



St. Xavier's College Jaipur

Affiliated to University of Rajasthan, Jaipur
Accredited with A Grade by NAAC (First Cycle, 2025)
An ISO 14001:2015 Certified Institution



DEPARTMENT OF PHYSICAL EDUCATION

Ref: SXCJ/ACAD/YOGA/EVENT/2025-26/4009

Date- 12/06/2026

INTERNATIONAL YOGA DAY 2026 Celebrating Health, Harmony and Happiness

The Yoga Club in collaboration with National Service Scheme (NSS) of St. Xavier's College Jaipur are delighted to announce the celebration of International Yoga Day 2026. The event aims to encourage students, faculty members, and staff to adopt yoga as a healthy lifestyle habit and promote physical, mental, and emotional well-being. All are cordially invited to participate with enthusiasm and positivity.

Theme: "Make Yoga A HABIT Not Just A PRACTICE"

Details of the Programme

Date: 21 June 2026

Venue: Yog Udhyan

Time: 7:00 – 7:30 A.M.

For further details regarding participation and event activities, students may contact:

Program Coordinators

Dr. Ajay Dandotiya - ajaydandotiya@sxcjpr.edu.in

Dr. Ritu Mehra – nss.sxcj@sxcjpr.edu.in

Student Coordinator

Divya :- (BBA - 6th Sem)

Principal
St. Xavier's College, Jaipur
Nevta-Mahapura Road, Jaipur

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Copy forwarded to the following for information and necessary action:

1. Vice-principal, St. Xavier's College Jaipur
2. Coordinator, Yoga Club, St. Xavier's College Jaipur
3. Heads of all the Departments, St. Xavier's College Jaipur
4. Coordinator, Website Committee, St. Xavier's College Jaipur
5. Principal Office, St. Xavier's College Jaipur

"To create men and women for others"

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