Ref: SXCJ/ACAD/NCC/REPORTS/2026-27/**1496** **Date:** 20 November 2026

NOTICE

VAC NCC (Semesters I & III)

Submission of Project Reports and Daily Diaries

All students enrolled in the National Cadet Corps (NCC) Value-Added Course (VAC) in Semesters I and III are required to submit their **Project Reports and Daily Diaries** as part of the course evaluation.

Students are instructed to prepare and submit the documents in accordance with the following guidelines:

1. Project Report

- The report must present a detailed summary of your learning, activities, and experiences during the NCC training programs.
- Include information about:
  - Projects/activities undertaken
  - Events attended
  - Skills and competencies developed
  - Challenges encountered and the measures taken to overcome them
- The report must be handwritten, neatly presented, and structured properly.

2. Daily Diary

- Record daily activities, observations, reflections, and learnings from NCC programs.
- Mention how NCC training has contributed to your personal and professional growth.
- The daily diary must be submitted along with the project report.

Submission Procedure

- Submit the hard copies of the project report and daily diary to the NCC Office.
- Submission Timings: 11:15 AM – 11:45 AM only.
- **Submission Deadline: 30 November 2026**

Students are advised to adhere strictly to the prescribed guidelines and submission schedule. Late submissions may not be accepted.

For any clarification, please contact:

Sub Lt. (Dr.) Pradeep Soni, Coordinator & ANO, VAC NCC

Email: pradeepsoni@sxcjpr.edu.in

Enclosure: University Syllabus and Guidelines for VAC-NCC

Principal
St. Xavier's College, Jaipur
Nevta-Mahapura Road, Jaipur

Ref: SXCJ/ACAD/NCC/REPORT/2026-27/**1497-1501**

Copy forwarded to the following for information and necessary action:

1. Vice Principals, St. Xavier's College Jaipur
2. ANO, NCC, St. Xavier's College Jaipur
3. Heads of all the Departments, St. Xavier's College Jaipur
4. Website Coordinator, St. Xavier's College Jaipur
5. Principal's Office, St. Xavier's College Jaipur

University of Rajasthan
NEP-2020 based Syllabus
For
Value Added Courses for Semester I and II in UG Programmes
(2 credits/ semester for Semester I, II.)

VAC-51F-106

1.	Title of course- N C C - 1 (S e m e s t e r - I)		
2	Nodal Department of HEI to run course	NCC Incharge of University	
3	Broad Area/Sector-	Participation in NCC	
4	Sub Sector-	College NCC Units	
5	Nature of course-Independent/Progressive	Progressive	
6	Number of Seats-	As per Vacancies allotted by DG NCC	
7	Course Code- VAC-51F-106	Credits-02(1Theory & 2 Practical Hours per week)	
8	Scheme of Examination Max Marks… Minimum Marks:	As per SNCCO Sept 2022 (Annexure-2) 50 20	
9	Is this course is based on Outside Partners/Institutions/Industry/ Govt. Org. etc. ?	Yes	No
10	If Yes, Name of proposed Outside Partners/Institutions/Industry/ Govt. Org. etc.	NCC office, Jaipur	

11 **Objective of NCC**

The National Cadet Corps (NCC) is one of the largest youth organizations in India, with a primary objective of developing character, discipline, and leadership qualities among the youth. Established in 1948, the NCC has played a significant role in shaping the future generations of the country. Its core values, such as unity, discipline, and secularism, contribute to fostering national integration and a sense of pride among the cadets.

- The NCC operates under the Ministry of Defence and has a presence in various educational institutions, including schools and colleges. It provides young boys and girls with a platform to develop their personality, physical fitness, and social awareness. The NCC motto, "Unity and Discipline," encapsulates its fundamental principles and the goals it strives to achieve.
- One of the primary objectives of the NCC is to develop leadership qualities among the cadets. Through various training activities, including drill exercises, obstacle courses, and team-building exercises, the NCC instills in its cadets the ability to lead and inspire others. Cadets are taught to make quick decisions, take responsibility, and work in teams. These leadership skills are not only beneficial during the NCC training but also in all aspects of life, be it academics, career, or personal relationships.
- Another crucial objective of the NCC is to foster national integration. India is a diverse nation, with numerous languages, religions, and cultures. The NCC embraces this diversity and promotes a sense of unity among its cadets. Regardless of their background, religion, or region, cadets come together under the common goal of serving the nation. The NCC emphasizes the importance of unity in diversity and encourages cadets to respect and appreciate different cultures and traditions.
- The NCC also aims to create responsible and disciplined citizens. Cadets are required to adhere to a strict code of conduct, which includes punctuality, respect for authority, and ethical behavior. These principles help in molding the character of the cadets and preparing them for the challenges of life. The NCC believes that disciplined individuals contribute positively to society and uphold the values of integrity and honesty.
- Moreover, the NCC plays a vital role in providing cadets with opportunities to engage in social service activities. The organization encourages cadets to actively participate in community development projects, blood donation drives, and environmental conservation initiatives. These activities not only develop a sense of empathy and social responsibility but also nurture a spirit of selflessness and service towards the nation.

Dy. Registrar
(Academic)
University of Rajasthan
JAIPUR

	• Furthermore, the NCC aims to create a pool of talented and responsible youth who can contribute to the defense services of the country. Many NCC cadets choose to pursue a career in the armed forces or other uniformed services, where they can utilize their skills and training to serve the nation. The NCC provides a strong foundation for such individuals, preparing them physically, mentally, and emotionally for the challenges of these professions.

12	**Syllabus Semester -I** **Total Hours- 15 (Credits-01)** **Practical- 30 Hours (Credits-01)**

Unit wise Details of the Value Added Course (Semester-I)

Unit	Title of Unit	Course Content	Theory Hours	Practical Hours
I	NCC General	Aims, Objectives and Org of NCC, Incentives, Duties of NCC Cadets, NCC Camps: Types and Conduct	1 2 1	30
II	National Integration and Awareness	National Integration: Importance and Necessity, Factors affecting National Integration, Unity in Diversity, Threats to National Security	2 1 1 1	
III	Personality Development	Factors, Self-Awareness, Empathy, Critical and Creative Thinking, Decision Making and Problem Solving	1 2	
IV	Social Service and Community Development	Basics of Social Service, Rural Development Programmes, NGO'S, Rural Development Programmes, Contribution of Youth	3	
		Total Hours	15	30

Suggested Books/References/Web-links(if available)
Books:

1. NCC Hand Book
2. Pamela Martinez, Critical Thinking: Decision Making, Problem Solving and Self
3. Development (Effective Strategies That Will Make You Improve Critical Thinking) Carl Patterson, Critical Thinking Skills: Practical Tools for Rational Thinking and Deep Analysis to Boost Your Brainpower. Adopt Logic Strategies to Find Intelligent and Effective Solutions to Challenges
4. P. Gopinadhan Pillai, Rural Development in India

Web-Links:

1. https://indiancc.nic.in
2. https://www.researchgate.net/publication/357839324_NATIONAL_INTEGRATION_OF_INDIA_AND_THE_OBSTACLES_IN_ITS_WAY_STATE_RESPONSE_AND_ITS_REMEDIES
3. https://www.vedantu.com/english/importance-of-national-integration-essay

Programme Specific Outcome(As per the directions of UGC Framework for UG Programmes)

Programme Specific Outcomes (PSOs) are statements that describe what students are expected to know and be able to do by the time they complete a specific program or course of study. In the case of the National

Dy. Registrar
(Academic)
University of Rajasthan
JAIPUR

Cadet Corps (NCC), the PSOs focus on the unique learning outcomes that cadets should achieve through their participation in the NCC program.

The NCC is a youth organization in many countries, including India, designed to develop character, discipline, and leadership skills among young people. It aims to create a pool of disciplined and motivated youth who can serve as future leaders in various fields. The PSOs of NCC encompass a wide range of skills and qualities that cadets are expected to acquire during their NCC journey.

1. Leadership Skills: One of the primary PSOs of NCC is to develop leadership skills among cadets. Through various training activities, including leadership camps, command tasks, and practical exercises, cadets learn to lead and motivate their peers. They develop qualities like decision-making, effective communication, teamwork, and problem-solving skills, which are essential for effective leadership.
2. Discipline and Time Management: NCC instills a sense of discipline and time management in cadets. They learn to follow rules and regulations, maintain punctuality, and develop a strong work ethic. Cadets are taught to manage their time effectively to balance their academic commitments and NCC activities, which helps them become more organized and efficient individuals.
3. Physical Fitness: Physical fitness is an important aspect of NCC training. Cadets engage in regular physical activities, including drill exercises, sports, and adventure activities, to enhance their fitness levels. The PSO focuses on improving their endurance, strength, agility, and overall physical well-being.
4. Social Awareness and Responsibility: NCC promotes social awareness and a sense of responsibility towards the community and the nation. Cadets are exposed to various social issues and are encouraged to actively participate in social service activities such as cleanliness drives, blood donation camps, and awareness campaigns. They develop empathy, compassion, and a sense of civic duty.
5. National Integration and Cultural Understanding: NCC fosters national integration and cultural understanding among cadets. It brings together young people from diverse backgrounds and provides a platform for them to interact and appreciate different cultures, languages, and traditions. Cadets learn to respect and value the rich cultural heritage of their country and develop a sense of unity and brotherhood.
6. Self-Confidence and Self-Development: NCC aims to boost the self-confidence and overall personality development of cadets. Through various activities like public speaking, personality development sessions, and exposure to challenging situations, cadets learn to overcome their fears and develop a positive self-image. They gain confidence in their abilities and become more self-assured individuals.
7. Crisis Management and Disaster Preparedness: NCC equips cadets with the skills and knowledge necessary to respond effectively in crisis situations and natural disasters. They receive training in first aid, disaster management, and rescue operations. Cadets learn to remain calm under pressure, make quick decisions, and provide assistance to those in need.
8. Ethics and Values: NCC emphasizes the importance of ethics, values, and integrity. Cadets are encouraged to uphold moral and ethical principles in all aspects of life. They learn to distinguish between right and wrong, and develop a strong sense of integrity, honesty, and accountability.
9. Teamwork and Interpersonal Skills: NCC focuses on developing teamwork and interpersonal skills among cadets. They learn to work collaboratively in a team, respect diversity, and effectively communicate with others. Cadets understand the significance of cooperation and coordination in achieving common goals.
10. Environmental Awareness and Conservation: NCC promotes environmental awareness and conservation among cadets. They learn about environmental issues, sustainable

Annexure-2

Dy. Registrar
(Academic)
University of Rajasthan
JAIPUR

Examination Scheme (Programme Evaluation Methods)

Sr. No.	Parameters	Max Marks
1.	Entries in Daily Diary	05
2.	Synopsis Project - NCC General	10
3.	Participation in NCC training	10
4.	Participation in Social Service and Community Development (SSCD)	25*
	Total	50

*Evaluation of SSCD:

Sr. No.	Parameters	Max Marks
1.	Presentation/Video/Photographs submitted with report	05
2.	Day Significance	10
3.	Participation in Puneet Sagar, Swachch Bharat, quiz, Social Awareness and Jagrukata Rally etc.	10
	Total	25

Dy. Registrar
(Academic)
University of Rajasthan
JAIPUR

NCC Semester- III Semester Syllabus

1.	Title of Course	NCC-3 (Semester-III)	
2.	Nodal Department of HEI to run course	Coordinator of NCC (NCC Incharge, UoR)	
3.	Board Area/Sector	University	
4.	Sub Sector	College	
5.	Nature of Course -Independent/Progressive	Progressive	
6.	Requisite	Qualified in NCC-II (Semester-II)	
7.	Number of Seats	As per Vacancies allotted by Unit/DG NCC	
8.	Course Code-VAC-63F-206	Credits-02 (1 Theory & 2 Practical Hours per Week)	
9.	Scheme of Examinations Max Marks Minimum Marks	As per SNCCO (Concern Unit ANO can provided the marks according the Cadets preformation in NCC Training) 50 20	
10.	Is this course is based on outside Partners/Institutions/Industry/Govt. Org. etc?	Yes	No
11.	If Yes, Name of proposed outside Partners/Institutions/Industry/Govt. Org. etc?	NCC Unit/ NCC office, Jaipur	
12	**Course Objective of NCC** The National Cadet Corps (NCC) is one of the largest youth organizations in India, with a primary objective of developing character, discipline, and leadership qualities among the youth. One of the primary objectives of the NCC course is to develop leadership qualities among the cadets. Through various training activities, including drill exercises, obstacle courses, and team-building exercises, the course instills in its cadets the ability to lead and inspire others. Cadets are taught to make quick decisions, take responsibility, and work in teams. These leadership skills are not only beneficial during the NCC training but also in all aspects of life, be it academics, career, or personal relationships.		
13	**Syllabus (Semester-III)** Total Hours-15 (Credits-01) Practical -30 Hours (Credits-02) **Unit-I:** National Integration and Awareness **Unit-II:** Leadership **Unit-III:** Social Awareness & Community Development **Unit-IV:** Health & Hygiene		

Unit wise details of the Value Added Course (NCC-III)

Dy. Registrar
(Academic)
University of Rajasthan
JAIPUR

Unit	Title of Unit	Course Content	Theory Hours	Practical Hours
Unit-I	National Integration and Awareness	Freedom Struggle and Nationalist Movement in India, Problems / Challenges of National Integration. National Integration Council. Images/ Slogans for National Integration Contribution of Youth in Nation Building.	5	30
Unit-II	Leadership	Leadership Traits. Types of Leadership. Effects of Leadership with historical examples. Body Language.	2	
Unit-III	Social Awareness & Community Development	Drug Abuse & Trafficking, Civic Responsibilities, Causes & Prevention of HIV/ AIDS; Role of youth, Counter Terrorism, Corruption, Social Evils viz Dowry/Female Foeticide/ Child abuse & trafficking etc, RTI & RTE, Traffic Control Org and Anti-drunken Driving, Provisions of Protection of Children from Sexual Harassment Act 2012.	3	
Unit-IV	Health & Hygiene	Structure & functioning of the human body, Hygiene & Sanitation (Personal & Food hygiene), Physical & Mental Health, Infectious & Contagious Diseases & its prevention. Basics of Home Nursing & First-Aid in common medical emergencies, Introduction to Yoga & Exercises.	5	

Reference Books

- Bipan Chandra, Mridula Mukherjee, Aditya Mukherjee, K.N. Panikkar, & Sucheta Mahajan. (1989). *India's Struggle for Independence: 1857-1947*. Penguin Books.
- Mukherjee, R. (1988). *The Rise and Fall of the East India Company: A Sociological Appraisal*. Popular Prakashan.
- Sharma, R. K. (2004). *Leadership in Indian Organizations: Some Aspects*. Anmol Publications.
- Nanda, B. R. (2004). *In Search of Gandhi: Essays and Reflections*. Oxford University Press.
- Reddy, G. N. (2011). *Health and Hygiene: An Introduction*. Neel kamal Publications Pvt. Ltd.

NCC Cadets Hand Book

Web Links

https://indiancc.mygov.in/
https://nccauto.gov.in/

Examination Scheme (Programme Evaluation Methods)

Dy. Registrar
(Academic)
University of Rajasthan
JAIPUR

S.No.	Parameters	Max Marks
1	Entries in Daily Diary	05
2	Synopsis Project	10
3	Participation in NCC Training	10
4	Participation in Social Service and Community Development (SSCD)	25*

***Evaluation of SSCD:**

S.No.	Parameters	Max Marks
1	Presentation/Video/Photographs submit with report	05
2	Day Significations	10
3	Participation in Puneet Sagar, Sawach Bharat, Quiz, Social Awareness and Jagrukata rally and other SSCD Activities	10
	Total	**25**

Course Learning Outcome

Upon completing this course, students will understand the historical context of India's freedom struggle and the challenges of national integration, recognizing the role of youth in nation-building. They will analyze leadership traits and styles, understanding their impact through historical examples and effective communication, including body language. The course will address social issues such as drug abuse, terrorism, and corruption, highlighting civic responsibilities and preventive measures. Students will also explore social evils like dowry and child trafficking, understanding legal frameworks like RTI, RTE, and the Protection of Children from Sexual Offenses Act 2012. Additionally, they will learn about the human body's structure, emphasizing hygiene, sanitation, and disease prevention. Practical knowledge in home nursing and first aid will be covered, along with the promotion of physical and mental health. An introduction to yoga and exercise will encourage students to integrate wellness into their daily lives.

Dy. Registrar
(Academic)
University of Rajasthan
JAIPUR