsala Sharma

Ph.D (Pursuing), UGC-NET, GATE XH-
C5., M.Sc. (Psychology), B.Sc. (Psychology)



Ms. Nishita Sharma

UGC-NET JRF, GATE XH-C5. M.A.
(Psychology) , B.Sc. (Psychology)

STUDENT PROGRESSION



Muskan Malkani

M.Sc. Business
Psychology
University of
Manchester, London



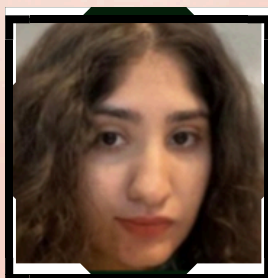
Dharna Juneja

M.A. Psychology
Christ University,
Bangalore



Jesbina Deffin Mathew

M.Sc. Psychology
Anglia Ruskin University,
London



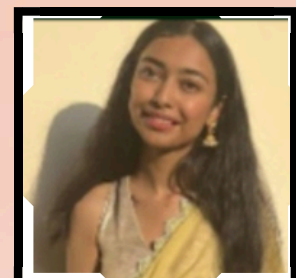
Palaq Dixit

M.Sc. Applied
Psychology
NMIMS, Mumbai



Rohan Upadhyaya

M.A. Psychology
Christ University,
Bangalore



Suhani Khandelwal

M.Sc. Counselling
Psychology
Christ University,
Bangalore

*“When well-being comes from engaging our strengths and virtues,
our lives are imbued with authenticity.”*

- Martin Seligman



**ST. XAVIER'S COLLEGE JAIPUR
NEVTA-MAHAPURA ROAD, NEAR
NEVTA DAM SANGANER
JAIPUR-302029**

 6375433912 (Department)

9828726366 (College)

 admission.psyh@sxcjpr.edu.in

 <https://sxcjpr.edu.in>

 [psychologydepartment_mhcc](https://www.instagram.com/psychologydepartment_mhcc)



SCAN HERE TO APPLY

